

# Newsletter

## Avoca Beach Public School

The Round Drive

Avoca Beach NSW 2251

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Monday 2<sup>nd</sup> September, 2019

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.  
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

### Week 7

Mon 2 <sup>nd</sup>	Swim School begins
Tue 3 <sup>rd</sup>	ICAS Digital Technologies
Wed 4 <sup>th</sup>	
Thu 5 <sup>th</sup>	ICAS Science
Fri 6 <sup>th</sup>	Triple P Program begins Debating ABPS v Brisbane PS Super Stellar Assembly 12.15pm

### Week 8

Mon 9 <sup>th</sup>	Stage 3 Zoo Excursion
Tue 10 <sup>th</sup>	ICAS Writing P&C Meeting
Wed 11 <sup>th</sup>	Positive Relationships Day @ KHS
Thu 12 <sup>th</sup>	ICAS Spelling
Fri 13 <sup>th</sup>	Swim School last day Triple P Program continues

## Principal's Report

Dear Parents,

Thank you to all the Dads who braved the weather to attend our Father's Day breakfast last week! A huge thanks to the wonderful P&C for putting on the breakfast. We appreciate everything our hard working P&C does for this school.

### **Athletics**

Congratulations to the 58 athletes who represented our school at the Southern Central Coast Zone Athletics Carnival. Our athletes gave their personal best on the day and represented our school with outstanding sportsmanship. A huge thankyou to Mr & Mrs Tebb for their help managing our team throughout the day. We really appreciate it. Congratulations to Darcy, Jabin, Kiah, Jasper, Lily, Will, Jesse, Bailey, Archie, Harry, Silas, Taj, Bethan, Callum, Talia and Von, who have qualified to represent our Zone at the Sydney North Athletics Championships on Wednesday 16th October 2019.

### **Gymnastics**

Last week, Hannah in 3/4V Competed at the Hunter Gymnastics competition. She finished 1<sup>st</sup> on floor, 1<sup>st</sup> on bar, 2<sup>nd</sup> on vault and 2<sup>nd</sup> on beam. What an outstanding achievement! Well done Hannah.

### **Kiss & Drop**

We understand how difficult pick up and drop off at school time is due to the limited room around our school streets. However, can we please ask parents to obey the kiss and drop rules to ensure the safety of everyone and flow of traffic around the school. In particular, of a morning it is important that parents do not stop to get out of there vehicles in the kiss and drop zone. This stops the flow of traffic and forces parents to stop and let their children out in an area that is not safe or outside of the Kiss and Drop zone, which can lead to large fines. Thank you for your cooperation and understanding with this issue.

### **Looking for an architect!**

Are you, or do you know an architect? We are looking for a family member or friend of the school to help us out with some advice or some sketches for an alteration to our admin/staffroom area. Please contact Mr Thomas if you can help out.

**School Fair- Sunday 15<sup>th</sup> September**

It's not long now until our school fair! Remember to keep selling those raffle tickets. There are lots of prizes to be won, with weekly prizes of popcorn at the canteen for the highest sellers, a class pizza party for the best class and lots of vouchers on the day of the fair, for the highest sellers overall.

**Kindergarten 2020**

The countdown is on to enrol for Kindergarten 2020! Our official Kindergarten Headstart Program will begin in Term 4. If you know of any boy or girl who will be starting at Avoca Beach PS in 2020, please let them know to pop into the office as soon as possible, put their name down and collect an enrolment form.

**Wall of Fame**

It has been wonderful to see so many students in the past week who have achieved 25 Stellars. So many respectful and responsible learners! Keep up the great work boys and girls. The students in 1C have been experimenting with different art techniques. Max, Zeus, Ari and Asher produced very creative pasta artworks of Mr Thomas, which just had to be added to the wall of fame this week.

Ben Thomas  
Principal

**Quote of the Week**

*The more that you read, the more things you will know. The more you learn, the more places you'll go!" – Dr Seuss*

**Gymnastics Champion Hannah Abra**



**Mr Thomas' Wall of Fame**



Congratulations to the following students who received merit certificates at Friday's assembly.

<b>KM</b>	William George-Davidson, Johnny Hurrell	<b>3H</b>	Phoebe Waters, Jem Stead
<b>KS</b>	Arwen Probst, Sebastian Preradovic-Buteux	<b>3/4V</b>	Jasper Bennett, Jack Groom
<b>KT</b>	Phoebe McKinnon, Sonny Carmichael	<b>4B</b>	Thomas Guz, Isabella Lockhart
<b>1C</b>	Charlotte Fisher, Mitchell Wong	<b>4W</b>	Noah Forster, Will Tebb
<b>1G</b>	Koa Payne, Olive Morris	<b>5/6A</b>	Hayley Bain, Sam Corcoran
<b>1R</b>	Arlo Lamshed, Levi Thomas	<b>5/6D</b>	Tanner Arnold, Sophie Groom
<b>2B</b>	Louie Jardine, Jack Walker	<b>5/6F</b>	Noah Turner, Kyan Werner
<b>2D</b>	Saxon Randall, Ellie McCartney	<b>5/6J</b>	Evie Beath, Amy Bowtell
<b>2S</b>	Rosie Williams, Zaiden Taylor	<b>5/6M</b>	Charlee Eurell, Lily O'Cass
<b>3A</b>	Bondi Werner, Beau Ryan		

### **GIRLS HOCKEY**

On Tuesday 27th August our PSSA girls hockey team travelled to Wyong to play their second game against Camden South PS. Camden South had strong defence, including a state representative on their side, but that didn't stop our girls from giving it absolutely everything they had. Unfortunately we lost 4-1, however, I was really proud of the teamwork, perseverance and sportsmanship that the girls demonstrated throughout the game. Special mention to Imogen Harris for her massive effort as goalie. You are amazing. I would also like to acknowledge all the parents who assisted with transport, supported the girls throughout the game and during warm ups and cheered them on from the sidelines. It has been an absolute pleasure coaching the girls' hockey team and they should all be really proud.

Mrs Rattray



### **FATHER'S DAY STALL**

A massive thank you to Gazwa Rignall for organising our Fathers Day Stall again this year with fabulous gifts for all the Dads. Thanks to all the Mums who volunteered on the day to help the kids choose their gift, its very much appreciated. Thanks also to Sarah in the canteen for providing morning tea and lunch for our volunteers. The kids were so excited doing their shopping and it was a great day. Congratulations to our 3 raffle prize winners and a big Thank You to Mitre 10 Kincumber for donating 2 of our Raffle Prizes and helping with some of our gifts also, remember support local business.

### **FATHER'S DAY BREAKFAST**

Wow, what a turn out we had! It was wonderful to see so many Dads come in and have breakfast with their kids on Friday morning despite the all the rain. A massive thanks to our volunteers on the day Deirdre, Lyndsay, Jacinta, Penny, Jen and especially Scott and Steve on the BBQ. Thanks also to Adam at Avoca Beach Butchery for looking after us as always. What a wonderful community we live in.

### **FAIR NEWS**

It's almost here! Less than 2 weeks to go. Please find attached to this newsletter our Safety Briefing, please familiarise yourself with this before the day to help everything run smoothly. Please contact your childs class coordinator and put your name on the roster for the day if you haven't done so already. There are lots of ways to help out, many hands make light work! Remember this is the biggest fundraiser for our school and all the proceeds go back into our kids school to make it better for all kids. Watch out for the Fair Newsletter which will be emailed on Wednesday with all Fair Information or check out our Facebook Page, Avoca Beach Public School P&C. If you have any queries or I can help with anything please do not hesitate to contact me at [avocabeachpandc@gmail.com](mailto:avocabeachpandc@gmail.com) or phone 0405497429.

Kind regards,  
Paula Jamal  
P&C President

**PRE LOVED BIKES/SCOOTERS**

The drop off point for collection of pre-loved bikes/scooters etc (in good working condition only) is the storeroom located across from the Kindy classrooms. Please also ensure all donated items are labelled with your child’s name and class so they can be allocated their GPK points.



**BOOKS! Magazines! DVDs! CDs!**

We need your quality unwanted Books, Magazines, DVDs, Digital Games and CDs for the multimedia stall at the fair. It's the perfect time for that spring clean!

Please deliver to the storeroom (access from K-2 playground, opposite kindy classrooms) by Friday, 13th September. Remember to label your donations with your child's name and class for pizza party points!

Any questions contact Louise Deller on 0421 560 490.

**PBL WEEK – Handball**

This week our PBL focus has been on how to be respectful, responsible and perform our personal best when playing handball at school. Students have recognised the importance of being in the correct areas with teacher supervision and playing to the school rules.

Our school expectations require students to be responsible and always return the school handballs to the correct area. Students are demonstrating respectful behaviour by sharing the space and performing their personal best by playing fair.

Training  
 Generous allowance  
 24/7 Support

Barnardos Australia urgently needs short-term foster carers. Count yourself in, call us today.

**1800 663 441**  
[barnardos.org.au/wecare](http://barnardos.org.au/wecare)

## SKATE PARK FOR AVOCA BEACH

I am a 12 year old skateboarding enthusiast and I believe that a skate park being built in Avoca Beach would benefit the whole Avoca Beach community. It would be beneficial for families and kids of all ages. There are many positive affects from a skatepark including fun, exercising and socialising with friends. Having community events including competitions and lessons or skate schools could also increase tourism in the area. There are a number of possible locations including Hunter Park (near the beach/surf club) or Heazlet Oval (near the lake, rugby oval and local shops) or behind surf club (as shown in picture). There is already a skate park in a number of surrounding suburbs however they can only be accessed by vehicle from Avoca Beach. It would be extremely unsafe to attempt to walk to any of them due to the need to cross a number of main roads. This means me and all of my friends cannot skate when our parents are working or have to help with siblings or family members. If you sign this petition Avoca Beach could have a chance at getting a skate park!

By Ryder Kasun 5/6M

If you would like to support this petition for a skate park in Avoca Beach please click the link below:

<https://www.change.org/p/gosford-city-council-avoca-beach-skatepark-2fbdbfa2-5c17-498f-8644-e6de1fa53583>



**EXTENDED LEAVE from ATTENDANCE.** If you are planning a family holiday during the school term, **for more than 5 days**, parents need to apply for an **'Application for Extended Leave'** from school. An 'Application for Extended Leave-Travel' can be collected from the office. Once completed please return to the Principal at least two weeks prior to the leave then an approved **'Certificate of Extended leave - Travel'** will be issued. The original certificate will be signed, copied for school records and returned to parents. You need to carry this certificate during your leave, as it must be produced when requested by police or other authorised attendance officers.

### **VOLUNTEERS AT OUR SCHOOL**

Volunteers play an important role in the daily school routine. Please be aware that the Department of Education requires all volunteers to complete a Volunteer Declaration and provide Proof of Identity that meets the 100-point check. We are updating our records in accordance with these requirements, ask that anyone who is currently volunteering, or planning to do so in the future, complete the attached declaration, and return it to the office along with your 100 points as soon as possible. This not only applies to in-school volunteers but also anyone that at any stage may be transporting our students to offsite activities. For parents **transporting** students to offsite activities please be aware that we still require copies of both your current driver's licence and current vehicle registration. **This documentation must be provided prior to the activities** and is required **even if you are transporting your own child**. In accordance with department requirements, the transporting of students is not permitted until all documentation has been received.



**FRENCH FOR KIDS CLUB AT AVOCA BEACH PS** : Now taking enrolments for Term 3 2019 for French classes on TUESDAY 3.30pm - 4.30pm

**Nathalie Roy on 0430 286 590** or email [nathalie.roy@lcclubs.com.au](mailto:nathalie.roy@lcclubs.com.au) to register your interest and for more info on cost and siblings discount. MERCI!

**WE ACCEPT THE CREATIVE KIDS VOUCHER**



**SPANISH FOR KIDS CLUB AT AVOCA BEACH PS** : Now taking enrolments for Term 3 2019 for Spanish classes on MONDAY 8.15am - 9.00am

**Nathalie Roy on 0430 286 590** or email [nathalie.roy@lcclubs.com.au](mailto:nathalie.roy@lcclubs.com.au) to register your interest and for more info on cost and siblings discount. GRACIAS!

**WE ACCEPT THE CREATIVE KIDS VOUCHER**

**MUSIC TUITION AT AVOCA BEACH** - GUITAR (ACOUSTIC AND ELECTRIC), SINGING, ELECTRIC BASS, BANJO, MANDOLIN and UKELELE. All styles and all ages, beginners to advanced levels, very experienced professional teacher. Phone Chris on 0422 802 222

**JINHWA TAEKWONDO.** All ages martial arts training. Kincumber, Terrigal, Ettalong, Ourimbah, Tumbi Umbi and East Gosford. First 2 Lessons Free! Call 0435 552 203.



TENNIS COACHING – Copacabana

Coaching Monday Afternoons  
SNSW Voucher can be used for Fees  
For all standards – New pupils welcome **Hot Shots Programme**  
Enquiries Telephone Mark - **Mobile 0403 499308**



TERRIGAL WAMBERAL LITTLE ATHLETICS

REGISTRATION IS NOW OPEN.



Season Starts 11 Oct 2019

WWW.TERRIGALWAMBERALLITTLEATHLETICS.COM



**JDRF ONE WALK**  
FOR A WORLD WITHOUT TYPE 1 DIABETES

Central Coast

Join us at [walk.jdrf.org.au](http://walk.jdrf.org.au)  
#JDRFOneWalk

**WALK FOR A WORLD WITHOUT TYPE 1 DIABETES**

**Davistown to Kincumber 6km Walk**

11am start at Davistown Ferry Wharf, 6km waterfront pathway walk to Kincumber and return.  
Arrive by ferry, bus or car to Davistown waterfront.  
Dogs permitted along the walk route, pram and wheelchair friendly.

Join us at Davistown waterfront before and after the walk for a BBQ, leaflets and raffles, face painting & Market stalls in the Progress Hall + loads more fun!

Sunday 22nd September - from 10am  
Davistown Waterfront

**Register Today!**  
Family & Friends Welcome!

For more information:  
Margaret Sheridan - 0416 013 366  
[margaretsher@gmail.com](mailto:margaretsher@gmail.com)  
or  
Helen Quirk - 0412 347 310  
[helene76@live.com.au](mailto:helene76@live.com.au)

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## THE SNACK SHACK

The Snack Shack Hours are: **Morning** 9.00-9.20                      **Recess** 10.50-11.10                      **Lunch** 1.10-1.40

Preferred method of ordering is by using the FLEXISCHOOLS APP, **CUT OFF TIME 8.30AM.**

Although we are happy to provide IOU's for lunch when needed, please try and settle any outstanding accounts ASAP so we can continue to offer this service.

We still have quite a few empty spots on our volunteer roster for this term. As the year progresses we are getting busier and busier. If you have a couple of hours to help out on any of our shifts we would greatly appreciate it as we cannot provide our great range of homemade food options without you.

Until Friday 20 September we will be participating in the EAT FRESH & WIN promotion by FRESH KIDS & SYDNEY MARKETS. The kids have the chance to collect some smelly fruit flavoured stamps and also go into a draw for major prizes, please see the attached poster for details.

### **SNACK SHACK ROSTER**

Monday	02Sep	Karline Reynolds
Tuesday	03Sep	Carol Bradshaw
Wednesday	04Sep	Alexis Clarke
Thursday	05Sep	Fi Currie
Friday	06Sep	Katy Pustahya
Monday	09Sep	Michelle Tarawhiti
Tuesday	10Sep	<b>Volunteer Required</b>
Wednesday	11Sep	Jennifer Smith
Thursday	12Sep	Kate Orr
Friday	13Sep	Margaret Bull



**ALL VOLUNTEERS IN THE CANTEEN MUST PROVIDE THE SCHOOL OFFICE WITH A COMPLETED VOLUNTEERS DECLARATION AND THE 100 POINTS OF IDENTIFICATION BEFORE ASSISTING IN THE CANTEEN OR ANYWHERE ELSE WITHIN THE SCHOOL.**

Lyndsay Buening – Canteen Manager  
Sarah Randall – Canteen Supervisor

0412 784 884  
0423 113 401

Tue, Thur, Fri  
Mon & Wed





**Nipper registration  
2019/2020 season**

**Come and be part of Avoca Beach Nippers!**

Avoca Beach Surf Life Saving Club provides the opportunity for your child to build confidence in the surf while having loads of fun with their friends.

This season kids in our under 6, 7 and 8 age groups can try nippers for free when using their Active Kids Voucher! All other kids in our under 9 – 14 age groups will pay just \$75 when using their Active Kids Voucher

**SUPER VALUE!**

Registration includes:

- Sunday nipper sessions (approx. 16 in a season) with an Age Manager who will provide surf education, surf skills and plenty of fun
- Free nippers cap and long sleeve rash vest (6-7s only)
- Central Coast carnival entries x 4 (8-14s only)
- Weekly club training sessions (8-14s only)
- Access to club facilities, including hot showers and toilets
- 10% discount off food & drinks at club restaurant, Sunsets Bistro

Want to know more? Please come along and meet our committee at one of our two registration nights being held upstairs at the surf club on **Friday 16<sup>th</sup> August 5-8pm** and **Friday 30<sup>th</sup> August 5-8pm**, or send us an email at [avocanippersrego@email.com](mailto:avocanippersrego@email.com) and we'll be in touch. To find out more about the registration fees and process please visit the Avoca Nippers Rego 2019/20 Facebook page.

**IMPORTANT:**  
If you're using the Active Kid's Voucher, you can download it from here: <https://www.service.nsw.gov.au/transaction/another-active-kids-voucher>  
Please **print the voucher** and **bring it with you** to one of our club registration nights. Vouchers can only be used once and cannot be applied retrospectively.



**#getfruity  
GET FRUITY  
every day!**

add diced orange to fruit salad

add an extra zing to your smoothie

enjoy with avocado

add slices of orange to a green salad

great snack for lunchboxes

**Enjoy seasonal fruit every day.**  
For more inspiration visit [eatwelltas.org.au/get-fruity](http://eatwelltas.org.au/get-fruity)





# \$2 JAR STALL

**School Fair – Sunday 15th September 2019**

**Containers are available in your classroom now so be quick to collect, decorate and start filling jars for your class. The more jars you fill, the more GPK Pizza Party Points.**

- **Each jar will give your class 100 GPK Pizza party points**

## **FILLER IDEAS**

Stickers, marbles, small plastic toys, footy cards / Pokemon cards, balloons, hair clips, balls, soap, jewellery, pencils/crayons, cars, lollies, chocolates & treats. Be imaginative and fill your jars with the things that **you** would like. Once filled, **please return them to your classroom** and get yourself some more containers.

Good luck – remember the class with the most wins so get filling fast

We thank you for your help in raising money for our school!

Please note: NO glass jars are permitted. Use plastic only

Contact: Jody Tosh on 0432 393 444 [jody.mick@bigpond.com](mailto:jody.mick@bigpond.com)

The \$2 jar stall is being run by class 5/6J Mr Jarmaine

# SCHOOL HOLIDAY RIDING PROGRAM

1-4 OCTOBER & 7-11 OCTOBER

For Ages  
4 - 16  
Yrs Old



Learn to ride a horse or upskill your horse riding ability

Our program includes daily horse riding, workshops, outdoor games and activities, a daily swim and long lasting memories.

- \$145 per day
- 3 day package deals are available
- BYO horse or pony (limited spots)
- No previous horse riding experience needed
- Limited places

Enquire today [remond6@bigpond.com](mailto:remond6@bigpond.com) | 0427 189 567  
[theoutlookridingacademy.com.au](http://theoutlookridingacademy.com.au) | Gate 2, 256 Scenic Highway, Terrigal NSW 2260

## OFFICE OF SPORT



## Spring School Holiday Activities

Get the kids active for the winter school holidays with one of our exciting activities on the Central Coast!

Activity / Location	Dates	Time	Cost
Archery (indoor) – Gosford	30 September or 8 October	12pm – 2pm	\$20
Gymnastics (indoor – 2-day) - Tuggerah	1-2 October or 8-9 October	12pm – 2pm	\$30
Parkour (indoor) - Tuggerah	1 October or 8 October	2pm – 4pm	\$20
Sailing – (3-day) – Gosford	2, 3 & 4 October or 9, 10 & 11 October	9:30am – 3:30pm	\$195
Surfing – (3-day – Avoca Beach	2, 3 & 4 October or 9, 10 & 11 October	3pm – 4:30pm	\$95
Surfing – (3-day) – Umina Beach	2, 3 & 4 October or 9, 10 & 11 October	10am – 11:30am	\$95
Tennis (3-day) – Gosford	1, 2 & 3 October or 8, 9 & 10 October	9am – 3pm	\$140

### Book online or call the numbers below:

🏠 Central Coast Regional Office  
C/- Ourimbah Campus,  
Brush Road, Ourimbah 2258

🌐 [sport.nsw.gov.au/events](http://sport.nsw.gov.au/events) &  
then search by Central  
Coast Region

☎ 02 4348 6700 or 13 13 02





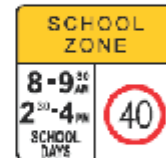
Safety learning program



## Traffic and Parking around your School

Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others. Please consider the residents when parking in streets surrounding your school.

- A **School Zone** is the area around a school with a speed limit of 40 km/h. Between the School Zone and End School Zone signs you must obey the school zone speed limit. The school zone speed limit only applies on gazetted school days and during the times shown on the sign.



- School Bus lights** – buses use signs and orange flashing 'wigwag' lights to warn motorists and pedestrians that they are picking up or setting down school children. The lights begin to flash when the bus stops and the doors are opened. They keep flashing for about 30 seconds after the doors close and continue even after the bus moves off. You must not drive past the bus in the same direction at more than 40 km/h while the 'wigwag' lights are flashing as there may be children crossing or about to cross the road.



- A **No Parking Zone** means that you must not stop for more than two minutes. You must remain in or within three metres of the vehicle. No Parking Zones are suitable for dropping off and picking up.



**THESE SIGNS MEAN YOU MAY STOP HERE TO DROP OFF / PICK UP**

**BUT YOU MUST**

- stop for up to 2 minutes only
- stay within 3 metres of vehicle

**Kids look to you to keep them safe - please park legally in school zones  
HEAVY FINES and DEMERIT POINTS APPLY**

- A **Bus Zone** means that the area is restricted for bus use only. If hours of operation are shown, the restriction only applies to this time. You may use this area outside of these times.



- A **No Stopping Zone** means no stopping at any time.

