

Newsletter

Avoca Beach Public School

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Monday 23rd August 2021

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

Dear Parents,

We are racing towards the end of Term 3. It has been a very tricky term for all so far. I want to take this opportunity to acknowledge all the hard work of our wonderful teachers and support staff, who have really rallied to take on board feedback and modify our learning from home plans each week. It has been a real team effort and has again made me proud to be a part of this school community. We've had some interesting developments last week and hopefully these may lead us out of lockdown soon. Keep staying positive and hopefully we see all of our amazing students back at school in the very near future.

Zoom Disco

Thank you to Mrs Duck for her organisation of the whole school zoom disco last week. We had around 200 students, teachers and parents join us for the online disco and we all had a lot of fun. It was great to try something different and see all the happy, smiling faces of our students as they danced in their homes.

Father's Day

Unfortunately, due to COVID restrictions, the Father's Day Stall will not be held this year. However, the good news is that nothing will stop Father's Day happening. So make sure you spoil your Dad next weekend boys and girls!

Kindergarten 2022

We are still getting enrolments coming in for Kindergarten 2022. Keep spreading the word in our community so we can get a clear picture of how many students we will have next year. At this stage, the Kindergarten Headstart Program will not be able to run as normal. Mrs Tobin and the Kindergarten teachers are working hard behind the scenes to develop an alternative plan should restrictions continue into Term 4.

Wall of Fame

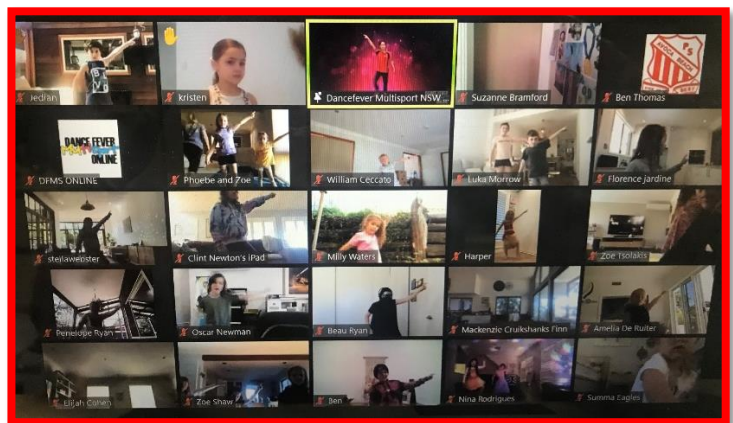
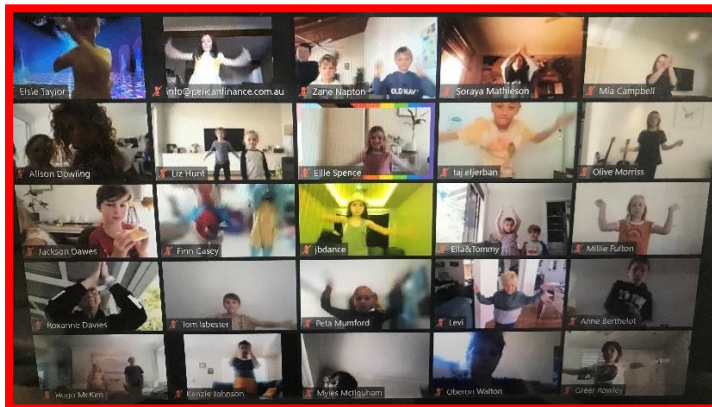
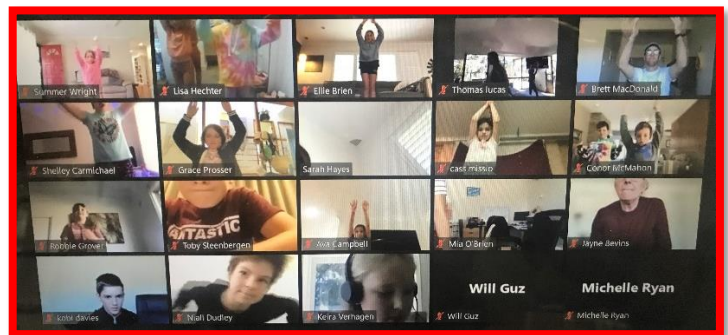
Congratulations to all the students who received a PBL Values award last week for personal best. We hope you enjoyed the teacher's virtual assembly!

Ben Thomas
Principal

Quote of the Week

"Stay strong, things will get better. It might be stormy now, but it can't rain forever."

ZOOM DISCO



Congratulations to the following students who received merit certificates this week

KH	Elissa Shaw, Hugo Ceccato	3S	Keira Verhagen, Flynn Smith
KJ	Hanni Dowling, Leo Koelma	3/4T	Jonah Geary, Lily Clarke
KT	Eden Day, Mia O'Brien	4B	Alex Hall, Grace Prosser
K/1B	Olivia Harris, Koa Philips	4J	Lisa Hechter, Chloe Stewart
1G	Brittany Wilcox, Ashwin Tandel	5F	Elliana Shiers, Sophie Bowmaker
1R	Jack Isbester, Mahli Kunzli	5M	Archie Bourke, Hickson Fisher
1/2C	Mason Quieros, Hollie McIlraith	5/6D	Alex Clark, Ethan Craig
2D	Ari Jarmaine, Harry Handel	6A	Ben Pearsall, Audrey Thompson
2W	Mia Campbell, Brock Cartwright	6M	Tayla Campbell, Oliver Craik
3B	Jack Harris, Sam Carlisle		

PBL Values Assembly Presentation



Congratulations to the students who received PBL Values Awards at the last Values Assembly.

KH	Kain Paterson, Louis McBeath	3S	Indya-Rose Grover, Cooper O'Brien
KJ	Noah King, Summa Eagles	3/4T	Kitty Larkin, Scarlett Russell
KT	Conor McMahon, Saoirse Audley	4B	Matilda Harvey, Isla Davies
K/1B	Alexa Mann, Taiga Collyer	4J	Zaiden Taylor, Felix O'Gara
1G	Ruby Buchan, Ace Clayton	5F	Talia Tebb, Cameron Dalton
1R	Olivia Attenborough, Eeva Tapper	5M	Austyn Mackie, Wren Sbrocchi
1/2C	Ashley Schellekens, Ellie Spence	5/6D	George Goodwin, Ajay de Gruchy
2D	Alex O'Rourke, Hudson Douglass	6A	Milla McEwan, Lola Patterson
2W	Jake Banfield, Hope Newton	6M	Taj Knight, Ciara Williams
3B	Violette Wolters, Polly Carpenter		

EARLY STAGE 1 AND STAGE 1 PBL VALUES AWARD RECIPIENTS



STAGE 2 AND STAGE 3 PBL VALUES AWARD RECIPIENTS





Hi Everyone,

This week is book week and the theme is 'Old Worlds, New Worlds and Other Worlds.

The students can find activities to celebrate Book Week on my Library Google classroom and I am sure the teachers have lots of fun activities planned as well.

Hope you are all safe and well...

Thank you

Mrs Boarer in the Library.

A message from the school counsellor

Dear parents with school aged children,

You might be inclined to create a minute by minute schedule for your kids. You have high hopes of hours of learning, including online activities, science experiments, and book reports. You'll limit technology until everything is done! But here's the thing...

Our kids are just as scared as we are right now. Our kids not only can hear everything that is going on around them, but they feel our constant tension and anxiety. They have never experienced anything like this before. Although the idea of being off school for weeks sounds awesome, they are probably picturing a fun time like summer break, not the reality of being trapped at home and not seeing their friends.

Over the coming weeks, you will see an increase in behaviour issues with your kids. Whether it's anxiety, or anger, or protest that they can't do things normally - it will happen. You'll see more meltdowns, tantrums, and oppositional behaviour in the coming weeks. This is normal and expected under these circumstances.

What children need right now is to feel comforted and loved. To feel like it's all going to be ok. This might mean that you tear up your perfect schedule and love your kids a bit more. Play outside and go on walks. Bake cookies and paint pictures. Play board games and watch movies. Do a science experiment together or find virtual field trips of the zoo. Start a book and read together as a family. Snuggle under warm blankets and do nothing.

Don't worry about them regressing in school. Every single kid is in this boat and they all will be ok. When we are back in the classroom, we will all course correct and meet them where they are. Teachers are experts at this! Don't pick fights with your kids because they don't want to do math. Don't scream at your kids for not following the schedule. Don't mandate 2 hours of learning time if they are resisting it.

If I can leave you with one thing, it's this: at the end of all of this, your kids' mental health will be more important than their academic skills. How they felt during this time will stay with them long after the memory of what they did during those weeks is long gone.

So keep that in mind, every single day...

Best regards, stay safe and stay well.

NSW Department of Education			
Time expectation for families			
Early stage 1	Stage 1	Stage 2	Stage 3
Total hours per day: 2.5 hours per day plus other activities.	Total hours per day: 2.5 hours per day plus other activities.	Total hours per day: 3 hours per day plus other activities.	Total hours per day: 3 hours per day plus other activities.
Key focus areas – core teaching: <ul style="list-style-type: none"> 45-60 minutes of English activities 30-45 minutes of mathematics activities 30-60 minutes of activities across other KLAS (creative arts, HSIE, PDHPE and science/technology). 	Key focus areas – core teaching: <ul style="list-style-type: none"> 45-60 minutes of English activities 30-45 minutes of Mathematics activities 30-60 minutes of activities across other KLAS (creative arts, HSIE, PDHPE and science/technology). 	Key focus areas – core teaching: <ul style="list-style-type: none"> 45-60 minutes of English activities 30-45 minutes of mathematics activities 1-1.5 hours of activities across other KLAS (creative arts, HSIE, PDHPE and science/technology). 	Key focus areas – core teaching: <ul style="list-style-type: none"> 45-60 minutes of English activities 30-45 minutes of mathematics activities 1-1.5 hours of activities across other KLAS (creative arts, HSIE, PDHPE and science/technology).
Additional learning: <ul style="list-style-type: none"> Other activities such as wellbeing, sport and physical activities, where social distancing allows. 	Additional learning: <ul style="list-style-type: none"> Other activities such as wellbeing, sport and physical activities, where social distancing allows. 	Additional learning: <ul style="list-style-type: none"> Other activities such as wellbeing, sport and physical activities, where social distancing allows. 	Additional learning: <ul style="list-style-type: none"> Other activities such as wellbeing, sport and physical activities, where social distancing allows.

Q: TOO MUCH SCREEN TIME?

A: HANDS ON FUN IN A BOX

\$100 FREE

Jam packed with over 20 ART SUPPLIES and 2 DIY ART ACTIVITIES, DON'T BE FRUSTRATED BE FUNTASTIC WITH CREATIVITY!

\$100 Art Pack FREE

HOW TO CLAIM YOUR ART BOX

- 1 Get your Creative Kids Voucher <https://www.service.nsw.gov.au/transaction/apply-creative-kids-voucher>
- 2 Ring Belinda on 0425 221 015
- 3 Purchase a \$25 Online Art Lesson
- 4 Receive a packed full Art Box with other resources and lessons inside
- 5 Have fun creating with quality art materials!

CREATIVE KIDS \$100 VOUCHERS

RING BELINDA NOW ON: 0425 221 015

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