Newsletter

Avoca Beach Public School

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Tuesday 15th June 2021

Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.

Our innovative, collaborative and inclusive culture empowers and supports every learner.

Dear Parents,

I hope you all had a relaxing long weekend and managed to stay warm. This will be our last newsletter for Term 2. Thank you for your support of the school throughout Semester 1. We've accomplished so much and provided a huge assortment of academic, cultural, sporting and social opportunities for the students.

Student Reports

Student Reports will be forwarded home to parents on Friday 25th June. Students from Years 1 to 6 are assessed on a five point scale in all Key Learning Areas. The gradings are: limited, basic, sound, high and outstanding. A description of each grading will be on the front of the reports.

The majority of students will achieve a 'sound' grading.

A 'sound' grading indicates: The student has a sound knowledge and understanding of the main areas of content and has achieved an adequate level of competence in the processes and skills. Sound means they are achieving at grade level.

Due to the interruption to the start of this year, teachers will be assessing and reporting on the work that was delivered at the beginning of Term 1 and since we have returned to school full time. As such, the reports will be slightly modified.

Students in Kindergarten have a different report which indicates their progress in meeting the outcomes of the Kindergarten syllabus.

Science Enrichment Day

What an amazing day this was! A huge thank you to all the teachers and our high performing and gifted education coordinator, Mrs Gould, for the enormous amount of time and planning that went in to the organisation of this event. The students embraced the day and participated with enthusiasm and excitement. The buzz around the school was incredible. We look forward to inspiring students again next term at our Arts enrichment day in Week 5.



Spelling Bee

Today we held our Stage 2 and Stage 3 spelling bee. Wow! We have some outstanding spellers in our school and it was so good to see them participate in this competition today. A big thank you to Mrs Braund for coordinating the school spelling bee and for allowing our super spellers the opportunity to now compete at the regional spelling bee finals.

Kindergarten 2021

We are now starting to take enrolments for Kindergarten class of 2021. Our official Kindergarten Orientation Program will begin in Term 4. If you know of any boy or girl who will be starting at Avoca Beach PS in 2021, please let them know to pop into the office, put their name down and collect an enrolment package.

Wall of Fame

Ajay in 5/6D has been working hard in STEM lessons and put together a fantastic Animal Adaptations project using Scratch. Ajay's coding skills are outstanding and well deserving of my wall of fame this week. I also want to congratulate our latest LitPro Millionaires. Well done to Ruby in 4J and Audrey in 3S. Outstanding reading!







There have been so many talented visitors to my office last week. Another group of students who are added to my wall of fame this week are Wynnie, Kylah and Mia from KT. All 3 girls have been working hard to improve their writing and they proudly showed me their fantastic sentences.



25 Stellars

We are now starting to get several students achieving their 25 Stellar awards for displaying our PBL core values. Well done to the first lot of students who have achieved these for 2021. Keep up the great work boys and girls!







Kiss & Drop

Please remember to display the name cards in your window so we can ensure that kiss and drop flows as quickly as possible. If you require an extra name card for another car or have misplaced yours, please let the ladies in the office know and we will send another one home for you. In the interest of safety, can I also remind you that there should not be any queing for kiss n drop before 3.20pm.

Ben Thomas Principal

Quote of the Week

"The mind that opens to a new idea never returns to its original size." – Albert Einstein



Cyberbullying

With children today having more and more access to technology, Cyberbullying continues to grow as an issue for children.

What Are the Signs of Cyberbullying?

Many kids and teens who are cyberbullied don't want to tell a teacher, parent, or trusted adults, often because they feel ashamed or fear that their devices will be taken away at home.

Signs of cyberbullying vary, but may include:

- · being emotionally upset during or after using the Internet or the phone
- · being very secretive or protective of one's digital life
- · spending more time than usual in their room
- · withdrawal from or lack of interest in family members, friends, and activities
- · avoiding school or group gatherings
- · slipping grades and "acting out" in anger at home
- · changes in mood, behaviour, sleep, or appetite
- · suddenly wanting to stop using the computer or device
- · being nervous or jumpy when getting a message, text, or email
- · avoiding discussions about computer or phone activities

How Can Parents Help?

If your child is being cyberbullied:

- Offer comfort and support. Talking about any bullying experiences you had in your childhood might help your child feel less alone.
- Let your child know that it's not their fault. Bullying says more about the bully than the victim. Praise your child for doing the right thing by talking to you about it. Remind your child you're in this together. Reassure your child that you'll figure out what to do.
- Encourage your child not to respond to cyberbullying. Doing so just makes the situation worse.
- **Keep records.** Keep screen shots of the threatening messages, pictures, and texts. These can be used as evidence with the bully's parents, school, employer, or even the police.
- **Get help.** If your son or daughter agrees, meeting with a therapist may help work through feelings.

Other things that may prevent future cyberbullying:

- **Block the bully.** Most devices have settings that let you electronically block emails, messages, or texts from specific people.
- Limit access to technology. Although it is hurtful, many kids who are bullied can't resist the temptation to check websites or phones to see if there are new messages. Keep the computer in a public place in the house and put limits on the use of cell phones and games. You might be able to turn off text messaging services during certain hours, and most websites, apps, and smartphones include parental control options that give parents access to their kids' messages and online life.
- Monitor use of social media. A number of programs and apps can monitor teens' social media accounts and alert parents to any inappropriate language or photos. Many software programs and apps are available from free to expensive that can give you detailed reports of your child's browsing history and tell you how much time your child spent online and on each site.
- Know what sites your child uses. This as an opportunity to encourage kids and teens to teach you about something they know well technology! This shows your child that you are interested in how they spend their time online, while helping you understand how to best monitor their online safety.
- Be part of your kids' online world. Ask to "friend" or "follow" your child on social media sites, but do not abuse this privilege by commenting or posting anything to your child's profile. Check their postings and the sites kids visit, and be aware of how they spend their time online.
- **Put it in writing.** Write smartphone and social media contracts for your kids that you're willing to enforce.

What Else Should I Know?

As always, be a role model for your kids. Help them understand the benefits and dangers of the digital world. If you don't get upset and use angry words in your own posts and replies, they're less likely to. Talk about healthy ways to respond — or not — when you disagree with others.

Congratulations to the following students who received merit certificates in the last 2 weeks

KH	Elissa Shaw, Finn Napton	3S	Doug Minor, Evelyn Pilkington
KII	· · · · · · · · · · · · · · · · · · ·	33	
	Hugo Ceccato, Saskia Johnson		AsherAndrews,
			Mackenzie Cruikshanks-Finn
KJ	Olivia Adamson, Marlow Middlin	3/4T	Payton Arnold, Juon Paterson
	Ren Hirose, Mackenzie Frykberg		Ella Cunningham, Jack Miller
KT	Conor McMahon, Evelyn McKim	4B	Zac Battye
	Liam Casey, Kylah Conwell		
K/1B	Taiga Collyer, Estella Filo	4J	Teagan Campbell, Hugo McKim
	Indi Ennion, Alexa Mann		Zaiden Taylor, Lily Parker
1G	Scarlett Mitchell, Charlotte Inga	5F	Riley Geary, Cooper Thomson
	Harvey O'Gara, Aiden Gee		Leon Haak, Elliana Shiers
1R	Mahli Kunzli, Dylan Miller	5M	Harper Freeman, Tane Rangi
	Jasmine White, Thomas Lucas		Wren Sbrocchi, Mia Jamal
1/2C	Zander Jones, Madeline Haydon	5/6D	Charlie Hilvert, Eamon Grace
	Jack Gould, Sophie Clarke		Levi Flett, Max Baker
2D	Johnny Hurrell, Skyler Picone	6A	Brody Frew, Noah Forster
	Harry Handel, Hudson Douglass		Max Latham, Cameron Smith
2W	Brixton Ennion, Joshua Tarawhiti	6M	Tayla Campbell, Lenny Taylor
	Jaxon Bailey, Hope Newton		Romeo Altavilla, Isabella Lockhart
3B	Lily Woods, Koa Payne		
	Polly Carpenter, Lewis Audley		

Super Stellar Award Recipients





Landcare Grant

Early this year our school applied for a Woolworths Junior Landcare Grant. We were lucky enough to be successful. We will be using the money to inspire students with hands-on projects focusing on sustainable food production, improving waste management practices and enhancing our native habitat here at school. Since bees and pollinators are so important to our environment, we were also generously awarded an extra \$500 to spend on establishing a bee hive in our school. We will be beginning these projects next term. If you are interested in helping us in the garden please get in touch with Mrs Faunce via the school office on 43821416



SCIENCE ENRICHMENT DAY

On Science Day I dressed up as someone who works at NASA. I learnt that dry ice is -80 degrees and how to make cloud dough. My favourite part was pulling the cardboard out from under the bowl and no water came out on to Javi's head.

Harley Thomson

It was Science day! We got to make ice-cream. We got to shake it all up in an ice bag. Then we went down to Mrs Bramford's room and we got to program the Dash robots. We all had a treasure box. In the afternoon, we got to make cloud dough. We got to put smelly food colouring in it.

Ruby Buchan













Chess

Congratulations to our chess team (B Team) on their successful games against Our Lady of the Rosary, Wyoming, last week. Riley, Beau, Felix and Charlie played their personal best and we are proud to have them represent our school.











Premiers Debating Challenge 2021

Congratulations to our wonderful Stage 3 debating teams who have competed in the first two rounds of the 2021 Premier's Debating Challenge.

Our 'Avoca Beach Allstars' (Elliana Shiers, Olivia Sumowski, Carla Norris, Mae Jarmaine and Hannah Abra) were successful in winning their 1st debate against 'Avoca Beach Team A'. 'Avoca Beach Team A' (Fergus Paterson, Monty Lowbridge, Silas Allen, Cameron Dalton and Adam Rignall) confidently won their 2nd debate against Empire Bay Public School. Good luck to all the debaters who are travelling to Kincumber Public School for Round 3 next week.





Ethics & Scripture Update

Thank you to all our volunteer teachers who prepare and deliver valuable lessons in Ethics and Scripture each week for our students at ABPS. We really appreciate you giving up your time! As the term finishes, we have now hit our quota with numbers for Ethics enrolments. Therefore, any students who are on the list to enrol will have to wait until next year. As we have reached the half way point in the year, there will also be no more movement within scripture classes, meaning less disruption for teachers with their curriculum delivery. Again, thank you to everyone involved with our program.

Craig Mitchell

Ethics/Scripture Coordinator

SPORTS REPORT

Touch Football

Sydney North Trials - The Sydney North Boys and Girls Trials were held on Wednesday 9th June at Narrabeen. Bondi, Tayla, Ava, Jaggar and Kai played 3 games against our competing zones and were successful in winning the majority of their games. Tayla and Kai made it through to the possible/ probable game and were very close to being selected. Each student played well on the day and represented their zone well. Congratulations.

Rugby League

Woy Woy Cup - On Thursday 10th June the Rugby League team went to Rogers Park, Woy Woy to participate in a Rugby League gala day. Following 2 forfeits, the boys came up against Umina in the final game for the day. The team started fast, displaying tremendous amounts of skill and determination. This lead to tries from Lenny, Callum and a double from Kai. Each student contributed to the team's success. Well done!



Hockey State Championships

In Week 5, Ella and Tayla competed for the Sydney North Girls Hockey team in the State Championship. "We had 8 games over 3 days. In our first game we played Riverina and won 15-0. We then played a game about an hour later and won 2-0. About another two hours later we played our last game of the day and won 4-0. The next day we played South West and we won 8-0 but it was a reasonably hard game. Our next game was at about midday and we played CIS which was one of our hardest games but we won 1-0. The last game on Wednesday we lost against South Coast 1-0 and it was by far our hardest game so far. The next day it was finals day and we had made it to the semi final against Hunter. All we had to do was win that game and we made it to the grand final. Luckily we won 2-0 and made it to the final which meant we were the first Sydney North team in 50 years to make it to the finals. In the final we had the most shots on goal by far but their goalie was just too good for us to get any in. Our goalie was just as good and didn't let them get any goals which meant we tied 0-0. It was very unlucky to not have won against this team but they were most definitely the hardest team we played. Overall we were joint winners and got to share the trophy. It was a very good experience and a good chance to make friends from all over the state. We are both very thankful to have this opportunity." Well done Ella and Tayla!!

In Week 6, Silas competed for the Sydney North Boys Hockey team. "In my first game I was nervous, we were versing the team Hunter who were a Region in Newcastle which was where we were playing. We won 2-0 with both of the goals in the last minute. We were feeling confident for our next game which was against a really hard team, we stayed defensive and the score was 0-0. The last game of the first day was an easy 3-0 win. We arrived at our hotel which was two minutes away from the hockey fields. I couldn't get any sleep, I was so nervous. Tomorrow we are versing two teams, Polding and North Coast. These two teams ended up being in the final together. We both lost against these teams 2-1, which is pretty close for the winners and runner ups. Our next day we're going against three teams. All of these teams we lost 2-1, 3-2 and 4-0. So we didn't win any, this was kind of disappointing although we were ready for our one game tomorrow to go for 10th or 9th. We won 4-0 in this game and celebrated with a chicken schnitzel dinner at the local pub. Overall the whole weekend was a really fun and exciting experience because it was my first-time representing Sydney North." Well done Silas!!

PSSA Touch Football Report

On Monday 31st May, both our girls and boys PSSA Touch Football teams competed in their first round of the NSW PSSA knockout competition at Frost Reserve, Kincumber.

Girls Round 1 vs. Kincumber Public School- Our girls team played extremely well together with wonderful sportsmanship and teamwork to win 12-0.

Boys Round 1 vs. Kincumber Public School- The boys also played extremely well together and communicated beautifully with each other on the field to also win 12-0.

We were so impressed with the sportsmanship on show and the skills displayed on the day. Well done to both teams on how they played and the way they represented Avoca Beach Public School. A big thank you to the parents and carers who offered transport and came to cheer on and support the students.

Both teams will now move onto Round 2 of the Knockout competition. Well done Avoca Beach!

Mrs Metti and Mr Mac





Outside of School:

*If your child achieves outstanding results outside of school and you would like them to be mentioned in the school newsletter, please have them see me or email the office.

Mr. Mac

Shout Out! Well Done to all who participated



Local community group Plastic Free Avoca Beach hosted a beach clean up event at Avoca Beach on Sunday 6 June to promote World Ocean Day. A total of 52 people, including 23 children, gave up their Sunday morning to pick up rubbish from the beach and foreshore and help sort it afterwards.

The participants collected a staggering 27kg of rubbish in less than an hour. The haul included over 130 cigarette butts, 35 bottles and cans, 42 bottle tops, 19 plastic straws and 13 assorted toys and shoes. The bulk of the rubbish collected was fragments of soft plastics. Of the 27kg, almost 5kg was recyclable, and the rest was disposed of in red landfill bins. Children were particularly inspired to help clean up the beach, with their main concern being to help the animals living in the ocean.

Matilda Harvey, 9, already a veteran of three Avoca Beach clean ups said, "I feel annoyed with the people who litter on the beach. Turtles are my favourite animals and sometimes they eat Styrofoam and die." Asher Harris (age 7) said, "I love when we get to go to the beach and help clean up. It makes me happy when we can help the animals that live in the ocean. It's sad to see so much rubbish when there are bins just there!" And four-year-old Ellie Youssef put it the most succinctly: "I liked that I helped to save the animals."

THE SNACK SHACK

The P&C and Snack Shack have voted in favour of terminating our contract with Flexischools due to the long ongoing random failures with its system, causing inconvenience to both parents and canteen staff. Our last day of service using Flexischools will be Friday 25 June. If you have money still loaded onto your account you can get it refunded by following the instructions on this link https://community.flexischools.com.au/s/article/How-do-I-close-or-cancel-my-account.

We are happy to take over the counter orders WITH CASH if you don't want to load any more money onto the accounts.

The NEW app we will be using is SPRIGGY SCHOOLS, starting back in TERM 3. This app will not charge you any fees for loading money onto it (unlike Flexischools) and costs exactly the same per order (29c), the Snack Shack and P&C will also be able to save a considerable amount of money, which will benefit all students by more money going back into the school donations from us.

We are still in the process of setting up our new account with a menu but will let you know as soon as it's live and ready for you to set up your children's accounts linked to us. The uniform shop will also be using the new app.

We appreciate this may be an inconvenience to some changing accounts but once the change over has been made we should be able to provide you all with a more efficient and cheaper service.

We need lots of volunteers for next term so please follow the link below to add your name if you have a couple of hours free. All our volunteers are greatly appreciated and enable us to keep the price of menu items as affordable as possible.

https://signup.zone/abps-snack-shack

Don't forget we have warm milo, muffins, cereal and snacks available over counter before school if you are in a rush or they need warming up

Volunteers needed to teach

ETHICS CLASSES at Avoca....

Ethics classes are held at our school every Wednesday afternoon. We are looking for some more mums and dads who have a little spare time each week to help out at the school and be a part of our amazing team.

Teaching experience is not required but basic computer skills are necessary. Comprehensive training and access to the Ethics Curriculum is provided.

Ethics lessons are thought provoking and are designed to enhance a child's critical thinking and moral reasoning skills. This helps children form and express their own ideas based on logic and evidence, while respectfully listening to others.

If you are interested or have any questions, please call

Myleah O'Brien (Ethics Co-ordinator) 0404 881 267

Or check out our website at: www.primaryethics.com.au

Uniform Shop

The Uniform Shop is open Thursday afternoons 2.45pm – 3.45pm. If orders are placed via flexischools by Wednesday it will be processed on the Thursday and delivered to the students on the Friday.

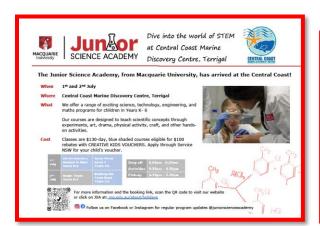
PIANO LESSONS WITH KIM

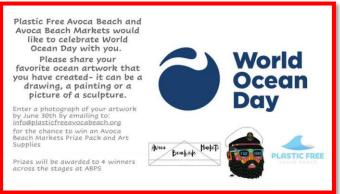
My name is Kim Slowiaczek and I offer Piano Lessons in person and remotely to all ages and stages. I have created an evolving piano teaching style supported by classical, contemporary, Kodaly and individualized learning approaches to provide sequential, student focused lessons in understanding and expressing the sounds, symbols and language of music on the keyboard. I would be pleased to answer any questions on 0411123129 or via Email: pianolessonswithkim@gmail.com

MUSIC TUITION AT AVOCA BEACH - GUITAR (ACOUSTIC AND ELECTRIC), SINGING, ELECTRIC BASS, BANJO,

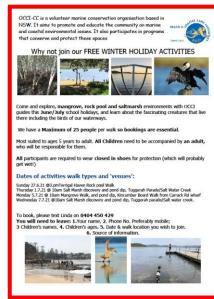
MANDOLIN and UKELELE. All styles and all ages, beginners to advanced levels, very experienced professional teacher. Phone Chris on 0422 802 222

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School Holiday Art Workshops



Whale Shadowbox

Tues 29th June. 10-12 pm \$30

We begin the school holidays with this Moby Dick inspired shadow box where we use watercolour painted cardboard to create this dramatic scene of a stormy sea and a whale.

SHOE BOX REQUIRED



Wed 30th June. 10-12 pm \$30

This beautiful sunrise landscape is created by layering soft pastel to capture the vibrant colours of a sunrise.



Watercolour Sunset

Thur 1st July. 10-12pm \$30

In this workshop we continue to explore coloured skies but this time the night sky painted in watercolour. Again this picture is created in layers, with tiny dots of white added at the end for stars.



Life Drawing

Thur 1st July. 2-4pm \$30

This is a great one to do with your child. Very good practice for all passionate drawers!



Horse Drawings

Thurs 8th July. 10-12 pm \$30

In this workshop students learn about the basic anatomy of a horse, allowing them to capture its likeness more fully.



Cactus Pots

Fri 9th July 10-12 pm \$35

In this fun activity students design and paint their own pot, then plant a real cactus in it to bring home.









CONFIDENT

DRAMA MUSIC & MOVEMENT CLASSES

8-10 YEAR OLDS

8 WEEK COURSE COMMENCING MONDAY 26TH JULY

4.15-5.15PM

INTRODUCTORY CLASS MONDAY 19TH JULY

KINDY/YEAR 1

8 WEEK COURSE COMMENCING TUESDAY 27TH JULY

4:15-5:15PM

INTRODUCTORY CLASS TUESDAY 20TH JULY

With Experienced Actor and Performer

ALI PAYNE

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Bookings Essential-15 students per class Enquire Today!

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KINCUMBER NEIGHBOURHOOD CENTRE

1/20 KINCUMBER STREET KINCUMBER

FOR MORE INFORMATION ABOUT ALI'S SERVICES VISIT FACEBOOK.COM/DANCEPANTSPARTIES OR WWW.ALIPAYNEENTERTAINMENT.COM.AU