

Newsletter

Avoca Beach Public School

The Round Drive

Avoca Beach NSW 2251

T: 4382 1416 F: 4381 1431

E: avocabch-p.school@det.nsw.edu.au

W: www.avocabch-p.schools.nsw.edu.au



Monday 9th March, 2020

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

Week 7

Mon 9th

Tue 10th

SCC Zone Swimming Carnival
P&C Meeting 7pm

Wed 11th

Cricket Knockout Avoca V KPS
KHS Meet and Greet 6pm

Thu 12th

Selective High School Placement test

Fri 13th

Values Assembly 2.30pm

Week 8

Mon 16th

Tue 17th

Wed 18th

School Disco

K-2:4.45PM – 5.45PM

Yrs 3-6: 6pm – 7pm

Thu 19th

Fri 20th

Year 6 Sports Day KHS

Harmony Day

Merit Awards assembly 2.30pm

Dear Parents,

It has been another action-packed couple of weeks at Avoca Beach PS. A big congratulations to all the students who have been representing the school at Zone sporting trials. Many of our talented students have been successful. A full report with more details can be found in this newsletter.

Swimming Carnival

Our annual swimming carnival last week was a great success. I was so impressed by the sportsmanship and 'have a go' attitude of everyone. The war cries from each house group chanted loudly throughout the whole day and the support and encouragement of each other was inspirational. Well done boys and girls! Congratulations to our 34 swimmers, who have qualified for the SCCPSSA Zone Swimming Championships on Tuesday. Go for Gold! I would also like to acknowledge the work of Mr Blanch, who was the Carnival Convener. All his hard work made sure the carnival was a very organised and professionally run event.

Rebel Sport

As we start to head into winter sport season, I'd like to remind everyone about Rebel Sport's community kickbacks program. If you sign up for a loyalty card with Rebel Sport, you can nominate Avoca Beach PS every time you make a purchase and Rebel will donate 5% of all purchases back to the school to spend in-store and provide more resources for the students at our school.

Communication

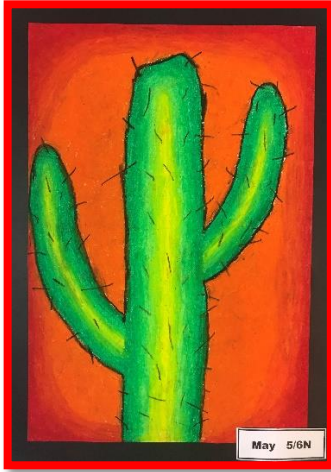
A reminder that our school provides many forms of communication to keep parents informed. The newsletter, school app and notes sent home are all ways we try to keep parents and the community informed of students' progress and school announcements.

We believe that the best education happens when parents and schools work together.

The staff at Avoca Beach PS will always find time to talk to you when they can give you their full attention at a mutually convenient time. Please remember though, that while teachers are in class, in school meetings or dealing with other matters, they may not be available to answer your questions immediately.

Wall of Fame

This week's addition to my wall of fame comes from students in 5/6N. They have been experimenting with colour blending using oil pastels. May and Adam created these bright artworks, which now hang proudly on my wall of fame.



Ben Thomas
Principal

Quote of the Week

"Life is not a race, but a journey to be savoured each step of the way. Yesterday is history, tomorrow is a mystery and today is a gift".

Voluntary Contributions

Our voluntary contribution fees will remain the same for 2020. The fee is set at \$43 per student or \$86 per family. These contributions go a long way to supporting our school to provide high quality educational programs for every student. This year we are hoping to raise funds to support the continued upgrade of our technology program and increasing the number of devices available in each classroom. Specifically, we now need to purchase laptop trolleys to house the laptops purchased by the P&C and the school.

State Nippers

It was huge 3 days for our State nipper competitors, who competed at Blacksmiths Beach on Saturday and Sunday and then backed up for the school swimming carnival on Monday. Congratulations to all those who competed. Special mentions to our State medallists:

Talia Tebb

1st- Board
3rd- Swim
3rd- Sprint Relay
3rd- Board Relay

Cameron Lewis

3rd- Sprint Relay

Ava Knight

3rd- Board Relay
3rd- Sprint Relay

Tully Craik

3rd- Sprint Relay

Will Tebb

2nd- Board Rescue

Bondi Werner

3rd- Board Relay

Congratulations to the following students who received merit certificates in the last 2 weeks

KJ	Eden Picone, Hana Collyer, Jack Isbester, Jasmine White	3C	Willow Andrews, Harry Lowbridge, Zaiden Taylor, Sienna White
KS	Clive Morriss, Alexis Sedgwick, Jack Barker, Xyrah Ravera	3S	Piper Sheridan, Jack Walker, Zac Batty, Felicity Jones
KT	Poppi Hall, Jaiden MacFadyen, Summer Wright, Jesse Day	4A	Carla Norris, Cameron Dalton, Jameson Boyle, Toby O'Brien
K/1M	Valentine Zimmer, Kingsley Boyle, Hamish Peterson, Brixton Ennion	4B	Liam Gills, Elliana Shiers, Riley Geary, Kiki Huggett
1B	Clae Huckstepp, Sasa Dowling, Mia Campbell, Frankie Drinkwater	5/6B	Poppy Noone, Shelley Carmichael, Arowen Smith, Evangeline Ouradnik
1G	Mia Choba, August Everitt, Skyler Picone, Arlie Warren	5/6D	Audrey Thompson, James Bowmaker, Cody Sherman, Lilli Daniell
2B	River Randall, Kenzie Johnson, Archie Dheer, Mitchell Wong	5/6F	Jack Folbigg, Kiesha Hunter, Zoe Harris, Brody Zaremba
2D	Matilda Coleman, Kai Napton, Lily Rangott, Ari Pulley	5/6J	Kai Gee, Jesse Fibbens, Eleanor Shervington, Clyde Mitchell
2W	Arlo Lamshed, Brielle Hayes, Poppie Graham, Flynn Smith	5/6N	Phoenix Rozio, Jack Groom, Bailey Penn, May Russell
3/4A	Chloe Stewart, Toby Steenbergen, Ella Williams		

Brisa Hennessy Visit

It was a real treat for our students to have Brisa Hennessy visit on Tuesday 25th February. Brisa inspired us with her story and we congratulated her on qualifying for the Olympics. Congratulations to Mia, Ava, Eda, Isabelle, Hamish, Soraya, Harper, Tom, Harry, Brody, Max and Zara, who asked Brisa some very thoughtful questions.



Harmony Day – Everyone belongs

Special Assembly Friday 20 March 2020

Harmony Day, 21 March, celebrates Australia's cultural diversity. It's about inclusiveness, respect and a sense of belonging for everyone. During the week children will be participating in class activities promoting Harmony Day. A special assembly will be held at 2:30pm on Friday 20 March whereby Stage 2 students and the Senior Choir will present items to promote this special day. All parents are welcome to attend. The children are encouraged to wear orange clothes, ribbons or socks on the day. For further information about Harmony Day please visit the Harmony Day 2020 Website (www.harmony.gov.au).

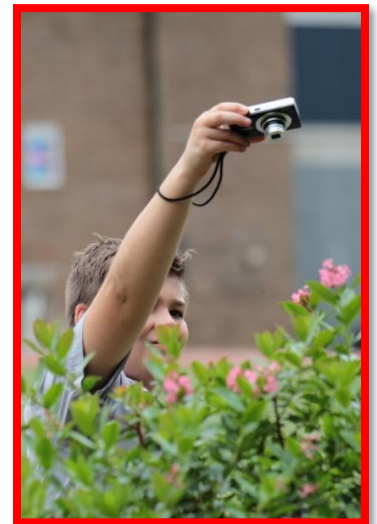
ANZAC Competition

If you wish to enter the competition, a sheet has been sent home. For the K-2 it is a colouring-in competition and for the 3-6 it is a story writing competition entry must be typed and on A4 paper. Our school will be sending the entries as a group together with a compiled list of entrants to the coordination centre on Friday 27th March. No late entries will be accepted. That leaves three weeks to be creative and send your entries back. Remember it is not compulsory, only if you wish to enter. Good luck!

Craig Blanch (ANZAC Day Coordinator)

5 Lands Photography Workshop

In Week 5, a professional photographer visited Avoca Beach to run a full day workshop for a group of our Stage 3 students. The day started with the students looking at sample pictures that illustrated a range of photographic techniques. The students were then each given a camera to use for the day and received instructions on how to use some of the creative features available in the camera menu. Then they were set loose for a couple of hours of (supervised) exploration around the school grounds. At the end of the day, everyone printed their 5 favourite photos to take home and also selected their best picture to be included in a display. This was a fantastic day of creative learning made possible by the generous sponsorship of Markmoran Group Health Care.





SPORT UPDATE – TERM 1 2020

2020 will be another extremely busy year in sport and we have hit the ground running.

Basketball

First, we had Sian Beynon, Isabella Lockhart, Kai Bailey and Lennox Portelli attend the combined Zone Basketball trials. Pleasingly, Kai and Sian were successful and were invited to attend the Sydney North Basketball trials in Hornsby.

Cricket

Kalani McRae, Jacob Kellock and Ethan Payne attended the SCC Zone Cricket trials. Congratulations to Ethan and Jacob for gaining selection to trial for the Sydney North team.

Rugby League

We had a large representation in the SCC Rugby League trials. In the 11 yrs, Jett Taylor, Silas Allen, Callum Buening, Riley Coleman, Kai Bailey and Xavier Jamal. In the opens, Zac McKay, Kai Gee and Tom Craik attend the trials. Pleasingly, Jett, Callum, Riley, Xavier, Kai G, Kai B, Zac and Tom were all successful in being selected to attend the combined zone trials. We wish them well!

Football

Von Maslin, Tyler Ramsay, Kyan Werner, Indali Romeyn and Imogen Nott attended the SCC Zone Football trials last Friday. Congratulations to Kyan and Imogen for making the Zone team. Imogen also gained selection in the combined Zone team to contest the Sydney North trials on 16th March.

AFL

Finally, Ethan Payne, Brody Frew and Taj Knight attended the Zone AFL trials on Thursday 5th March and did a tremendous job. Taj and Ethan have now qualified to attend the Sydney North trials.

Swimming

Our annual swimming carnival was held last Monday at the Peninsular Leisure Centre at Woy Woy. We congratulate all our competitors and we thank Stage 2, particularly Mr Blanch, for all the organisation. We all appreciate it! The ribbon presentations were held at assembly on Friday, 6th March. Ribbons were handed out to 1st, 2nd and 3rd place of each event. This is based on fastest times overall. The SCC Zone Swimming Carnival will take place at the Peninsular Leisure Centre, Woy Woy on Tuesday 10th March. Notes to the qualifiers have been provided.

PSSA Knockouts

This year we have entered 13 teams in the PSSA Knockout Competitions. Trials to select our school teams have begun for netball, cricket, rugby league, soccer and softball. Times and dates for trials will be communicated to students as required. Please see below for the teams and team managers for 2020. Thanks to all the teachers for taking on this extra responsibility.

ABPS PSSA KNOCKOUT TEAMS 2020	
SPORT	MANAGER
AFL	Chris Waters
Basketball – Boys	Dennis Jarman
Basketball – Girls	Bec Cameron
Cricket	Craig Blanch
Hockey	Chris Spencer & Karen Munton
Netball	Shannon Metti
Rugby League	Dennis Jarman & Michael Blume
Soccer – Boys	Chris Wright
Soccer – Girls	Lisa Hecht
Softball – Boys	Julie Boarer
Softball – Girls	Erin Smith & Julie Boarer
Touch - Boys	Megan Faunce
Touch - Girls	Lucy Newton

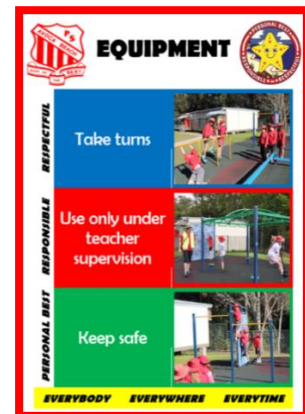
Mr Jarman.

PBL Week 7 Toilets

This week our PBL focus is on how to be respectful and responsible when using the school toilets. Students will recognise that showing respect means considering the privacy of others and leaving the toilet area clean for the next person. Being responsible for our own health means we wash our hands every time we leave the toilets. (Singing “Happy Birthday” to yourself twice while washing hands is about the right amount of time!) Our school expectations require students to take toilet breaks during recess, lunch, before and after school where possible. If a student needs to use the toilet during class time, they must always seek permission and return to class promptly.

PBL Week 8 Fixed Play Equipment

In Week 8 our PBL focus will be on how to be respectful, responsible and do our personal best when using the fixed equipment in the two playgrounds. Students will recognise that taking turns and waiting patiently is respectful to others and makes for happier play times. Taking responsibility for our own and others’ safety means we wait for the duty teacher before entering the area and refrain from playing on the equipment out of school hours. Showing our personal best by using the equipment as instructed means we reduce the risk of accidents and injuries. Our school expectation is that only students in Years 3-6 use the equipment in the top playground and K-2 students use the bottom playground equipment.



Cape Three Points Road – safety concerns

We have received reports of a number of parents/carers parking their vehicles on the south western side of Cape Three Points Road as an alternative when collecting their children. These parked vehicles are obstructing the view of cars coming down the hill creating a safety issue for the students crossing the road. The safety of our students is a priority and for this reason we ask that you give consideration to the surrounding area when parking your vehicle.



Our next P&C meeting will be held this Tuesday, 10th March, at 7.00pm in the staffroom. All the positions will be up for election.

President:

- > Lead and plan along with the Secretary, P and C meetings held once a month, this involves setting the agenda, following the agenda and ensuring all items are given fair time for discussion and equal opportunity. Importantly making sure our meetings are in regulation with the P and C constitution.
- > Ensuring motions passed are followed through and business arising from previous meetings are addressed if necessary
- > Liaise with our Principal and teaching staff
- > Support and facilitate our volunteers, ie fundraisers/uniform shop volunteers
- > Support paid staff,
- > Option to attend the central coast P and C meetings and to be involved with local government
- > Provide a P and C report for the end of year school report
- > Represent our P and C in public forums, ie end of year assembly/Kindy orientation
- > Provide an end of term report to the school to have on the school website
- > Contribute to the school newsletter
- > Access the P and C Face book page
- > Signatory for the P and C bank accounts

Vice President X 2:

- >All of the above in the absence of the President

Secretary:

- > To assist the President in writing the agenda for meetings
- > To distribute agenda prior to meeting
- > To record the minutes, along with reports, publish and distribute to members and attending individuals of P and C meetings
- > To keep an up to date list of all financial members
- > To collect correspondence received from the school office
- > Signatory for the P and C bank accounts

Treasurer:

- > To provide a financial report for each meeting
- > Responsible for P and C funds and financial statements
- > Receive and deposit cash, ie provide floats for fundraising events
- > Submit financial accounts of P&C for independent audit each year and provide these to the P and C Federation
- >Signatory for the P and C bank accounts

Executive Member: (includes office bearers and up to 6 other members)

- > Responsible for ensuring decisions made by the P and C are adhered to and acted upon
- > Meetings just for the Executive can be called by the President, or a Vice President in the absence of the President between general meetings should urgent matters arise
- > Support the office bearers

We look forward to seeing you.

If you have any questions at all, please don't hesitate to contact me on 0405497429 or avocabeachpandc@gmail.com.

Kind regards,
Paula Jamal

SCHOOL BANKING

Can you volunteer? - We need your help with the School Banking program !



Our students really enjoy participating in the Commonwealth Bank School Banking program and to keep this program running we need your help.

The program requires a volunteer School Banking Co-ordinator/s to facilitate the banking and distribution of School Banking rewards. The School Banking is processed at the same time each week and will only take a small amount of your time. The Commonwealth Bank will provide support in how to run the program. Your help with the program will greatly benefit students as they develop vital saving skills and also help our school with fundraising.

Currently, School Banking day is Thursday.

If you are interested in volunteering for this great program, please leave your details with the admin ladies.

EVERYONE IS
WELCOME
PARTICULARLY
TARGETING YEAR
5 AND 6 STUDENTS
AND THEIR FAMILIES

**KINCUMBER
HIGH
SCHOOL
HALL**

**MEET
AND
GREET
EVENING**
Wednesday
11 March 2020
6 - 7:15pm

- * Meet the Senior Executive
- * Hear about school programs - welfare, academic, sporting & cultural
- * Take a guided tour of the school

Sp Adobe Spark

THE SNACK SHACK

The Snack Shack Hours are: **Morning** 9.00-9.20 **Lunch** 11.25am – 12.15pm **Recess** 2.00pm – 2.20pm

We still have a few spots that we need to fill on our volunteer roster for this term and ideally, we could really do with a second volunteer on Thurs and Fri, even if it's from 10.30-11.30 to help us with the huge volume of orders we need to bag in such a short space of time. Please have a look at the roster in the link below and pop your name down if you are free. The new Canteen made Frozen Yoghurt Pops are huge hit and we are trying to keep up with demand. Follow the link below to add yourself to roster

<https://signup.zone/abps-snack-shack>

We may find that we will temporarily have to remove some items such as Pasta Bol from the menu due to the crazy situation in Coles at the moment with the pasta aisle being empty. I'm hoping that we will receive our full order but if not please understand we will do our best to update our supplies.

Preferred method of ordering is still by using FLEXISCHOOLS APP, please remember the daily CUT OFF TIME is 8.30am EXCEPT SUSHI. SUSHI Must be ordered BEFORE 8am due to the new Lunch Time of 11.25am.

Over the counter orders still welcome from 9am. Please note that we are unable to respond to any messages before 9.30am PLEASE DO NOT try and send us messages or orders through Facebook, Messenger, or WhatsApp (we do not have time to look at these while working) If you have missed the cut off time for flexischools please send your child to order at canteen or ring the office THANK YOU.

NEW BREAK TIMES

LUNCH 11.25. RECESS 2.00 (crunch & sip times vary per class)

VOLUNTEER ROSTER

Mon 09	VOLUNTEER REQUIRED
Tue 10	VOLUNTEER REQUIRED
Wed 11	Cianne Petersen
Thu 12	VOLUNTEER REQUIRED
Fri 13	Anne Berthelot
Mon 16	VOLUNTEER REQUIRED
Tue 17	VOLUNTEER REQUIRED
Wed 18	Jennifer Smith
Thu 19	Carly Newton
Fri 20	Anneke Hill

Canteen Manager	Lyndsay Buening	Tuesday, Wednesday, Friday
Canteen Supervisor	Sarah Jane Randall	Monday & Thursday

ALL VOLUNTEERS IN THE CANTEEN MUST PROVIDE THE SCHOOL OFFICE WITH A COMPLETED VOLUNTEERS DECLARATION AND THE 100 POINTS OF IDENTIFICATION BEFORE ASSISTING IN THE CANTEEN OR ANYWHERE ELSE WITHIN THE SCHOOL.



PIANO STUDIO IN AVOCA BEACH

Individual and group lessons in Avoca Beach.

For more information please contact Jan Vincent 0414 661 332



SPANISH FOR KIDS CLUB AT AVOCA BEACH PS : Now taking enrolments for Term 1 2020 for Spanish classes on MONDAY 8.15am - 9.00am

Nathalie Roy on 0430 286 590 or email nathalie.roy@lcfclubs.com.au to register your interest and for more info on cost and siblings discount. GRACIAS!

WE ACCEPT THE CREATIVE KIDS VOUCHER

MUSIC TUITION AT AVOCA BEACH - GUITAR (ACOUSTIC AND ELECTRIC), SINGING, ELECTRIC BASS, BANJO, MANDOLIN and UKELELE. All styles and all ages, beginners to advanced levels, very experienced professional teacher. Phone Chris on 0422 802 222

Avoca Beach Public School's newsletter contains paid advertisements which assist with the cost of publication. The publication of such advertisements does not imply endorsement of any product or service by the NSW Department of Education or Avoca Beach Public

AVOCA BEACHSIDE MARKETS Heazlett Park Sunday 22nd March.



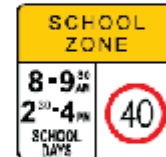
Safety learning program



Traffic and Parking around your School

Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others. Please consider the residents when parking in streets surrounding your school.

- A **School Zone** is the area around a school with a speed limit of 40 km/h. Between the School Zone and End School Zone signs you must obey the school zone speed limit. The school zone speed limit only applies on gazetted school days and during the times shown on the sign.



- School Bus lights** – buses use signs and orange flashing ‘wigwag’ lights to warn motorists and pedestrians that they are picking up or setting down school children. The lights begin to flash when the bus stops and the doors are opened. They keep flashing for about 30 seconds after the doors close and continue even after the bus moves off. You must not drive past the bus in the same direction at more than 40 km/h while the ‘wigwag’ lights are flashing as there may be children crossing or about to cross the road.



- A **No Parking Zone** means that you must not stop for more than two minutes. You must remain in or within three metres of the vehicle. No Parking Zones are suitable for dropping off and picking up.



THESE SIGNS MEAN YOU MAY STOP HERE TO DROP OFF / PICK UP

BUT YOU MUST

- stop for up to 2 minutes only
- stay within 3 metres of vehicle

**Kids look to you to keep them safe - please park legally in school zones
HEAVY FINES and DEMERIT POINTS APPLY**

- A **Bus Zone** means that the area is restricted for bus use only. If hours of operation are shown, the restriction only applies to this time. You may use this area outside of these times.



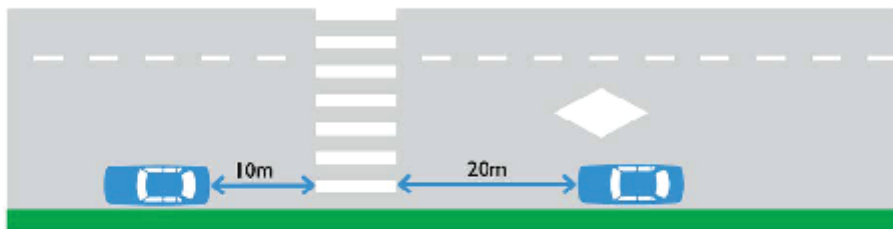
- A **No Stopping Zone** means no stopping at any time.



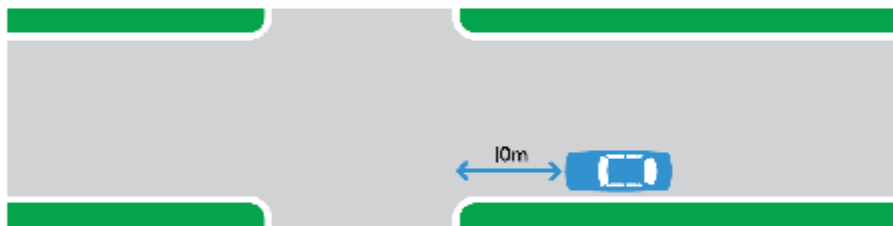
Other times when you must not stop

You must not stop your vehicle (that is, bring it to a stop and either stay with the vehicle or leave it parked) in the following circumstances:

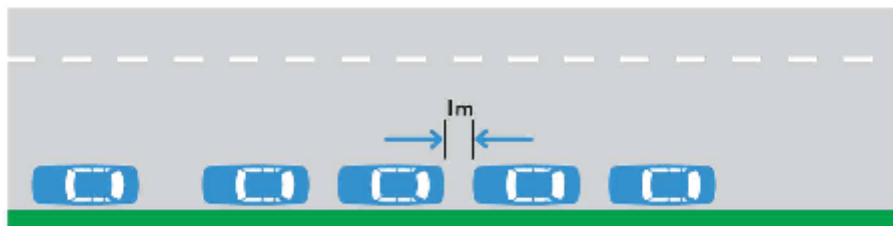
- ❑ Double parked (that is in the road alongside a car that is parked)
- ❑ Across a driveway or footpath
- ❑ On a median strip or traffic island
- ❑ On footpaths and nature strips
- ❑ On or within 20 metres before and 10 metres after a children's crossing or pedestrian crossing



- ❑ Within an intersection
- ❑ Within 10 metres of an intersecting road at an intersection without traffic lights unless signposted otherwise



- ❑ In Bus Stop, Bus Zone, Taxi Stand or Taxi Zone signed areas
- ❑ At least one metre from any other parked vehicle, close as possible and parallel to the kerb, and facing the same direction as the traffic lane



- ❑ Within three metres of any double centre lines
- ❑ Within 20 metres before and 10 metres after a bus stop

Adherence to signposting, linemarking and road rules around your school will assist in providing a safe environment for the school community and residents.



Rebel Sport is supporting our school by providing 5% of all our purchases back to us!



All you have to do is:

1. Become a member of Rebel Sport (just ask at any store, it only takes 2 mins to register)
2. You will then receive a loyalty card
3. Show your loyalty card (or just tell them you are a member) when you purchase anything at Rebel Sport and ask that your points are allocated to Avoca Beach PS

This is an easy way for our school to have more sporting equipment at no extra cost to any of us!

Register now!

TERRIGAL AVOCA
Panthers
AFL

Terrigal Avoca PANTHERS

Angela Roche 0434 395 187
info@panthers.org.au
Open for Boys and Girls 5-17

AFL Sign up for junior footy [play.afl](https://www.play.afl)

KINCUMBER COLTS JUNIOR RUGBY LEAGUE

New and returning players can register online now at: www.kincumbercolts.com.au



We are a successful family friendly club where players of all ages and abilities are welcome. Register for the \$100 Active Kids voucher and check out our Website, Facebook or Instagram page. Cost incl Insurance, Club Polo, Playing Shorts, Socks, Training T-Shirt and Training Shorts.

Under 6's to 9's - \$145 U10's – U17's - \$180 Girls U14 & U16 League Tag - \$180

Girls U14 & U16 Tackle - \$180 Girls playing both only pay \$200

All enquiries to: Registrar Nicola Oldfield - 0403 752 717 or email

secretarykincumbercolts@outlook.com