

Newsletter

Avoca Beach Public School

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Monday 12th August, 2019

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

Week 4

Mon 12th

Tue 13th

Wed 14th

Thu 15th

Fri 16th

PSSA Football KO Round 6

Zone Public Speaking

Boys Softball KO Round 4

Assembly 12.15pm

Week 5

Mon 19th

Tue 20th

Wed 21st

Thu 22nd

Fri 23rd

Kindergarten 2020

Parent Information Night

Year 4 Morisset Camp

Assembly 12.30pm

Year 4 Camp Returns

Principal's Report

Dear Parents,

Week 3 was an extremely busy one but what a showcase of amazing student talent it was! Thank you so much for the support of our open day. I was overwhelmed with the number of parents, grandparents and relatives, who came along to participate. A true indication of the community spirit in Avoca Beach and the strong partnership in learning between our teachers and parents.

Stage 3 Musical

A huge congratulations to the talented Stage 3 students on their Musical production, Matilda. I was lucky enough to watch both performances on Tuesday and Thursday night. My daughters also came to watch the show and they all agreed that it was exceptional! Watch this space for our future singers, dancers and actors. I would also like to acknowledge the work of our Stage 3 teachers in putting this performance together. Mrs Davies, Mr Jarmaine, Mrs Alarca, Mrs Smith, Mrs Jarmaine and Mrs Faunce have put in so much extra time and effort to give the students this opportunity. Thank you for working so hard to present such a professional production.

Public Speaking

The talent rolled on this week, with students from Kindergarten, right through to Year 6, taking part in the public speaking finals. Mr Brent Walker, Principal of Kincumber High School joined me to judge some of these finals and we both agreed that the standard was extremely high. The students spoke with great expression, enthusiasm and confidence. We were also blown away at the creative topics that were presented. Congratulations to Archie, Harry, Silas, Grace, Seren, Arowen. These students will represent our school at the Zone public speaking finals this Thursday 15th August.

Wall of Fame

A variety of artworks were added to my wall of fame last week. Stella in 1G did an amazing peacock artwork, Valli in 5/6M put together a creative space artwork and Lachy in 1G has brightened up my office with his rainbow and butterfly art.

Congratulations also to Hamish in 2S who visited me on Thursday. Hamish is an amazing writer and shared the letter he wrote to a farmer from the farmyard animals. Super creative and outstanding use of language for a student in Year 2. WOW!

Kindergarten 2020

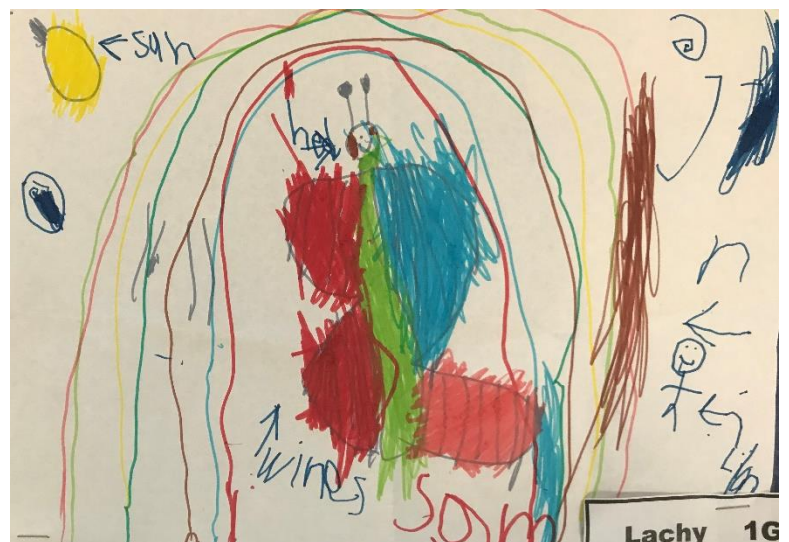
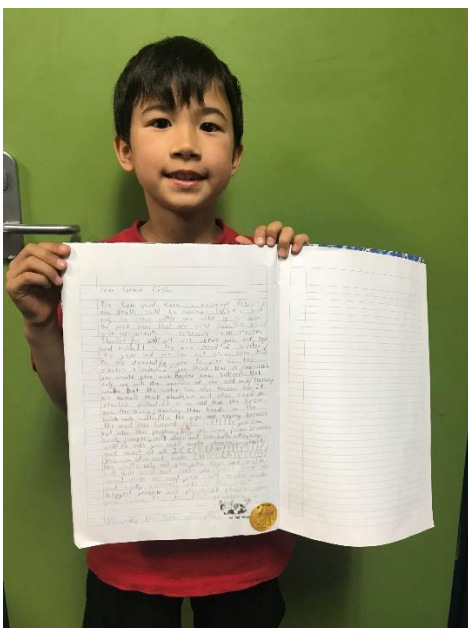
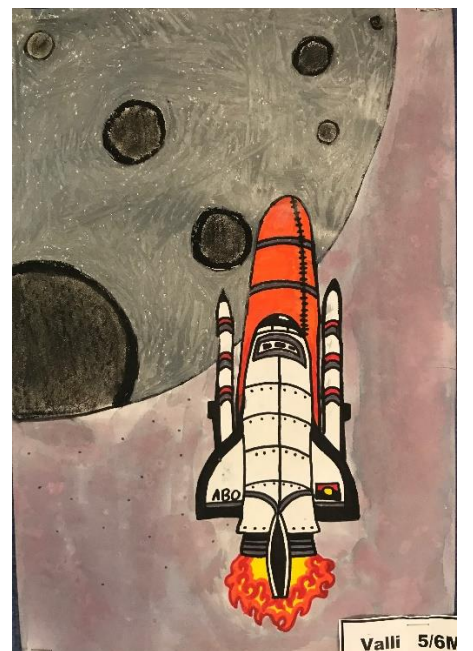
This term we need to know who will be enrolling for Kindergarten 2020. We have an information night on Monday 19th August and our official Kindergarten Headstart Program will begin in Term 4. If you know of any boy or girl who will be starting at Avoca Beach PS in 2020, please let them know to pop into the office as soon as possible, put their name down and collect an enrolment form.

Ben Thomas
Principal

Quote of the Week

“Education is the most powerful weapon you can use to change the world.” – Nelson Mandela

MR THOMAS' WALL OF FAME



EDUCATION WEEK OPEN DAY



EDUCATION WEEK OPEN DAY



Congratulations to the following students who received merit certificates at Friday’s assembly.

KM	Amalia Hodgson, Thomas Blair	3H	Wren Sbrocchi, Callum Krumm
KS	Ashley Schellekens, Mia Campbell	3/4V	Turner Helyard, Xavier Jamal
KT	Oren Barlow, Beau Banfield	4B	Seren McCann, Fergus Paterson
1C	Cody Gee, Brielle Hayes	4W	Phoebe O’Brien, Archie Huckstepp
1G	Sam Carlisle	5/6A	Hayley Bain, Riley Bowtell
1R	Indiana Reed, William Ceccato	5/6D	Aria McKay, Adelphi Preradovic-Buteux
2B	Dylan McMahon, Willow Andrews	5/6F	Sienna Smith, Arowen Smith
2D	Isla Davies, Jasmine Shaw	5/6J	Angus Haba, Elijah Jamal
2S	Teagan Campbell, Hamish Choba	5/6M	Seren George-Davidson, James Bowmaker
3A	Hickson Fisher, Sebastian Picone		
SUPER STELLARS	1R River Randall, Eda Portelli 2D Ruby Rangott 2S Cameron Lewis 3H Tilleah Bennett, Phoebe Waters 5/6F Harry Griffiths-Roberts 5/6J Zac McKay		



PUBLIC SPEAKING

Kindy Showcase – Louis Nyman, Amelia de Ruiter, Frankie Drinkwater, Myles McIlquham, Marie Hechter, Johnny Hurrell.



Stage 1 Finalists – Archie Dheer (1st), Luka Veljovic, Kurtis Judge, Indiah Shiers, Violette Wolters (HC), Max Rattray, Charlize Denham (HC), Harry Lowbridge (2nd), Isla Davies, Jasmine Shaw, Cameron Lewis, Zach Johnson



Stage 2 Finalists – Tilleah Bennett, Leon Haak, Grace Tague (2nd), Isabelle Ruzek, Bae Wolters, Claire Burchall, Seren McCann, Fergus Paterson, Silas Allen (1st), Tiki Wilcocks (HC).



Stage 3 Finalists – Hayley Bain, Isabella Every, Adelphi Preradovic-Buteux, Emily Burchall, Arowen Smith (2nd), Ethan Payne, Annie Lowbridge (HC), Seren George-Davidson (1st), James Bowmaker.

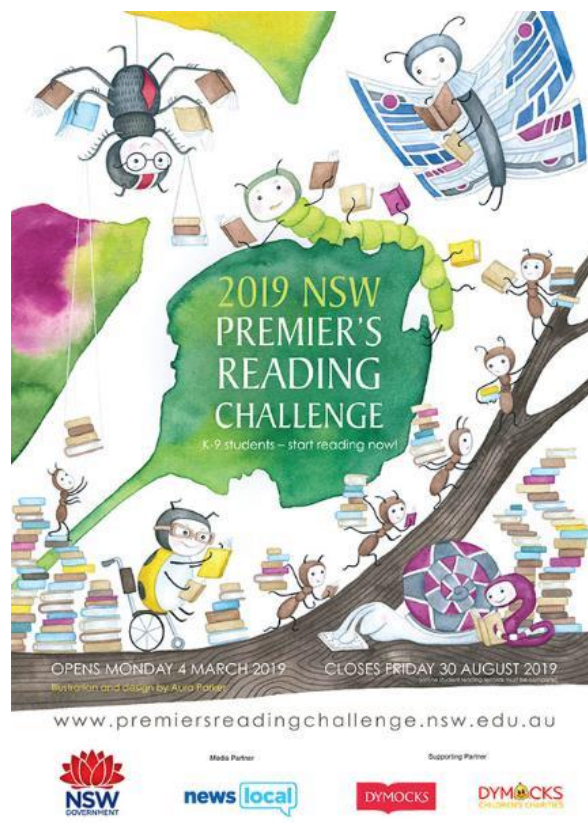


Congratulations to all students who participated and good luck to our finalists. The finals will be held at Holgate this Thursday 15th August.

PBL Week 4

This week our PBL focus has been on how to be respectful, responsible and perform our personal best when leaving school via Kiss and Drop.

Our school expectations require students to be respectful when leaving the school via Kiss and Drop by waiting for and following teacher instructions. Students are responsible by caring for peers, parents, siblings, pedestrians and teachers. Students have recognised the importance of doing their personal best by being alert and ready to go.



The Premier's Reading Challenge has now opened. Please refer to the attached flyer on the website via this link <https://avocabch-p.schools.nsw.gov.au/learning-at-our-school/library/premier-s-reading-challenge.html> for further information on how to help your child complete the challenge.

EXTENDED LEAVE from ATTENDANCE. If you are planning a family holiday during the school term, **for more than 5 days**, parents need to apply for an **'Application for Extended Leave'** from school. An 'Application for Extended Leave-Travel' can be collected from the office. Once completed please return to the Principal at least two weeks prior to the leave then an approved **'Certificate of Extended leave - Travel'** will be issued. The original certificate will be signed, copied for school records and returned to parents. You need to carry this certificate during your leave, as it must be produced when requested by police or other authorised attendance officers.

VOLUNTEERS AT OUR SCHOOL

Volunteers play an important role in the daily school routine. Please be aware that the Department of Education requires all volunteers to complete a Volunteer Declaration and provide Proof of Identity that meets the 100-point check. We are updating our records in accordance with these requirements, ask that anyone who is currently volunteering, or planning to do so in the future, complete the attached declaration, and return it to the office along with your 100 points as soon as possible. This not only applies to in-school volunteers but also anyone that at any stage may be transporting our students to offsite activities. For parents **transporting** students to offsite activities please be aware that we still require copies of both your current driver's licence and current vehicle registration. **This documentation must be provided prior to the activities** and is required **even if you are transporting your own child**. In accordance with department requirements, the transporting of students is not permitted until all documentation has been received.



FRENCH FOR KIDS CLUB AT AVOCA BEACH PS : Now taking enrolments for Term 3 2019 for French classes on TUESDAY 3.30pm - 4.30pm

Nathalie Roy on 0430 286 590 or email nathalie.roy@lcclubs.com.au to register your interest and for more info on cost and siblings discount. MERCI!

WE ACCEPT THE CREATIVE KIDS VOUCHER



SPANISH FOR KIDS CLUB AT AVOCA BEACH PS : Now taking enrolments for Term 3 2019 for Spanish classes on MONDAY 8.15am - 9.00am

Nathalie Roy on 0430 286 590 or email nathalie.roy@lcclubs.com.au to register your interest and for more info on cost and siblings discount. GRACIAS!

WE ACCEPT THE CREATIVE KIDS VOUCHER

MUSIC TUITION AT AVOCA BEACH - GUITAR (ACOUSTIC AND ELECTRIC), SINGING, ELECTRIC BASS, BANJO, MANDOLIN and UKELELE. All styles and all ages, beginners to advanced levels, very experienced professional teacher. Phone Chris on 0422 802 222

JINHWA TAEKWONDO. All ages martial arts training. Kincumber, Terrigal, Ettalong, Ourimbah, Tumbi Umbi and East Gosford. First 2 Lessons Free! Call 0435 552 203.

Avoca Beach Public School's newsletter contains paid advertisements which assist with the cost of publication. The publication of such advertisements does not imply endorsement of any product or service by the NSW Department of Education or Avoca Beach Public

THE SNACK SHACK

The Snack Shack Hours are: **Morning** 9.00-9.20 **Recess** 10.50-11.10 **Lunch** 1.10-1.40

Preferred method of ordering is by using the FLEXISCHOOLS APP, **CUT OFF TIME 8.30AM.**

Although we are happy to provide IOU's for lunch when needed, please try and settle any outstanding accounts ASAP so we can continue to offer this service.

We still have quite a few empty spots on our volunteer roster for this term. As the year progresses we are getting busier and busier. If you have a couple of hours to help out on any of our shifts we would greatly appreciate it as we cannot provide our great range of homemade food options without you.

From today until Friday 20 September we will be participating in the EAT FRESH & WIN promotion by FRESH KIDS & SYDNEY MARKETS. The kids have the chance to collect some smelly fruit flavoured stamps and also go into a draw for major prizes, please see the attached poster for details.

SNACK SHACK ROSTER

Monday	12Aug	VOLUNTEER REQUIRED
Tuesday	13Aug	Elize Mackie
Wednesday	14Aug	Janelle Sykes
Thursday	15Aug	Mark McVeigh
Friday	16Aug	Ali O'Brien

Monday	19Aug	VOLUNTEER REQUIRED
Tuesday	20Aug	VOLUNTEER REQUIRED
Wednesday	21Aug	Scott Carrabus, Carren O'Brien
Thursday	22Aug	Maureen Johnson
Friday	23Aug	Terri Stoyle



ALL VOLUNTEERS IN THE CANTEEN MUST PROVIDE THE SCHOOL OFFICE WITH A COMPLETED VOLUNTEERS DECLARATION AND THE 100 POINTS OF IDENTIFICATION BEFORE ASSISTING IN THE CANTEEN OR ANYWHERE ELSE WITHIN THE SCHOOL.

Lyndsay Buening – Canteen Manager
Sarah Randall – Canteen Supervisor

0412 784 884
0423 113 401

Tue, Thur, Fri
Mon & Wed

Tjudibaring Aboriginal Education Consultative Group (AECG)

We would like to welcome our Aboriginal & Torres Strait Islander students, their families, school staff and Aboriginal community members to join us for our yarn up.

We will enjoy a short and informative yarning with wonderful company. We hope you can join us and of course our little ones are always welcome.

Date: Wednesday 28th August 2019

Where: Kincumber Public School

Time: 5.00pm for our Aboriginal community

5.30pm for all other interested parties.

Light snacks & refreshments provided

ALL WELCOME!

Come and have a yarn

Kerry Turner



AVOCA BEACH slsc

Nipper registration
2019/2020 season



Come and be part of Avoca Beach Nippers!

Avoca Beach Surf Life Saving Club provides the opportunity for your child to build confidence in the surf while having loads of fun with their friends.

This season kids in our under 6, 7 and 8 age groups can try nippers for free when using their Active Kids Voucher! All other kids in our under 9 – 14 age groups will pay just \$75 when using their Active Kids Voucher.

SUPER VALUE!

Registration includes:

- Sunday nipper sessions (approx. 16 in a season) with an Age Manager who will provide surf education, surf skills and plenty of fun
- Free nippers cap and long sleeve rash vest (6-7s only)
- Central Coast carnival entries x 4 (8-14s only)
- Weekly club training sessions (8-14s only)
- Access to club facilities, including hot showers and toilets
- 10% discount off food & drinks at club restaurant, Sunsets Bistro

Want to know more? Please come along and meet our committee at one of our two registration nights being held upstairs at the surf club on Friday 16th August 5-8pm and Friday 30th August 5-8pm, or send us an email at avocanippersrego@email.com and we'll be in touch. To find out more about the registration fees and process please visit the Avoca Nippers Rego 2019/20 Facebook page.

IMPORTANT:

If you're using the Active Kid's Voucher, you can download it from here:

<https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher>

Please print the voucher and bring it with you to one of our club registration nights. Vouchers can only be used once and cannot be applied retrospectively.

Small changes,
big differences.



FREE Triple P Primary School Age Group Program

facilitated by **Central Coast Family Support Services Inc**

Come along and learn from the program and each other

Be the Best Parent You can be....

With Triple P – Positive Parenting Program

Triple P is a parenting program for all families that provides practical answers to everyday concerns.

Families NSW is offering Triple P to all families with children aged 2-12 years.

Venue: Avoca Beach Public School,

91A The Round Drive, Avoca Beach

When: 4 Friday sessions in Term 3, 2019;

6th, 13th, 20th and

27th September 2019

Time: 9:30am – 11:30am



THIS GROUP IS OPEN TO PARENTS OF THE SCHOOL ONLY

Bookings Essential!

To register for this group, please call 4340 1585 or email ccfss@ccfss.com.au



www.triplep.net

'We were thrilled to be a part of this program. Gayle, (our facilitator) has taught us to change our language and use effective tools for stressful situations...Please can we have more of these classes?' written by two keen and enthusiastic ABPS parents who participated in the Term 2 Positive Parenting Program.

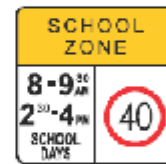
Safety learning program



Traffic and Parking around your School

Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others. Please consider the residents when parking in streets surrounding your school.

- A **School Zone** is the area around a school with a speed limit of 40 km/h. Between the School Zone and End School Zone signs you must obey the school zone speed limit. The school zone speed limit only applies on gazetted school days and during the times shown on the sign.



- School Bus lights** – buses use signs and orange flashing ‘wigwag’ lights to warn motorists and pedestrians that they are picking up or setting down school children. The lights begin to flash when the bus stops and the doors are opened. They keep flashing for about 30 seconds after the doors close and continue even after the bus moves off. You must not drive past the bus in the same direction at more than 40 km/h while the ‘wigwag’ lights are flashing as there may be children crossing or about to cross the road.



- A **No Parking Zone** means that you must not stop for more than two minutes. You must remain in or within three metres of the vehicle. No Parking Zones are suitable for dropping off and picking up.



THESE SIGNS MEAN YOU MAY STOP HERE TO DROP OFF / PICK UP

- BUT YOU MUST**
- stop for up to 2 minutes only
 - stay within 3 metres of vehicle

**Kids look to you to keep them safe - please park legally in school zones
HEAVY FINES and DEMERIT POINTS APPLY**

- A **Bus Zone** means that the area is restricted for bus use only. If hours of operation are shown, the restriction only applies to this time. You may use this area outside of these times.



- A **No Stopping Zone** means no stopping at any time.





 **Cancer Council**
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to get new recipes.

To keep you and your kids from getting bored with the same lunch box we have updated our [website](#) with new recipes.



- [Veggie pasta soup](#)
- [Yoghurt rice pudding](#)
- [No bake cookies](#)
- [Nicoise salad](#)
- [Turkey, apple & avocado crepe](#)
- [Vegetable pasta bake](#)
- [Vegetable dumplings](#)
- [Mexican baked sweet potato](#)

For more recipes and ideas visit healthylunchbox.com.au

healthylunchbox.com.au