

Newsletter

Avoca Beach Public School

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Monday 27th May, 2019

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

Week 5

Mon 27th Girls & Boys Softball Gala Day
Tue 28th Girls Netball K/O
Wed 29th KHS Interest Day Yr 5 & 6
Thu 30th PSSA Girls Football Round 3
Fri 31st Triple P Program 9.30 – 11.30am
Community Connections Movie
Night 5.30pm – 8.00pm

Week 6

Mon 3rd
Tue 4th
Wed 5th Stage 3 Bathurst Excursion 7.00am
Thu 6th Kindergarten Walking Excursion
11.15am
Fri 7th Stage 2 Dairy Incursion
Triple P Program 9.30 – 11.30am
Stage 3 Bathurst Returns 4.00pm

Principal's Report

Our Community Connections Family Movie Night will be held this Friday evening. There will be food, drinks and entertainment from 5.30pm with the movie Surfs Up 2 showing from 6.30pm. All families and community members are invited to attend. We are asking for a donation of \$5 per person. Weather permitting the bottom playground will be used. If it is raining we will set up in the COLA area.

All money raised goes to our Community Connections Fund which assists members of our school community in times of need.

Last Friday 48 of our students represented the school at the Southern Central Coast Zone PSSA Cross Country at Umina Beach. All of the students participated extremely well and there were some outstanding performances. A total of 12 students placed in the top six to gain places in the Zone team to compete at the Sydney North Championships on Friday 8th June at the Gosford Entertainment Grounds.

Congratulations to all of our students for being great representatives of our school. Thank you to Mrs Jarmaine and Mr Wright for their organisation of our team and to the parents who attended to support our runners.

This week is a busy one for our PSSA Knockout teams. Today our boys & girls softball teams played in the first rounds of their NSW PSSA Knockouts. Our boys' team won both their games to progress to the next round. Tomorrow our Netball team play their first game at Baker Park, Wyong. On Thursday our Girls Football team play Wyong PS in the third round of their knockout. The game will be played at Frost Reserve starting at 10.30am
Good luck to all of our teams.

On Wednesday 32 of our Stage 3 students will attend Kincumber HS to participate in a Special Interest Day. They will participate in activities in the areas of Science, Agriculture and Music.

Ross Hallaways
Principal

Congratulations to the following students who received merit certificates at last Friday’s assembly.

KM	Clae Huckstepp, Rivers Botham	3H	Neveah Peterson-Munro, Ace Harvey
KS	Sebastian Preradovic-Buteux, Asher Huckstepp	3/4V	Austyn Mackie, Amy Roy
KT	River Carpenter, Maui Rangi	4B	Seren McCann, Isabella Lockhart
1C	Kenzie Johnson, Mason Mills	4W	Sam McMahon, Ryder Langcake
1G	Lily Rignall, Oliver Blakely	5/6A	Emma Winstanley, Charlie Brereton-Garner
1R	Cooper O’Brien, Arlo Lamshed	5/6D	Lilla Freeman, Imogen Nott
2B	Vedder Case, Macy Norris	5/6F	Saska Spence, Deakin McNally
2D	Ella Williams, Axel Ward	5/6J	
2S	Ellie Brien, Lily Clarke	5/6M	Madison Gatt, Hugo Spindler
3A	Liam Gills, Charlotte Coleman		

AVOCA BEACH PS CHESS TEAM

Congratulations to Chess team for representing our school so well in their first match against Ettalong Public School last Wednesday



AVOCA BEACH PS DEBATING TEAM

Last week our Stage 3 debating teams went to Terrigal Public School to compete in the first round of the Premiers Debating Challenge. Our A Team, Year 6 students Annie, Valli, Sam & Bethan argued the affirmative and narrowly lost. The team in the photo is our B Team from Year 5 - Eleanor, Arowen, Seren & Adelphi. It was their first debate and they manage to argue the affirmative and win. Congratulations to both teams on their efforts, we wish them all the best of luck for the remainder of the challenge.



Southern Central Coast Zone Cross Country 2019

Last Friday 24th May 2019, 48 students from Avoca Beach Public School went to Umina Oval to compete in the SCC PSSA Zone Cross Country Carnival. Huge congratulations to all our competitors who represented Avoca Beach with gutsy determination and displayed outstanding sportsmanship throughout the day. Thanks also to our families and community members who came out to support our runners on the day.

Congratulations to the following students who have earned a place in the SCC Zone team. These students will compete in the Sydney North Carnival at Gosford Race Course on Friday 21st June.

Name	Position at Zone
Ollie Craik	1 st
Jagger Curnow	2 nd
Bondi Werner	3 rd
Talia Tebb	5 th
Jasper Hunter	1 st
Tyler Ramsay	6 th
Taj Knight	3 rd
Zach Wilson	6 th
Ava l'Anson	3 rd
Pia Gatt	4 th
Kiah Tebb	3 rd
Lily O'Cass	2 nd



PBL WEEK 5

This week our PBL lesson will focus on how to do our personal best when wearing our school uniform. Students have recognised the importance of labelling their clothing and equipment and being responsible by putting it in their school bags after use.

Our school expectations require students to be respectful by wearing the correct school uniform at all times. Students are responsible by checking lost property if their items are missing. Students are demonstrating their personal best by always wearing their school hat on the playground.



UNIFORM

PERSONAL BEST RESPONSIBLE RESPECTFUL	Wear your uniform with pride	
	Put your belongings back in your bag	
	Always wear your hat on the playground	
EVERYBODY EVERYWHERE EVERYTIME		

THE P&C NEEDS YOUR HELP! - School Fair/Volunteers Questionnaire

Dear Parents

If you can please spare a few minutes to complete the below questionnaire we would be very grateful.

The questionnaire will provide the P&C with feedback regarding the School Fair and also enable us to create a list of volunteers who are able to help at such large fundraising events. The survey will close on Friday, 7 June 2019 so we are able to collate the responses for our next meeting.

Many thanks in advance for your time and support.

<https://www.surveymonkey.com/r/ZTVPCFX>

ABPS P&C



Hi Everyone

Ready, set, go!

We're excited to say that Woolworths Earn & Learn has launched this week, and thousands of Schools and Early Learning Centres have started collecting stickers.

The program will run from 1st May 2019 to 25th June 2019.

The students will receive a sticker sheet to place stickers onto at school and completed sheets will be placed in collection boxes also located at school. You can find a collection box in the office for your convenience. We will not have a collection box at Woolworths stores this year.

Let's stick together with Earn and Learn!

Thank you for your support in collecting stickers for our school

Mrs Boarer
Earn and Learn Co-ordinator.



New School Banking rewards now available!

Exciting new Term 2 Polar Savers rewards are now available, while stocks last!



Yeti Fluffy Notebook



Icicle slap band Ruler

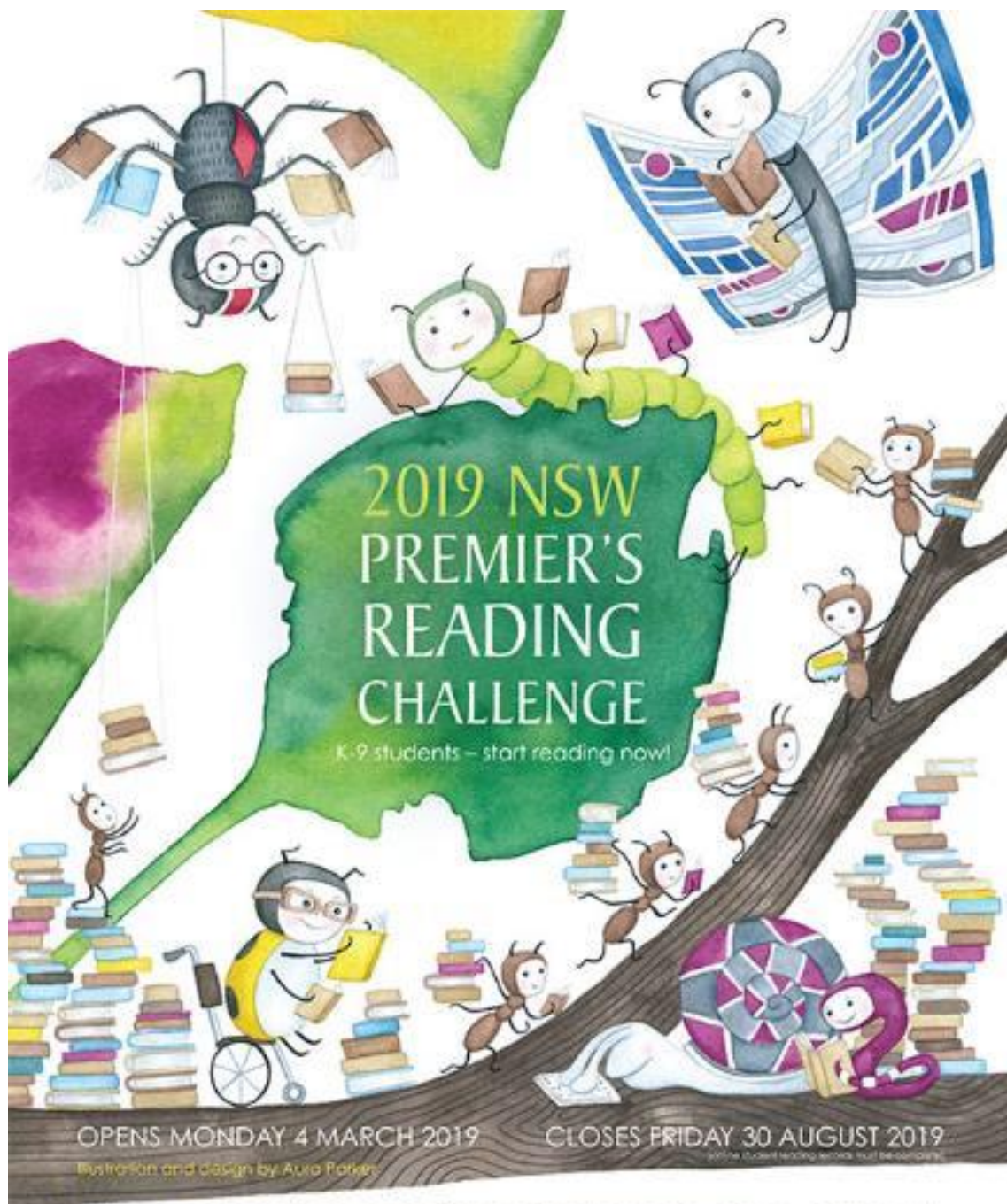
The Scented Stackable Highlighters and Snowy Origami Set from term 1 are also still available.

For every deposit made at school, students will receive a silver Dollarmites token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their regular savings habits.

School Banking is also a great fundraiser for our school. Our school receives a Regular Savers Contribution of \$5 for every 10 deposits processed per student as well as an Annual Contribution which is based on the number of students who made at least one School Banking deposit in the prior year.

If you would like to know more about School Banking please visit commbank.com.au/schoolbanking

Thank you for supporting the School Banking program and remember, School Banking day is every Thursday.



Media Partner



Supporting Partner



The Premier's Reading Challenge has now opened. Please refer to the attached flyer on the website via this link <https://avocabch-p.schools.nsw.gov.au/learning-at-our-school/library/premier-s-reading-challenge.html> for further information on how to help your child complete the challenge.

ETHICS TEACHER – VOLUNTEER POSITION AVAILABLE

Avoca Beach Public School is currently requiring another Primary ethics Teacher to be part of our dynamic team. Ethics classes are held every Thursday from 9.20- 10am.

Teaching experience is not required but basic computer skills are necessary. A comprehensive two-day training session, and access to all material, is provided.

Ethics lessons are thought provoking and are designed to enhance a child's critical thinking and moral reasoning skills. This helps children form and express their own ideas based on logic and evidence, while respectfully listening to others. If you are interested in more information on this rewarding position please go to

www.primaryethics.com.au or call Myleah O'Brien on 0404 881 267 (Ethics Co-ordinator)

EXTENDED LEAVE from ATTENDANCE. If you are planning a family holiday during the school term, **for more than 5 days**, parents need to apply for an '**Application for Extended Leave**' from school. An 'Application for Extended Leave-Travel' can be collected from the office. Once completed please return to the Principal at least two weeks prior to the leave then an approved '**Certificate of Extended leave - Travel**' will be issued. The original certificate will be signed, copied for school records and returned to parents. You need to carry this certificate during your leave, as it must be produced when requested by police or other authorised attendance officers.

VOLUNTEERS AT OUR SCHOOL

Volunteers play an important role in the daily school routine. Please be aware that the Department of Education requires all volunteers to complete a Volunteer Declaration and provide Proof of Identity that meets the 100-point check. We are updating our records in accordance with these requirements, ask that anyone who is currently volunteering, or planning to do so in the future, complete the attached declaration, and return it to the office along with your 100 points as soon as possible. This not only applies to in-school volunteers but also anyone that at any stage may be transporting our students to offsite activities.

For parents **transporting** students to offsite activities please be aware that we still require copies of both your current driver's licence and current vehicle registration. **This documentation must be provided prior to the activities** and is required **even if you are transporting your own child**. In accordance with department requirements, the transporting of students is not permitted until all documentation has been received.

 **Cancer Council**
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to make vegies easy to eat.

Eating 5 serves of vegetables and 2 serves of fruit each day doesn't need to be a chore. It's easy to reach these targets if you spread your fruit and veg out throughout the day.



Breakfast: Start your vegie intake in the morning with avocado or baked beans or tomato on toast

Morning tea: try some [zucchini slice](#) or wholegrain crackers and hummus.

Lunch: Include some salad with lunch. Try our tasty [salad recipes](#).

Afternoon tea: have your favorite piece of fruit.

Dinner: Try our delicious vegie filled [recipes](#).

Dessert: Berries and yoghurt or [healthy apple crumble](#).

healthylunchbox.com.au

MUSIC TUITION AT AVOCA BEACH - GUITAR (ACOUSTIC AND ELECTRIC), SINGING, ELECTRIC BASS, BANJO, MANDOLIN and UKELELE. All styles and all ages, beginners to advanced levels, very experienced professional teacher. Phone Chris on 0422 802 222



FRENCH FOR KIDS CLUB AT AVOCA BEACH PS : Now taking enrolments for Term 2 2019 for French classes on TUESDAY 3.30pm - 4.30pm
Nathalie Roy on 0430 286 590 or email nathalie.roy@lcclubs.com.au to register your interest and for more info on cost and siblings discount. MERCI!



SPANISH FOR KIDS CLUB AT AVOCA BEACH PS : Now taking enrolments for Term 2 2019 for French classes on Monday 8.15am - 9.00am
Nathalie Roy on 0430 286 590 or email nathalie.roy@lcclubs.com.au to register your interest and for more info on cost and siblings discount. GRACIAS!

HIGHLAND DANCING LESSONS – Tue & Thur 3.45pm-4.30pm at 33 Laird Dr, Avoca. Teacher Maureen Fyffe has 40yrs experience teaching/coaching highland dance. She has coached 11 Australian champions. Examinations and competition training available. Contact Maureen 0400 221 038.

HIGHLAND DANCE

- benefits of
- I STRENGTHEN MY CONCENTRATION SKILLS
- I TRAIN MY MUSICAL EAR AND ABILITY TO REMEMBER
- MY PERSEVERANCE AND IMPROVISATION SKILLS EVOLVE
- I BUILD MY CONFIDENCE
- I LEARN TO SEE DETAILS
- I BECOME STRONGER AND MORE FLEXIBLE
- LAST BUT NOT LEAST, I HAVE FUN!
- I DEVELOP MY SOCIAL AND CREATIVE SKILLS
- I LEARN THE BENEFITS OF HARD WORK AND SETTING GOALS

Avoca Beach Public School's newsletter contains paid advertisements which assist with the cost of publication. The publication of such advertisements does not imply endorsement of any product or service by the NSW Department of Education or Avoca Beach Public

THE SNACK SHACK

The Snack Shack Hours are: **Morning** 9.00-9.20 **Recess** 10.50-11.10 **Lunch** 1.10-1.40

Preferred method of ordering is by using the FLEXISCHOOLS APP, **CUT OFF TIME 8.30AM.**

Although we are happy to provide IOU's for lunch when needed, we currently have a large amount outstanding from last and even last year. Reminder notes were sent home recently. Please try and settle any outstanding accounts ASAP so we can continue to offer this service.

We are very pleased to have had our new commercial oven installed last week which will make life a lot easier with our ever increasing hot lunch orders.

We have promised the students a "Lunch Special of Burritos", as requested in Student Parliament, so we will be advertising details shortly.

We have some winter favourites going back on the menu and will be trialling Jacket Potatoes with various fillings. Please check out the new items available on Flexi schools.

ALL VOLUNTEERS IN THE CANTEEN MUST PROVIDE THE SCHOOL OFFICE WITH A COMPLETED VOLUNTEERS DECLARATION AND THE 100 POINTS OF IDENTIFICATION BEFORE ASSISTING IN THE CANTEEN OR ANYWHERE ELSE WITHIN THE SCHOOL.

Snack Shack Roster for:

Mon 27th **VOLUNTEER REQUIRED**
 Tue 28th Jacqueline Birchall
 Wed 29th Melissa Milton
 Thu 30th **VOLUNTEER REQUIRED**
 Fri 31st Emma Seyer

Mon 3rd June **VOLUNTEER REQUIRED**
 Tue 4th Elise Mackie
 Wed 5th Janelle Sykes, **VOLUNTEER REQUIRED**
 Thu 6th Scott Botham, **VOLUNTEER REQUIRED**
 Fri 7th Leanne McVeigh, **VOLUNTEER REQUIRED**

Lyndsay Buening – Canteen Manager	0412 784 884	Tue, Thur, Fri
Sarah Randall – Canteen Supervisor	0423 113 401	Mon & Wed



INFORMATION FOR PARENTS AND COMMUNITY MEMBERS

Are you a parent or Community member visiting a school; or interested in becoming a school volunteer?

Our schools value strong partnerships with our parents and community members. Visits to our schools and volunteering puts you in the valuable position of positively contributing to the outcomes of our next generations.

Did you know that there are now requirements for all school visitors and volunteers? They are as listed below:

1. Parents and close relatives visiting at the school

This includes sibling, step-sibling, parent, step-parent, grandparent, step-grandparent, aunt, uncle, niece or nephew of the person. In the case of an Aboriginal person or a Torres Strait Islander, a person who is part of the extended family or kin of the person according to the kinship of the system of the person's culture.

- 100 points of ID
- Appendix 5 declaration

Note: This information only needs to be provided once and is valid for the duration of the enrolment of your child.

2. Any adult 'volunteer' who does not have a child at the school who will have direct contact (face to face) with children, or parents attending school excursions or overnight camps

This includes supporting school programs and mentoring programs or providing personal care for a child with additional needs:

- Volunteer Working with Children Check (WWCC) – no fee applies
- 100 points of ID
- Appendix 11 declaration

Note: This information is required to be provided every 12 months.

All forms and ID Documents are kept in a secure location at the school for 7 years and can only be accessed by authorised personnel.

Please contact your local AECG or your school Aboriginal Education contact for more information.

Lesley Armstrong, President Central Coast Regional Aboriginal Education Consultative Group is also available on telephone number 4392 7202 to discuss any matters relating to this.

Safety learning program



Parking Restrictions Outside Schools

KIDS LOOK TO US TO KEEP THEM SAFE - PARK LEGALLY IN SCHOOL ZONES

Central Coast Council would like to remind parents of parking restrictions outside your school. Please pay close attention to the signs outside your child's primary school and watch your speed when travelling through all school zones.

NO STOPPING zone

Stopping is NOT permitted at any time.

BUS ZONE

Stopping is not permitted during the times shown on the sign.



DOUBLE PARKING

You are not permitted to stop OR park alongside another vehicle already parked parallel to the kerb. This means do not form a queue in the middle of the lane if you are waiting.

Move on, do a loop and come back.

NO PARKING zone

Drivers may drop off and pick up children during the times shown on the sign BUT note:

- Maximum stopping time is 2 MINUTES – your child must exit and enter the car within this time.
- Driver must remain within 3 METRES of the vehicle – you may get out to help with bags etc.
- Stop as close as possible to the top of the zone to allow access for vehicles following behind.



Stopping ON or ACROSS a driveway or other access point to and from a property is not permitted under any circumstance.

You must always consider the school's neighbours by leaving space at their driveways to allow safe exit and entry to the roadway.

Travelling more than 40 km/hour through school zones may inhibit a car from stopping in time to avoid hitting a pedestrian. Parking illegally also creates serious risks as it limits the vision of other drivers.

It only takes a split second for an accident to occur and only one car to present a danger to an unknowing child.

Please be aware of the restrictions and park safely outside your child's school.

For more information regarding parking restriction around your school please contact Council's Road Safety Officers via email at: roadsafety@centralcoast.nsw.gov.au



Safety learning program

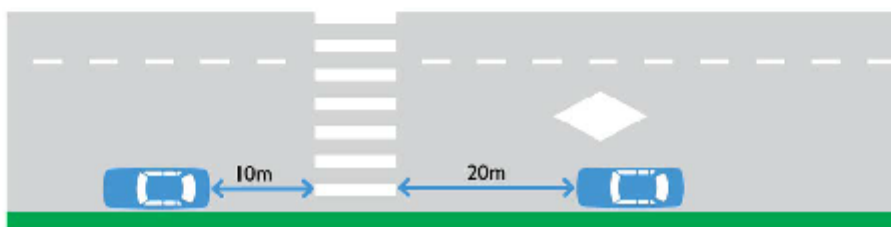
School Traffic and Parking Around Your Local Community



Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others. Please consider the residents when parking in streets surrounding your school.

You must not stop your vehicle (that is, bring it to a stop and either stay with the vehicle or leave it parked) in the following circumstances:

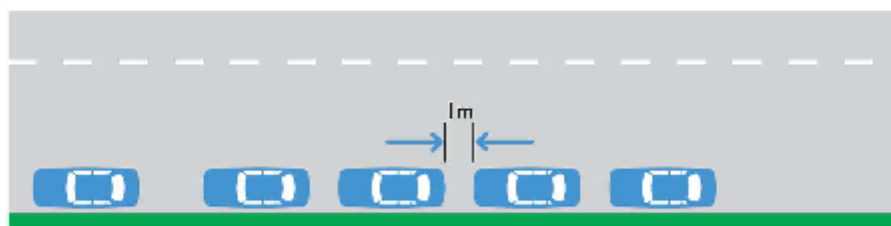
- ❑ Double parked (that is in the road alongside a car that is parked)
- ❑ Across a driveway or footpath
- ❑ On a median strip or traffic island
- ❑ On footpaths and nature strips
- ❑ On or within 20 metres before and 10 metres after a children's crossing or pedestrian crossing



- ❑ Within an intersection
- ❑ Within 10 metres of an intersecting road at an intersection without traffic lights unless signposted otherwise



- ❑ In Bus Stop, Bus Zone, Taxi Stand or Taxi Zone signed areas
- ❑ At least one (1) metre from any other parked vehicle, close as possible and parallel to the kerb, and facing the same direction as the traffic lane



- ❑ Within three (3) metres of any double centre lines
- ❑ Within 20 metres before and 10 metres after a bus stop

Adherence to signposting, linemarking and road rules around your school will assist in providing a safe environment for the school community and residents.