

Newsletter

Avoca Beach Public School

The Round Drive

Avoca Beach NSW 2251

T: 4382 1416 F: 4381 1431

E: avocabch-p.school@det.nsw.edu.au

W: www.avocabch-p.schools.nsw.edu.au



Monday 15th August 2022

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

Dear Parents,

In Week 3 we celebrated Education Week at school, with the theme, 'creating futures – education changes lives', which celebrates the quality education we provide and the opportunities available to everyone in NSW public education. It is a good reminder that education is a lifelong journey from before a child enters an early childhood setting, progressing to primary and secondary school, and continuing their learning journey into adulthood; learning a trade, entering tertiary education, or the workforce. Continuous learning is critical for success throughout life and everyone can be a lifelong learner. Our education system is preparing young people to be agile thinkers and lifelong learners. We celebrate all types of learning that occurs at all levels across our education system and we have a shared responsibility in helping to shape the lives and create the future of today's learners.

Public Education Awards

As part of Education Week, the school participates in the Central Coast Public Education Awards. Two members of our school community were nominated for awards this year and due to COVID restrictions, will receive these awards at our school. Congratulations to Mr Blanch and Pippa Scollon. Both receive awards for their service to public education and in particular, the students at Avoca Beach Public School. Mr Blanch is a thoughtful and compassionate teacher, who always strives to ensure his students are known, valued and cared for. Pippa Scollon has always been passionate about and committed to supporting students with special needs at Avoca Beach Public School. Mr Blanch and Pip, your amazing work does not go unnoticed and the school community thanks you for everything you do!

Debating

I was so proud to watch our Year 6 team and our Year 5 team battle it out in the next round of the Central Coast debating competition last week. Both teams did an amazing job but it was a super star Year 5 team who ended up winning the debate. We can't wait to see how both our teams go as they enter the knockout phase of this competition. Thank you to Mr Tosevic and Mrs Jarmaine, who have been working hard with our debaters this year. All the training is certainly paying off.

Kindergarten 2023

Our anticipated enrolments have now been submitted to the Department of Education. It is important now, that any student enrolling for Kindergarten 2023 let the school know ASAP. Our official Kindergarten Headstart Program will begin in Term 4. If you know of any boy or girl who will be starting at Avoca Beach PS in 2023, please let them know to access the school website and submit an online enrolment form to secure their place.

<https://avocabch-p.schools.nsw.gov.au/about-our-school/enrolment.html>

Wall of Fame

A big congratulations to Zaiden Taylor in 5/6C on being named captain of the Central Coast Rugby Union team. Amazing effort and well done Zaiden.



Ben Thomas
Principal

Quote of the Week

“Education is for improving the lives of others and for leaving your community and world better than you found it.” – Marian Wright Elderman

Congratulations to the students who received Merit Awards.

KB	Bodhi Carmichael, Keanu Burmeister Huxton Hall, Napier Bennett	3B	Beau Banfield, Asha Harris Stevie Fraser, Liam Banfield
KJ	Oscar McCormack, Clover Clayton Ashton Carmichael, Billy Braund	3F	Joshua Tarawhiti, Johnny Hurrell Alex O'Rourke, August Everitt
KT	Amelia Whiting, Saxon Wells, Elina Kunzli, Bohbella Ivison	4B	Jack Harris, Carter Rodgers Poppie Graham, Chrystella Penn
KW	Xavi Zimmer, Brielle Clark Evie Norris, Keller Love	4J	Sophie Winstanley, Ari Pulley Kenzie Johnson, Zeus Curnow
1G	Zoe McKinnon, Lucy O'Brien Josh Kelly, Hanni Dowling	4S	Kai Napton, Gwen Morton Willow Ramsay, Evelyn Pilkington
1M	Hudson Bednarczyk, Thomas Grace	5/6C	Cooper Thomson, Payton Arnold Mae Mitchell, Oscar Newman
1R	Ruby Ramsay, Hugo Ceccato Mia O'Brien, Evelyn McKim	5/6D	Ella Cunningham, Harriet Viles Olivia Sumowski, Matilda Harvey
2A	Ellie Spence, Brittany Wilcox Charlotte Parker, Charlotte Inga	5/6F	Ruby Rangott, Ollie McDonald Oberon Walton, Grace Prosser
2D	Olivia Hadfield, Ryder Hutchin Javi Eljerban, Harley Thomson	5/6T	Owen Harris, Henry Petheram Kieran Singh, Ajay de Gruchy
2M	Pippa Blakely, Joey Morton Jack Gould, Ryder Glaser		

Congratulations to our 25 stellar recipients!



Congratulations to Stevie Glaser of KJ who received her PBL award for responsibility.



Kinder Transport Excursion

On Thursday 28th July Kindergarten went on a transport excursion. They caught the bus to Davistown, the ferry to Woy Woy and then a bus again back to school. We had a wonderful day with stunning weather.



Our new K-2 playground is being put to good use!!

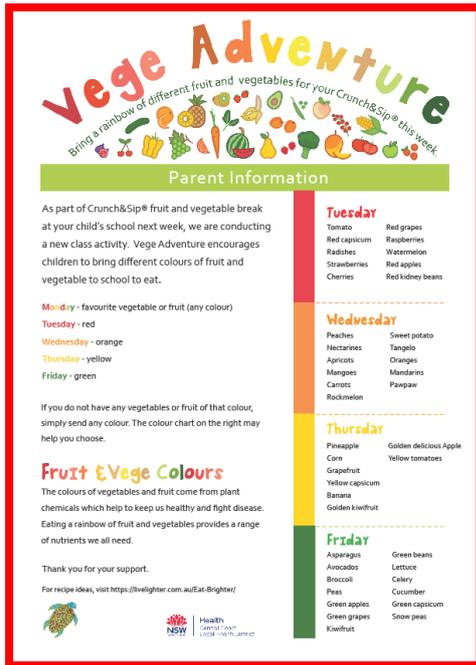


Looking for any parent / carers who might be interested in assisting with the rejuvenation of our K-2 Vegie Garden.

If you are interested in coming into school on a Thursday 11:35 am for 20 - 40 minutes to assist (as a one off or once a month or even every week) please email: avocabch-p.school@det.nsw.edu.au

If you have any seeds / seedlings / small plants that you may wish to donate, please drop them into KT

Kindergarten Veg Adventure



Vege Adventure
Bring a rainbow of different fruit and vegetables for your Crunch&Sip® this week.

Parent Information

As part of Crunch&Sip® fruit and vegetable break at your child's school next week, we are conducting a new class activity. Vege Adventure encourages children to bring different colours of fruit and vegetable to school to eat.

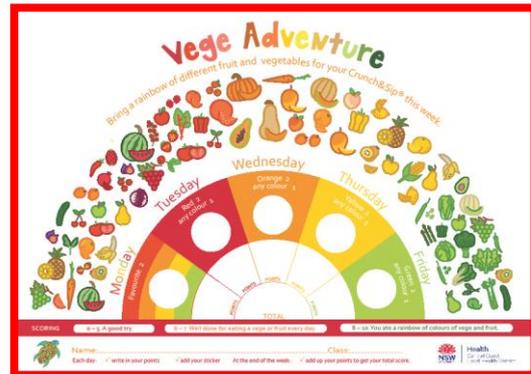
Monday - favourite vegetable or fruit (any colour)
Tuesday - red
Wednesday - orange
Thursday - yellow
Friday - green

If you do not have any vegetables or fruit of that colour, simply send any colour. The colour chart on the right may help you choose.

Fruit & Vege Colours
The colours of vegetables and fruit come from plant chemicals which help to keep us healthy and fight disease. Eating a rainbow of fruit and vegetables provides a range of nutrients we all need.

Thank you for your support.
For recipe ideas, visit <https://liveighter.com.au/Eat-Brighter/>

Tuesday	Tomato	Red grapes
	Red capsicum	Raspberries
	Radishes	Watermelon
	Strawberries	Red apples
	Cherries	Red kidney beans
Wednesday		
	Peaches	Sweet potato
	Nectarines	Tangelo
	Apricots	Oranges
	Mangos	Mandarins
	Carrots	Paapaar
	Rockmelon	
Thursday		
	Pineapple	Golden delicious Apple
	Corn	Yellow tomatoes
	Grapefruit	
	Yellow capsicum	
	Banana	
	Golden kiwifruit	
Friday		
	Asparagus	Green beans
	Avocados	Lettuce
	Broccoli	Calary
	Peas	Cucumber
	Green apples	Green capsicum
	Green grapes	Snow peas
	Kiwifruit	



Vege Adventure
Bring a rainbow of different fruit and vegetables for your Crunch&Sip® this week.

A circular chart showing the color requirements for each day of the week, surrounded by illustrations of various fruits and vegetables. The chart is divided into five colored segments: Monday (any color), Tuesday (red), Wednesday (orange), Thursday (yellow), and Friday (green). Each segment has a central circle for a sticker or drawing.

At the bottom, there is a section for recording scores and a space for the child's name and class.

In Week 6 (22 August - 26th August) as part of Crunch & Sip® Kindergarten will be enjoying a Vege Adventure, we are encouraging children to bring different colours of fruit and vegetable to school to eat.

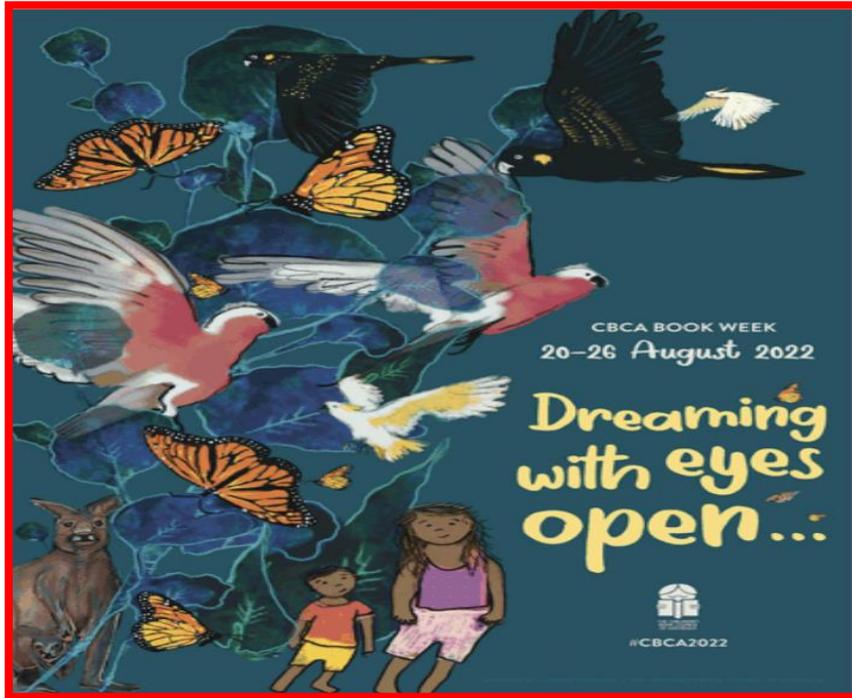
- Monday - their favourite vegetable or fruit (any colour)
- Tuesday - red
- Wednesday - orange
- Thursday - yellow
- Friday - green

The school gardening team needs your help!

With spring fast approaching, our school gardening team have been busy planting a number of vegetables and herbs in our school vegie patch. With all the rain we have had lately it has become obvious that we need to create some better walkways between the garden beds. If you have any pavers lying around at home that you would like donate to the school please get in contact with the school office. We need approximately 20 square metres.

Also, if you can assist with the laying of these pavers your help would be much appreciated. We wear many hats here at school but laying pavers may be a little bit outside our realm of expertise.

Mrs Faunce and the Gardening Team.



CBCA Book Week is on between 20th-26th August 2020 and the theme this year is “Dreaming with eyes open...”

What does dreaming with eyes open mean?

Dreaming with Eyes Open is about stepping into your own story. It invokes thoughts of ancient times and of listening to Country as the first storyteller. You can, of course, adapt it to your own dreams and future ambitions.

To celebrate book week this year at school the students will be participating in various activities in library lessons during that week and there will be a Book Parade on Tuesday 23rd August 2022 at 9-30am on the basketball court.

All are welcome to attend the parade and in line with the departments Covid Smart measures we encourage social distancing and mask wearing indoors and please stay home if you are unwell.

We look forward to seeing all the amazing costumes

Thank you
Mrs Boarer
Teacher Librarian

For ideas on dressing up visit the following links-

<https://www.simplifycreateinspire.com/book-week-costume-ideas/>

<https://www.costumebbox.com.au/pages/book-week-costume-ideas>

<https://www.heavencostumes.com.au/2022-book-week-costume-ideas-dreaming-with-eyes-open>



Debating

In Week 3, our All-Star debaters competed in their round 3 debate against Brisbania PS. Each team member did an outstanding job putting forward their arguments and rebuttals. Brisbania also offered up some solid arguments during the debate, too. While the team didn't get away with the win, they truly did an amazing job and should be proud of their debating skills and performance.



Week 4, what a fantastic round from our debaters! Our two teams, the Rising Stars vs the All Stars, went head-to-head on Tuesday, 9 August. Both teams truly delivered an amazing debate in front of their peers and teachers across Stage 2 and 3. The adjudicator found it very difficult to select who the overall winner was and stated that it came down to which team was able to provide the best rebuttals within their arguments. Congratulations to our Rising Stars who came away with the win. They will be competing against Narara PS next, time and date TBA.



Congratulations to our Rising Stars! They have been named zone champions for 2022!

Chess

This year Avoca Beach Public School entered 3 teams into the Central Coast Primary Schools Competition with the NSW Junior Chess League. Our highly skilled and experienced A Team competed in the Championship grade (the highest grade) against 9 other teams from schools across the Central Coast, including Tacoma, Central Coast Grammar, Central Coast Adventist, Gosford, Bateau Bay, Wamberal and Wyong.

A huge congratulations to Hannah Abra, Kahu Slater, Leon Haak and Callum Krumm, who represented Avoca Beach in this level of competition for the very first time and achieved excellent results. Competing in 36 matches between them, they managed to take home an incredible 21 wins!

Our B and C Teams competed in the Rookie grade against 8 other teams from schools across the Central Coast, including Copacabana, Steiner, Central Coast Adventist, Our Lady of the Rosary Wyoming and Wamberal. Congratulations to our B Team who came 2nd overall in the competition with a whopping 27.5 points (only 2.5 points behind the winning team)! These outstanding results are a credit to each one of the team members including Finn Brown, Ajay de Gruchy, Frankie Drinkwater, Felix O'Gara and Archie Bourke. Our C Team were also very successful and played exceptionally well, coming in equal 4th place. They deserve a huge congratulations for their efforts, especially considering it was the first time they have ever played in a chess tournament! Well done Owen Gillet, Lewis Audley, Ari Jarmaine, Ollie McDonald and Lisa Hechter!

All of our students are to be commended for the commitment and dedication given to the competition, training and/or playing on a weekly basis all year. It was a privilege to watch them compete with such respect and admiration for their opponents and I am looking forward to watching their skills continue to grow in the future. I would also like to give a special mention to the parents who volunteered to transport the teams to our away games. Thank you, we could not have done this without you!

Mrs Hartley



Sydney North P.S.S.A Classic Shield

Apologies to the boys that were missed in last week's rugby league report. Toby O'Brien on debut was impressive with his determined running and his tenacious attitude. Cohen Jones took advantage of our strong running forward pack and made plenty of great runs from dummy half. Max Rattray and Zeus Curnow were some of the youngest and smallest players on the field and showed maturity above their years to control the games. Well done to all the boys and thank you for proudly representing our school.

Girls Softball

The Avoca Beach Girls Softball team participated in a mini gala day here at the school on Thursday 4th August 2022. It was predicted to rain but luckily, we only had a light sprinkle mid morning and the weather stayed cloudy for the rest of the time. Avoca, consisting of mostly year 4 girls and after only 6 training sessions and never played before, took on Harbord in the first game looking amazing in their uniforms.

They played like a team and displayed some excellent skills in both batting and fielding but unfortunately lost 8/10 which was a very close game.

Harbord also played very well and have 2 Sydney North representatives in their side went on to play the next game against Copacabana. Both teams played well but Harbord came out on top again 12/3. Congratulations everyone and good luck to Harbord in the next round. A special thank you also to our umpire Tony.

Mrs Boarer

Girls Softball Coach.



PSSA BASKETBALL

Last Friday the Avoca Beach PSSA Basketball team represented our school at the PSSA Basketball Knockout Gala Day.

We played really well but sadly lost our first game to Kincumber PS with a close score of 16-14.

We came back with

a great win in our second game against Narara PS 36-9. but sadly, we missed out on progressing to the

next round. Big thankyou to Mrs Cameron for her coaching and time spent with us and to all the parent helpers

for getting us there and back. It was such a fun day and Year 5 look forward to having another go next year.



PSSA SOCCER

On Wednesday the 10th August the girls Soccer team were finally able to showcase their skills on the soccer field after cancellations due to rain. Our first game saw Avoca take on Woy Woy South in Round 3 of the PSSA Knockouts. The girls worked well as a team and came out as the winners of this round! Well done Avoca!!

The next game saw us up against Terrigal. Once again, the girls kept their heads up high and never gave up in their effort to play their best game. Terrigal was a strong team as well and we unfortunately were knocked out.

The Stage 3 girls displayed teamwork skills, a positive attitude and fantastic sportsmanship. Qualities that make me proud to be a teacher at Avoca Beach Public School.

Well done girls, thank you for a wonderful season of Soccer.

Mrs Braund



FAIR NEWS

It's almost here! Less than a week to go until our biggest fundraiser of the year.

Please find attached to this newsletter our Safety Briefing and familiarise yourself with this before the day to help everything run smoothly.

THINGS TO DO THIS WEEK:

- Please return ALL raffle ticket books with correct money to the office, regardless of if they are fully sold, partly or not – we need all books back for accounting purposes.
- Please contact your child's class coordinator and put your name on the roster for the day if you haven't done so already. Remember this is the biggest fundraiser for our school and all the proceeds go back into our kids' school to make it better for all kids.
- Bring in your filled \$2 bags and deliver to 5/6F
- BAKE A CAKE / SWEET TREAT and deliver to the cake stall before the fair opens on Sunday (please include ingredient information)
- Collect your free / pre-purchased wristbands on Wednesday morning between 8:30-9:30am at kiss and drop

We also need more volunteers in our treasury on fair day, please text/call Emma on 0422484933.

Keep an eye on our Facebook Page, [Avoca Beach Public School P&C](#) for any further information. **If you have any queries or can offer your time, please contact Jacinta avocabeachpublicschoolfair@gmail.com or 0437242927.**

Staff Profile

Megan Faunce

I cannot remember a time when I didn't want to be a teacher. The eldest of three girls, I can remember very clearly teaching aka bossing them around as "Miss Miller." I loved it then and I love it now!

I completed my internship with Mr B at ABPS in 2007. It was a Year 2 class and I loved every second of it. Mr B was outstanding as my mentor and the whole staff made me feel so very welcome. So welcome in fact that I never left! After a year of casual teaching around the coast and at ABPS, I was offered an RFF position teaching music and PDHPE. The following year it was a Year 2 class and the rest, as they say, is history. Nearly 15 years later I still get to call ABPS my school and I can think of nowhere else that I would rather be.

I was born on the Central Coast and attended Kincumber Primary and Kincumber High School. My family moved from Kincumber to Avoca when I was 14. My husband (a Copia local) and I bought a little house in Avoca over 10 years ago and we both feel very lucky that we get to raise our children by the beach, just as we were.

Sport and travel make up a big part of my free time. I enjoy playing netball, as well as cheering on my AFL team, the Sydney Swans. Before kids my husband and I travelled the world skiing and snowboarding and we look forward to getting back into that when the kids are older and the flights are a little cheaper!!

I feel so very fortunate to live and work in this amazing place called Avoca Beach and not a day goes by that I don't count my lucky stars that I get the opportunity to live out my little life here.

Megan Faunce



Staff Profile**Chris Spencer**

Hello! Yes, finally it's my turn to write! I am the blonde curly haired teacher on Stage 2 (Year 4 to be precise!), Ms Chris Spencer! I have been at Avoca Beach School for quite some time and feel so privileged to be a part of such a wonderful community. During my time here, I have taught every grade and nearly every composite class too (except for a 1/2). I have even taught some of my ex-student's children (that's when I feel my age!), I have had some of my ex-students as pre teachers on my class and now I am teaching with an ex-student's sister (namely Mrs Braund!). How surreal is that?

Before my long stint at Avoca, I started my teaching career in Sydney and not long after, I successfully achieved a permanent job through merit selection at Bligh Park Public School. During my time there, I moved to the Central Coast and found travelling to and from Bligh Park was very tiring. Putting in a compassionate transfer closer to home was bitter sweet as I loved the school, students and staff where I was, but fortunately for me, Avoca Beach was where I was placed. Lady luck was on my side!

Looking back, I think when I hit double digits, I knew that one day I would be a primary teacher. I really couldn't imagine myself doing anything else. Teaching is so rewarding! I love the many different subjects I teach, although I find it hard to fit everything in to my daily plans! I absolutely love that every day is not the same and that you can't NOT smile when you're working with children. The comments they come out with or the actions, can be so amusing and even surprise you! I thoroughly love seeing students grow and progress in so many ways. The sight of seeing their faces when they have achieved something, no matter how big or small, it's one of the greatest accomplishments EVER!

Outside of school I have two wonderful, active sons who have kept me extremely busy with all their sporting activities, in particular, baseball. Over the years we have travelled to many places (I probably should have bought a caravan!). One of my sons has played in many Nationals tournaments plus State League so travelling to Sydney in particular, week nights and weekends became a norm. He actually played for Australia when he was 17, winning gold, and qualifying Australia for the World Series. A few years ago (just before COVID, phew!) my other son was chosen to play for a country team in America so that was an amazing experience for all of us. I have loved every minute, being involved and watching them play, I wouldn't change a thing. When I am not at baseball I love hanging out with my family, friends and doing such things as dining out for brunch/ lunch/ dinner (I love food!), going to the movies, seeing a show, especially musicals, watching sporting events, going for walks or just hanging out with my cute, cuddly dog, Benji at home (which is very rare!).

I am so grateful to be at Avoca Beach Public School, working with such amazing colleagues, students and their parents.



Uniform Shop

Uniform Shop now has School Tracksuit Pants and Sloppy Joes in stock!

We have also just received our House T-shirts.

Polos and the New Red Jackets are not due in until September. Watch this space for their arrival!

Some of you have these on order already. Do not panic if your order says completed and you are still waiting on stock. You have been moved to a backorder system and your items will be delivered as soon as they arrive.

Spriggy has now been updated too.

If you have any questions, please come and see me at the uniform shop - Thursdays 2pm - 3:30pm!

Thank you

Lara

THE SNACK SHACK

If you are able to help us on a Wednesday, Thursday or Friday between 10-12 we'd love to see you and your children will be even more pleased. We are going back to using the online volunteer roster to try and save us some more time for cooking.

Please click on the link and pop your name down if you have a free couple of hours. (please note we DO NOT get notified if you take your name off the roster, so we'd really appreciate you letting us know if you can't fulfil your shift so we can find a replacement)

<https://signup.zone/abps-snack-shack>

Ethics @ Avoca Beach PS

Ethics classes are continuing in term 3. We have eight volunteering teachers delivering the program this term – Janet Broz, Alison Payne, Samantha Goode, Natalie Tapper, Dionne Zimmer, Nancy Bauerhuit, Alexandra Wilson and Cassandra Missio.

The program is available to the students in Years 2-6. We currently have over 150 students participating in the classes.

Some of the classes are full. We are looking at the options to accommodate the students on the waiting list. We hope to have more volunteers and be able to offer smaller classes next term. Smaller classes mean more opportunities for the students to participate in the discussions and share their opinions.

We also hope to open classes for Kindy and Year 1 students.

Can you help facilitate ethics classes at your school?

We are looking for volunteers. We would love to be able to offer classes to all students enrolled in ethics and keep the classes comfortably small to allow everyone to participate.

Ethics classes run for 30 minutes on Wednesday afternoons. Please consider whether you are available to help. Grandparents and the wider community are welcome to apply.

Detailed lesson plans are provided by Primary Ethics and have been approved by the Department of Education. Primary Ethics provides teacher training. The training consists of online self-study modules and a comprehensive 2-day workshop (in-person or via Zoom).

For more information about the program and to apply please visit

<https://primaryethics.com.au/volunteer/ethics-teacher/>

If you have any questions, please do not hesitate to contact Julia Kosheleva on 0402 414 041 or Julia.kosheleva@primaryethics.com.au or use the contacts provided on the website.

PIANO LESSONS WITH KIM

My name is Kim Slowiaczek and I offer Piano Lessons in person and remotely to all ages and stages. I have created an evolving piano teaching style supported by classical, contemporary, Kodaly and individualized learning approaches to provide sequential, student focused lessons in understanding and expressing sounds, symbols and language of music on the keyboard. I would be pleased to answer any questions on 0411 123 129 or via Email pianolessonswithkim@gmail.com

Avoca Beach Tennis School

We currently have limited vacancies in our beginner tennis lesson groups on Saturday mornings.
For bookings or further enquiries, please phone Karen on 0434 679 107

MUSIC TUITION AT AVOCA BEACH - GUITAR (ACOUSTIC AND ELECTRIC), SINGING, ELECTRIC BASS, BANJO, MANDOLIN and UKELELE. All styles and all ages, beginners to advanced levels, very experienced professional teacher. Phone Chris on 0422 802 222

Avoca Beach Public School's newsletter contains paid advertisements which assist with the cost of publication. The publication of such advertisements does not imply endorsement of any product or service by the NSW Department of Education or Avoca Beach Public

REGISTRATION OPEN
www.clubgriffin.com

ACTIVE KIDS
ACTIVE KIDS VOUCHERS ELIGIBLE FOR ALL PROGRAMS

Junior Blasters Ages 4-7
Junior Blast introduces girls and boys to Australia's favourite sport. It's safe & great fun.

- Full and safe environment to learn cricket
- 16 week program run at 2nd or 3rd on Saturday Morn 9:00am - 10:30am
- Commences 8 October
- 2 week break at Christmas
- Kids receive a Junior Blast player pack upon registration.

Master Blasters Ages 6-8
Master Blast is for boys and girls. It's fun, safe, active and best of all, it's cricket and it's blast!

- For both boys and girls
- Saturday Morn 9:00 - 10:30am
- Everyone gets a chance to bat and bowl
- 16 week program commencing 8 October
- 2 week break at Christmas
- All players are issued with their own ready training.

Junior Club Cricket Ages 9-15
Junior Club cricket is for boys who want to socialise, have some fun and keep active in a competitive environment.

- Gradual competition to various levels commencing 8 October
- One day games of cricket, scored on Saturday Mornings
- Parents play with age, shorter pitch and fewer players for younger age groups
- Players receive a playing shirt and a holding shirt. New players receive a club cap.

All Girls Cricket Ages 9-15
All Girls Cricket is just for girls. It's fast, exciting and gives girls a fun and friendly environment to play Australia's favourite game with all their friends!

- One day games of cricket commencing 8 October 2022
- Fun and play with age, shorter pitch and fewer players means more action
- Players receive a playing shirt and a holding shirt. New players receive a club cap.

REGISTER @ www.clubgriffin.com
For more information on all our programs visit www.clubgriffin.com.
KINCUMBER-AVOCA CRICKET CLUB

Jinhwa Taekwondo

All Ages Self Defence Training
Confidence - Fitness - Coordination

Kincumber - East Gosford - Terrigal
Ourimbah - Tumbi Umbi

First 2 Lessons Free!



Ph: 0435 552 203
www.jinhwa.com.au

APPROVED PROVIDER

**ACTIVE
KIDS**