

Newsletter

Avoca Beach Public School

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Monday 12th September 2022

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

Dear Parents,

It has been such a productive term at ABPS. I have had so many proud principal moments and it has been rewarding to see the vast array of opportunities that the students have experienced this term, thanks to our hard-working teachers. Not long until the end of Term 3 now. Keep striving for your personal best and let challenges make you even stronger, boys and girls.

Central Coast Dance Festival

Once again, the talented Stage 3 dance group stole the show at Laycock St Theatre for the opening night of Central Coast Dance Festival. Mrs Jarmaine's choreography was exceptional and acknowledged by many involved in the organising committee as well as the audience. A big thank you to Mrs Jarmaine, Mrs Fuller and Miss Drew for giving up their time to support the dancers during their night performances.

Creative Arts Enrichment Day and Art Show

On Tuesday 20th September, the students will participate in another enrichment day to foster a love of the creative arts and support our high performing and gifted education program. As a culmination of this day, we will present an art show to the community. We are really looking forward to another opportunity to showcase the amazing things that our students are doing. We look forward to seeing lots of our parents at the art show, from 5pm.

Kindergarten 2023

We are currently finalising plans for our Kindergarten Headstart transition program for next term. We will be running four sessions for children enrolled to attend in 2023. This will involve children attending for four, one and a half hour sessions. Parents will be required to drop their children and then depart the school grounds, returning at the end of the session to pick up.

These dates are:

Friday 28/10/22 10am-11:30am

Friday 4/11/22 10am-11:30am

Friday 11/11/22 10am-11:30am

Friday 18/11/22 10am-11:30am

Wall of Fame

I have been just blown away by the talented Kindergarten and Year 1 students this year. They have all made such amazing progress and most notably in their writing skills. This week, I had visits from KT students to show me their writing and 1G students, who wrote amazing persuasive texts about why the stars should come back. Outstanding!

SASS Week

Last week we celebrated SASS Week. It was an opportunity to acknowledge the valuable work our School Administrative and Support Staff (SASS) do every day at our school. Whether it's keeping the grounds tidy, caring for sick children or supporting students in the classroom, it is always done with a smile. Our school is very lucky to have such dedicated, hardworking and caring SAS Staff. Thank you for joining us to acknowledge the great job they do each day at our school. Our amazing SASS:

Gayenor Worboys- School Administrative Manager
 Lara Jaksich- School Administrative Manager
 Heather Stratton- School Administrative Officer
 Deb Bowditch- School Administrative Officer
 Kathy Rudd- School Administrative Officer
 Nami Lee- School Learning Support Officer
 Pip Scollon- School Learning Support Officer
 Trish Carpenter- School Learning Support Officer
 Rachael Grice- School Learning Support Officer
 Baillie Drew-Gittoes- School Learning Support Officer
 Greg Kensell- School Learning Support Officer
 Ann-Maree Denham- School Learning Support Officer
 Shelma Powell- School Learning Support Officer
 Greg Stratton- General Assistant

Ben Thomas
Principal | Avoca Beach Public School
Vice President | NSWPSA

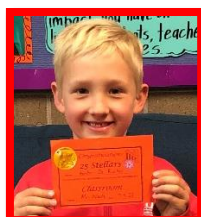
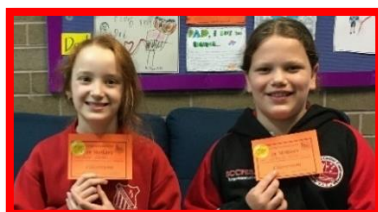
Quote of the Week

"Look for something positive in each day, even if some days you have to look a little harder. Let challenges make you strong."

Congratulations to the students who received Merit Awards.

KB	Jacinta Boyle, Finn Ashley Ari Garrett, Huxley Pulley	3B	Harry Handel, Lydia Rodrigues, Mia Campbell, Ace Roumanous
KJ	Eli Downes, Lily Pace Jonah Burque, Stevie Glaser	3F	Sasa Dowling, Myles McIlquham Kingsley Boyle, Hope Newton
KT	Atlas Czura, Aston Douglass Jessica Jones, Adeline Lavers	4B	Xavier Wulf, Indi Reed, Cody Gee Mackenzie Cruikshanks Finn
KW	Tao Guy, Scarlett Farrell Luke Prosser, Indigo Carson	4J	William Ceccato, Alandra McVeigh Kenzie Johnson, Arlo Lamshed
1G	Thomas Williams, Benji Rolls Tahnee Ryan, Ava de Ruiter	4S	Savannah Fisher, Mason Mills Indiah Shiers, Max Stuart-Thornton
1M	Olivia Harris, Jaxon Norris Liam Casey, Saoirse Audley	5/6C	Ellie Brien, Finn Brown, Jameson Boyle, Olivia Schellekens
1R	Kai Turner, Millie Fulton Hugo Webster, Sol Rolph	5/6D	Carla Norris, Kahu Slater Lilly Folbigg, Cooper Probst
2A	Jackson Dawes, Ellie Spence Aiden Gee, Charlotte Inga	5/6F	Ava Moyles, Felicity Jones Mae Jarman, Wren Sbrocchi
2D	Oliver Lavers, Nic Youssef Eeva Tapper, Harley Thomson	5/6T	Callum Krumm, Finn Casey Ava Knight, George Goodwin
2M	Dylan Miller, Georgie Jones Lexa Mann, Gabby Pilkington		

Congratulations to our 25 stellar recipients!



Kindergarten Public Speaking – Stage Finals

A huge congratulations to these Kindergarten students who were successful in making it through to our Public Speaking Stage Final. They stood in front of teachers, parents and peers to deliver their speeches and all did a fantastic job whilst using strong, clear voices and terrific eye contact. What an impressive achievement!

KT – Elio Bishop, Jasper Halwagy & Huxley Ford

KJ – Nyah Phillips, Billy Braund & Oscar McCormack

KB – Ari Garrett, Amelia Brennan and Elliane Hall

KW - Brielle Clark & Christoff Hechter

A further congratulations to Elio Bishop and Brielle Clark who were our Kindergarten Stage Final Winners!



Thank you to those families who have already kindly donated to our K-2 Vegetable Garden. If you have any seeds / seedlings / small plants that you may wish to donate, please drop them into KT, we would very much love to use them.

Mrs Scott

Kindergarten Farm Day

On Thursday 8th September, our school was filled with farmers! Our littlest farmers - Kindergarten were visited by Golden Ridge Animal Farm, as part of our Science unit "Paddock to Plate". We were lucky enough to have an interactive experience, everyone was able to hold rabbits, chicks, ducklings, roosters, hens, as well as feed and brush the goats and lambs. We learnt all about their roles on the farm and how to care for them. Our incredible adventure did not stop there! Our farmers turned into junior master chefs, we made fantastic pink pig faced biscuits – delicious! We transformed cream into butter, as our science experiment. We created cow masks and each student even planted tiny carrot seeds into seedling trays, which will grow and be planted into our K-2 vegetable garden. We hope to grow this produce and we should be able to eat them, when they are ready to harvest in 10 weeks time (fingers crossed). It was **"the best day ever!"** Check out our school website gallery for more photos!

The Kindergarten team



K-2 Athletics Carnival

On the 15th August our K-2 students participated in the school athletics carnival at Mingara Athletics Centre. It was a great day with variety of fun games and activities in addition to some competitive races. Thank you to all the students for their participation on the day and for showing such great sportsmanship by cheering on their fellow housemates and friends. A big thank you to all the teachers for coordinating events and organising activities. Thank you finally to all the parents for showing their support on the day.

Congratulations to the following students who placed in the 100m race event:

5YR Boys

- 1st Otis Graham
- 2nd Ashton Carmichael
- 3rd Tao Guy / Napier Bennett

5YR Girls

- 1st Ellie Hughes
- 2nd Adeline Lavers
- 3rd Millie Quieros

6YR Boys

- 1st Aston Douglass
- 2nd Huxley Pulley
- 3rd Bodhi Carmichael

6YR Girls

- 1st Delilah Tarawhiti
- 2nd Lily Pace
- 3rd Emmy Dawes

7YR Boys

- 1st Sol Rolph
- 2nd Hugo Webster
- 3rd Mason Quieros

7YR Girls

- 1st Nellie Lowbridge
- 2nd Violet Miller
- 3rd Skyla Duff

8YR Boys

- 1st Javi Eljerban
- 2nd Hamish Peterson
- 3rd Solomon Watkins

8YR Girls

- 1st Bonnie Hurrell
- 2nd Alexis Sedgwick
- 3rd Emilie L'Olive



Congratulations to Newcombe for being awarded the winning house.



Stage 3 Oztag Gala Day

The oztag gala day took place on the 6th of September where the boys and girls stage 3 teams took part in many games.

The boys had a good day winning three out of five of their games only losing to Star of the Sea and Copacabana in the semi-finals by 3 points. The girls had a tough run but still managed to win one of their games by five points against Holy cross.

All in all, the students had an amazing day and we thank Ms Faunce, Mr Mac and all the parents that came to support our incredible oztag teams.

GIRLS

4-1

2-0

7-3

4-3

BOYS

6-1

7-2

5-0

2-5

6-3

By Ollie and Mae

Stage 2 Oztag Gala Day

On Thursday 8th September our Stage 2 Oztag teams competed in the Central Coast Oztag gala day at McEvoy Oval, Umina Beach. Both teams showed excellent sportsmanship and teamwork helping to cheer one another on throughout the day.

The boys team played a very fast paced and explosive style of football which helped them dominate their pool games. The first game was against Central Coast Adventist which the boys won 9-0. In their second game against Copacabana, they were again able to hold the opposition to nil winning 6-0. They then played Shelly Beach which resulted in the only tries the team would concede in their pool games winning 7-2. Our final pool game was against Warnervale which the side won easily with another large score line of 8-0. The side came first in their pool which set them up for their first elimination final against Mackillop. This was a tougher challenge, but the team stayed focused and came away victorious once again winning 3-1. Next up was the semi-final which was a nail-biting game. The boys led throughout the entire game only to have a try scored against them in the final seconds ending the teams outstanding winning streak. Congratulations to Zeus Curnow and Cooper O'Brien who tied for the team's player's player award on the day.

The girls team also showed they were a very competitive outfit beating Kariong 5-0 in their opening game. Unfortunately, Shelly Beach were too strong in our second game which highlighted some areas to improve on. The next game was against Terrigal which was a very close game that ended in a draw of 3-3. This would come back to haunt the girls who tied 2nd with Terrigal in their pool. The final game for the girls was against Umina Beach which showcased the girl's willingness to learn and evolve their game on the day. They were highly motivated to win and came away victorious again this time with an impressive score line of 5-0. It was very pleasing to see the growth of these students on the day with some of them playing their first ever game of Oztag. Congratulations to Violette Walters who was voted player's player on the day.

The future looks bright for our Oztag teams at ABPS. Thank you to both teams for supporting each other throughout the day and for proudly representing our school. Well done!

Mr McBride



Stage 2 Egg Drop STEM Challenge

Over the last few weeks students have been following the STEM process to design and create an armour to protect an egg from cracking/breaking from a high fall. Students collaboratively brainstormed materials that could be used in the challenge and discussed their strengths and weaknesses before finalising their design.

Today, students brought in recycled materials from home and had an absolute ball constructing their egg capsules. They were super excited to test out their final designs. As a stage we took our capsules to the library bridge to commence the testing phase of the challenge. Some eggs survived and.... some did not! The students did a great job, taking the task seriously and learning lots about the STEM process. Great work Stage 2!



Kincumba Shines

Kincumba Shines is a performing arts festival held every 2 years where schools in the Kincumba Learning Community combine to present a multitude of wonderful performing arts pieces. Avoca Beach students joined our neighbouring primary schools on Wednesday 31st August to showcase dance and choir performances – and WOW – weren't they amazing!

Dance

Our talented dancers performed a piece called '*I need you*', a fun and entertaining routine inspired by the Lindy Hop Movement in the late 1940s. The Stage 3 students have been learning a combination of dance styles including Musical Theatre, Jazz, Swing and Hip Hop. They cleverly combined all these styles in one fast and fabulous routine that had the audience wrapped and dancing in their seats!

Combined Choir

The *Combined Choir Public School Choir* is made up of students from Avoca Beach, Copacabana and Kincumber Public Schools. The students worked hard throughout the year and performed three songs: The National Anthem, Monster – written by Brian Tate, and Feel the Joy – written by Suzie Spitter. We sure 'felt the joy' listening to this brilliant performance, conducted by our very own Carolyn Coleman From Avoca Beach.

Thank you to Mrs Coleman, Mrs Jarmaine and Miss Fuller for their organisation of this event and our dance and choir performers.

Avoca Beach Senior String Ensemble

How long is a piece of string? Well it's about the same distance as it is from Avoca Beach to the prestigious Opera House!

Our senior string instrument students had the opportunity to perform at the Opera house for the Festival of Instrumental Music in Week 7. It has been 3 years since the festival last occurred and what a night it was, with a finale of over nine hundred string and recorder players from 31 Public Schools from all over the state of NSW performing in combination at the brand-new refurbished Opera House.

Our Avoca Beach students, Joel Peterson, Mackenzie Cruikshanks Finn, Lisa Hechter, Poppy Hilton-Foster and Jett Johnson along with students from our learning community of Kincumber and Pretty Beach, all came together to perform four pieces in the Festival. The students had worked extremely hard leading up to the magnificent Mimosa Concert.

Many thanks go out to Eva Weierman and her sister Ingrid for the many hours of time given to teach and rehearse our violin parts. We are so lucky to have these wonderful ladies in our community who put in so much of their time to ensure our students are always prepared and achieving their personal best.

I'm sure the students will always remember this as one of the highlights of their school experience!



Central Coast Dance Festival 2022

Congratulations to our FABULOUS Dance Group who performed on Tuesday night at Laycock Street Theatre for the 2022 Central Coast Dance Festival. This year, the Stage 3 students have explored a variety of dance genres including Musical Theatre, Jazz and Swing. They have been working with Mrs Jarmaine and Miss Fuller to refine their technique and learn intricate choreography that was inspired by the Lindy Hop Movement.

Not only did our students shine on stage but their maturity and excellent attitude was complemented by the theatre staff and other teachers. We are extremely proud of the girls. It has been a rewarding experience for all parties, and we are sure the girls will remember this as a special moment during their years at Avoca Beach Public School.

If you missed us at the Dance Festival, be sure to keep a lookout in the coming weeks for the students who will be performing at our Community Connections Art Show in week 10 and again at our School Musical in Term 4.



Gosford High School Enrichment Days

This term, four of our talented Year 5 students have had the opportunity to attend two enrichment days offered by Gosford High School. Olivia Schellekens and Macy Norris attended a Creative Arts day on Tuesday 6th September and had a wonderful time, exploring the diverse experiences and opportunities GHS has to offer. They have shared some of their thoughts below. Felix O'Gara and Finn Brown will attend a STEM/Engineering day tomorrow and we look forward to hearing about their experiences!

GHS was great. We did drama, music, art and photography. Art was awesome. We did Pablo Picasso art and they had so many art supplies. The room was so big and spacious with nice furniture and everything looked new and neat. In photography we had so much fun. We went into the dark room and did old fashioned photography. We made cool photos with chemicals and light sensitive paper. The teacher and the two students that were in the dark room with us were very nice and helpful. Macy and I loved the experience, it is one we will not forget. Gosford High is an amazing school.

Olivia Schellekens and Macy Norris

Creative Arts Enrichment Day

On Tuesday 20th September, ABPS students will take part in their third enrichment day this year – this time exploring all things creative arts! On the day, all students from K-6 will take part in a variety of activities focusing on dance, drama, music and art and will be treated to a performance from some talented Kincumber High students. Everyone will also have the chance to create their own sculptures, which will be on display during our Community Connections Art Show later that night.

**Community Connections Art Show**

Avoca Beach Public School is holding an art show and we welcome all members of our school community to join us. Community Connections is an initiative lead by our staff which aims to build and maintain a sense of belonging in our school.

We would like to see as many families as possible come along and enjoy walking through the gallery. Each student will have a piece of art on display and these works can be purchased for a donation. 100% of your donation will be used to support our families who are experiencing challenges. Previously, we have covered the costs of lunch orders, excursions and Christmas hampers to lighten the load during difficult times.

The donation amount is a personal thing. Envelopes will be available for you to use and the art work will be sent home after the event. If you can't make the event, you are welcome to send in your donation via the front office. Please clearly mark your child's name and class on the envelope.

When: Tuesday 20th September

Where: Avoca Beach School Hall

Time: 5:00pm – 7:00pm

Entertainment: During the event, we will also be showcasing the school band, choir, strings and dance troupe. Refreshments: Ice creams (\$2 & \$3) and drinks (\$2) will be available on the night. Please remember it is cash only on the night.

We hope to see you there. Thank you for supporting us so that we can support others.

Avoca Beach Public School staff

Community Connections Art Show Silent Auction – Greg Jarmaine Original Painting

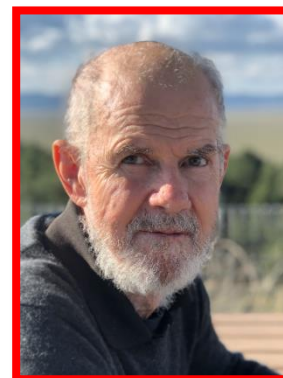
The family of Greg Jarmaine have donated a painting to support our upcoming Community Connections Art Show. The painting is valued at \$1100, and will be up for silent auction at the art show. All proceeds will go directly to our Community Connections Foundation which is used to support families in need within our local community.

Greg Jarmaine spent more than forty years as a professional artist. He had a distinctive style that art lovers Australia-wide adore and collect. His understanding of perspective, colour and light, along with his handling of oil, acrylic and watercolour paints came naturally, and was a regular part of his life. Since his first solo exhibition in 1980 his artwork has been in popular demand throughout Australia as well as in the UK and America. He hosted over 35 solo exhibitions throughout his career.

Greg's subject matter ranged widely, covering a full spectrum from coastal beaches to country homesteads, local street scenes and exotic international boulevards. A hallmark of almost every artwork is Greg's custom of leaving out certain modern structures, transporting the landscape back in time to create nostalgic views which hark back to fond memories. Predominantly working with oil and acrylic paints Greg developed a modern impressionistic style, creating detailed paintings with swift brush strokes.



'Union Square' New York City



2022 Tell Them From Me Parent Survey window is now open

The Tell Them From Me surveys provide schools with student, teacher and parent perspectives about the engagement and wellbeing of their students. This information is valuable to schools and can be used to identify strengths and successes, as well as areas to target for improvement.

This term we are running a parent survey to help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey window is now open and will run until Friday 4 November (Week 4, Term 4). We invite you to participate in the parent survey for our school via the link: nsw.tellthemfromme.com/hwvx6

The survey will typically take 15 minutes or less to complete and is completely confidential. Although participating in the survey is entirely voluntary, your responses are very much appreciated.

Staff Profile Karen Munton

Are you really a “Karen”? Yes, I’ve been a “Karen” my whole life.

OK, so now to give the parents some information about yourself Karen. Where did you study? Straight after leaving school, I was fortunate enough to receive a scholarship to study Primary school teaching. I went to Sydney Teachers College which was in Camperdown. About 10 years later, I also completed a Further Diploma in Special Education in Johannesburg.

Where did you begin your teaching career? Straight out of university I began day to day casual teaching in the inner- city suburbs of Sydney. Every day the phone would ring and I would travel to a different school and teach a different grade. Those days were hard. As a young, inexperienced teacher most days were just surviving and longing for the bell to ring.

What came next? After a few years of this, I donned a back-pack and headed to London. I was away for 3 years, travelling and working. It was the most amazing time seeing the world, making new friends and teaching. I taught in the east end of London and that was certainly an eye opener. Once again it was day to day casual teaching and I longed for a job where I could make connections with the children in my care.

You mentioned you studied in Johannesburg? How did that come about? On the slopes of St Ulrich in Austria, I met my husband to be. He happened to be South African. I went to live there, got married and had 2 boys. I was there for 11 years. During this time, I worked in a private school called Crossroads. This was a school for children with learning difficulties. Their motto was “Let none be left behind”, and this epitomised the way I taught. It was here that I developed my passion for teaching children with learning challenges. I also grew to love the African bush, and more than anything, this is what I miss. Sitting around a fire with the whoop whoop howl of the hyena in the distance.

But you now live and work in Avoca Beach. How did that happen? Once our boys were old enough to go to school, we decided that we wanted them brought up in Australia, where they would have more freedom and opportunities. The stars all aligned and we came to live in this amazing community. I feel so grateful that it where we call home. When did you start working at Avoca Primary?

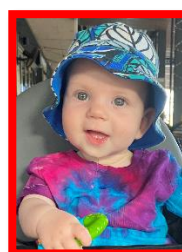
I was permanently employed as a Learning and Support Teacher in 2005. I shared days between Kincumber and Avoca. I now work at Avoca 4 days a week in this role.

How do you feel being the oldest teacher at the school? Firstly, I don’t know how that happened. I don’t feel old. But, I do get asked a lot when I intend to retire and the only answer I can give is.... not YET!

Do you have a mantra that describes your teaching ethos? Yes. I have a few. “If a child can’t learn the way we teach, then we need to teach the way they learn.”“Children may forget what you said to them, but they will never forget how you made them feel” and something that I always say to children is “You don’t know how to do that.... YET”

What do you like to do outside of school? My very best time is family time, with the new addition of “Charlie Munton”. I love walking my dog and drinking coffee (or gin and tonics) with friends. I try hard to surround myself with people who make me laugh.

I would like to end with a huge THANK YOU to all the parents. Thank you for your beautiful children, because without them our school would not be the best school on the Central Coast. It is always a privilege to come to work and teach in a school where the staff are dedicated and supportive and the parents value education.



Staff Profile
Lisa Hecht

I have been teaching at Avoca for almost 5 years and I appreciate my job each and every day. The students and staff make it a wonderful place to work. Prior to working at Avoca, I spent over 12 years teaching at Wyoming, mainly teaching years 5 and 6. I had many opportunities given to me during my time at my first school, I made amazing lifelong friendships, I taught incredibly special students whom I will never forget and I was encouraged to apply for a scholarship to complete my Master of Special Education. I enjoyed studying so much that I have continued to study. Last year one of my past primary students became my prac teaching student. It was amazing to see her blossom into a vibrant and outstanding teacher and to say that it was a special experience is an understatement. My favourite part of the job is my interactions with the children, it brings me such happiness getting to know them and I feel honoured to be able to care for them through my daily connections with them. My husband and I have a son, he certainly keeps us on our toes. We love living and working on the Central Coast, mainly because we love to spend time enjoying the outdoors.

**FATHER'S DAY BBQ – Friday, 2 September**

What a lovely morning we had celebrating the special men in our students lives. A very big thank you to the P&C who helped set up, cook, serve and pack down for the BBQ, and also to Belle Property for the wonderful hamper they donated.

Finally, a big thank you to all of the dad's, step dad's, grandfathers and carers who came to enjoy the breakfast, there were many smiles to be seen from everyone!

P&C Committee

**Father's Day**

We had such a blast hosting the Eco-Friendly Father's Day stall for the kids last Wednesday! We would like to thank all our little shoppers and a huge thank you to the Mums, Dads and Grandmas who volunteered their time to help make gifts and on the day. Big thank you to these local businesses for their donations Mitre10 Kincumber, Hawkesbury Brewing Co., Six String Brewing Co. and Like Minds Coffee.

Hope you all had a lovely weekend celebrating the Father figures in your lives.

Mel and Laura



Uniform Shop

The New Polos are finally being packed and shipped! We are hopeful for their arrival this week. As soon as they come in, I will fill the orders and send them out to the classrooms. Many apologies to those that have had them on backorder for months.

If anyone needs sizes changed as their kids have grown, please let me know or return the polo to school with a note and I will exchange. (Leave tags attached)

Uniform shop will be open Thursday 2pm - 3:30pm.

Unfortunately the new jackets have been delayed and will not be in until October. If you have any questions, please let me know.

Thank you

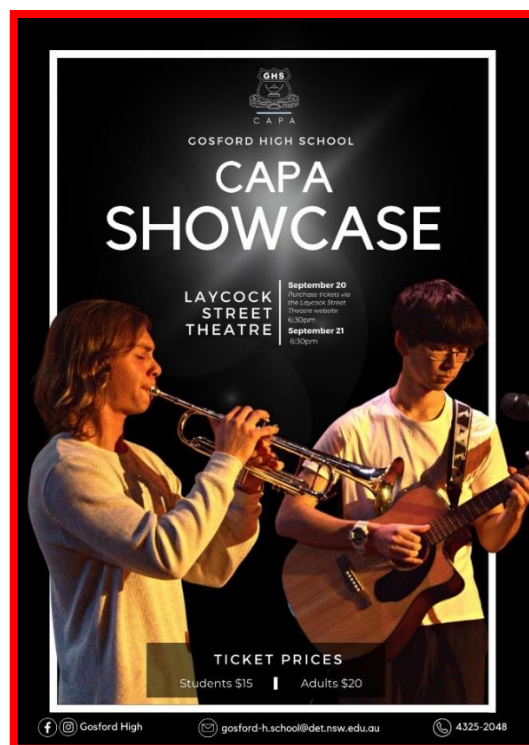
Lara

THE SNACK SHACK

If you are able to help us on a Wednesday, Thursday or Friday between 10-12 we'd love to see you and your children will be even more pleased. We are going back to using the online volunteer roster to try and save us some more time for cooking.

Please click on the link and pop your name down if you have a free couple of hours. (please note we DO NOT get notified if you take your name off the roster, so we'd really appreciate you letting us know if you can't fulfil your shift so we can find a replacement)

<https://signup.zone/abps-snack-shack>



Ethics @ Avoca Beach PS***Can you help facilitate ethics classes at your school?***

We are looking for volunteers. We would love to be able to offer classes to all students enrolled in ethics and keep the classes comfortably small to allow everyone to participate.

Ethics classes run for 30 minutes on Wednesday afternoons. Please consider whether you are available to help. Grandparents and the wider community are welcome to apply.

Detailed lesson plans are provided by Primary Ethics and have been approved by the Department of Education. Primary Ethics provides teacher training. The training consists of online self-study modules and a comprehensive 2-day workshop (in-person or via Zoom). For more information about the program and to apply please visit

<https://primaryethics.com.au/volunteer/ethics-teacher/> If you have any questions, please do not hesitate to contact Julia Kosheleva on 0402 414 041 or Julia.kosheleva@primaryethics.com.au or use the contacts provided on the website.

**Children's Disco Parties**

Hosted by local Ali Payne - As seen at Avoca Beach Fair

Put your feet up while I make your child feel like a star and create a fabulous party experience with lasting memories 😊

I bring all of the equipment – Professional sound system, Music and lights as I guide the children through dancing and games with prizes, stickers, stamps, coloured hairspray and loads of fun!

In your home or the venue that you hire

For more information contact Ali on Ph: 0414 321 746

or email: info@dancepantsparties.com.au

or check out the Website: www.dancepantsparties.com.au

PIANO LESSONS WITH KIM

My name is Kim Slowiaczek and I offer Piano Lessons in person and remotely to all ages and stages. I have created an evolving piano teaching style supported by classical, contemporary, Kodaly and individualized learning approaches to provide sequential, student focused lessons in understanding and expressing sounds, symbols and language of music on the keyboard. I would be pleased to answer any questions on 0411 123 129 or via Email

pianolessonswithkim@gmail.com

Avoca Beach Tennis School

We currently have limited vacancies in our beginner tennis lesson groups on Saturday mornings.

For bookings or further enquiries, please phone

Karen on 0434 679 107

MUSIC TUITION AT AVOCA BEACH - GUITAR (ACOUSTIC AND ELECTRIC), SINGING, ELECTRIC BASS, BANJO,

MANDOLIN and UKELELE. All styles and all ages, beginners to advanced levels, very experienced professional teacher. Phone Chris on 0422 802 222

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PLASTIC FREE
avoca beach

#SEATHECHANGE

Join us 24th September
Avoca Beach Clean Up

International Coastal Clean Up
Avoca Beach Saturday 24 September 2022

Plastic Free Avoca Beach

Everyone is welcome to come join us as we pick up rubbish on and around the beach and foreshore in Avoca Beach, NSW, in celebration of International Coastal Clean Up 2022. The theme for this year is "Keep trash in the bin and not in the ocean". Coastal Cleanup was established by the Ocean Conservancy, an organization that works to help protect the ocean from the challenges it faces every year. <https://oceanconservancy.org/trash-free-seas/international-coastal-cleanup>

Hunter Park, Avoca Beach

Registration is from 9:45 am and the clean-up will run from 10:00 am to 11:00 am.

Bags provided but please bring a pair of gloves if you have them and bring your own reusable water bottle.

Check out our Plastic Free Avoca Beach Facebook page or visit our website for updates in the lead up to the event <https://www.plasticfreeavocabeach.org/>

Little Leaders

A unique Central Coast school holiday program for kids focusing on teamwork, resilience, gratitude and mindfulness!

**29TH & 30TH SEPTEMBER
5TH & 6TH OCTOBER**

KINCUMBER HIGH SCHOOL
FOR AGES KINDERGARTEN TO YEAR 6
LUNCH INCLUDED

It's COOL TO BE KIND



ALMOST SOLD OUT

Camp Activities include
Djembe drumming | Pottery | Tie dye workshop
Resilience parkour challenge | Communication skills activities
Leadership skills focus activities | Journaling workshops
Visual arts | Teamwork games | Sporting games
Water sports | Colour run | Blind fold challenge

GET YOUR TICKETS AT
LITTLELEADERSAUSTRALIA.COM

**Central Coast
Spring Holiday
Junior Chess
Tournament
(ages 6 to 17)**



Rated by NSWJCL

**NOTE NEW
VENUE**

Tuesday 4 October

Must pre-enter by Sunday 2 October

Central Coast Grammar School
9.30am – 4.00pm

Entry fee \$10

For full details please

contact:

Gary Losh

glosh6090@gmail.com

0432 453 726

With an educational checkmate puzzle competition and lots of prizes. Practice puzzles provided on entry.

Minimum ability: Must know how to move the pieces and complete games largely unassisted.

\$500



2973 8912 431185

BIG CHILDCARE

CLAIM BY
30/09
DD MM

big
CHILDCARE

HOW TO CLAIM \$500

1. Scan QR Code
Or visit Service NSW www.service.nsw.gov.au/basc-voucher

2. Click Apply Now Online

- Claim your voucher before **September 30**
- Redeem with Big Childcare and enjoy **FREE** care until **June 30 2023!**

Want to develop awesome surf skills, develop life long friends and have fun along the way... then join **Avoca Beach Nippers** this season!



REGISTRATIONS NOW OPEN
for 2022/23 Season for under 6's - under 14's

If you've got a child that is 5 before 30th Sept 2022, then they're able to join the under 6's this year.

If you've already got kids in Nippers, awesome, it's time to re-register them!

Season commences **Sunday 9th October 2022**.

For more info please join our Facebook Group

- Nippers@AvocaBeach SLSC
- www.avocabeachslsc.asn.au/copy-of-how-to-join

Go4Fun
Central Coast Local Health District

FREE healthy lifestyle program



10-week program for 7 to 13-year old kids and their families*
Go for healthy eating advice, active games and positive changes for the whole family. Most importantly, go for fun!

*Contact us to make it fit with your family

Register now, call 1800 780 900 or visit go4fun.asn.au

NSW GOVERNMENT

Want \$500 to help you with school costs?

saverplus

Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join, participants must:

- Have a current health care card
- Be studying yourself
- Have a child in school
- Have regular income from work, yourself or your partner

Here are some of the school costs the \$500 can be used for:

- laptops & tablets
- uniforms & shoes
- books & supplies
- sports fees & gear
- lessons & activities
- camp & excursion

For full eligibility requirements, speak to a Saver Plus Coordinator.

For more information, please contact Saver Plus:

saverplus@bsl.org.au saverplus.org.au
1300 610 355 @SaverPlusAU

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

WORLD FESTIVAL OF MAGIC 2022

NEWCASTLE & CENTRAL COAST SHOWS

✓ Accessible seating ✓ Sensory-friendly theatre

NEWCASTLE NSW
NEX-Newcastle Exhibition & Convention Centre
WEDNESDAY, 9th NOVEMBER 2022
11.00AM and 6.00PM Duration: 60 – 70 minutes with no interval

CENTRAL COAST NSW
NIAGARA PARK STADIUM
FRIDAY, 11th NOVEMBER 2022
11.00AM and 6.00PM Duration: 60 – 70 minutes with no interval

ABOUT THE SHOW
Astonishing magic and illusions, hilarious comedy and mind-blowing balancing and juggling acts!

- Thanks to the generous sponsorship from businesses across the Hunter and Central Coast NSW Regions, this incredible spectacle provides children of all abilities and backgrounds with an opportunity to experience world-class acts.
- Enjoy an inclusive, accessible and flexible environment with a relaxed attitude to audience noise and movement. Theatre doors will remain open, lights dimmed, and a designated quiet area will be available.
- If you can't attend the live show, watch a professionally pre-recorded version with unlimited streaming and on-demand viewing. Auslan video interpreting is available!

All tickets are complimentary for children and young adults with additional needs as well as their families and carers. (One ticket per person is required when booking tickets)

To book tickets or to register for streaming access, please email your order and contact details to meredithnewman@showintent.com.au
or call / text 0404-367-782




LIONS CLUB

Come and Play Teeball and Softball with

Decoys

Softball Club

**Season runs from October to March
with all games held at Bateau Bay.**

For ages 5 and up.

**Come and Try Day on Saturday,
17th September from 10-12pm. Pat
Morley oval, Cresthaven Ave,
Bateau Bay (near the basketball
courts).**

For more information,
Contact Naomi on
0414 759 146 or Adelle on
0403 697 115.



Jinhwa Taekwondo

**All Ages Self Defence Training
Confidence - Fitness - Coordination**

Kincumber - East Gosford - Terrigal
Ourimbah - Tumbi Umbi

First 2 Lessons Free!



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