

# Newsletter

## Avoca Beach Public School

The Round Drive

Avoca Beach NSW 2251

T: 4382 1416 F: 4381 1431

E: [avocabch-p.school@det.nsw.edu.au](mailto:avocabch-p.school@det.nsw.edu.au)

W: [www.avocabch-p.schools.nsw.edu.au](http://www.avocabch-p.schools.nsw.edu.au)



Tuesday 12th June, 2019

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.  
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

### Week 7

Mon 10 <sup>th</sup>	Public Holiday
Tue 11 <sup>th</sup>	P&C Meeting 7pm
Wed 12 <sup>th</sup>	
Thu 13 <sup>th</sup>	
Fri 14 <sup>th</sup>	Triple P Program 9.30 – 11.30am Last day

### Week 8

Mon 17 <sup>th</sup>	
Tue 18 <sup>th</sup>	Oz Harvest Stage 2 Incursion
Wed 19 <sup>th</sup>	KHS Interest Day Yrs 5 & 6
Thu 20 <sup>th</sup>	
Fri 21 <sup>st</sup>	Sydney Nth Cross Country

### Principal's Report

Last week 135 of our Stage 3 students, along with five staff members, travelled to Bathurst for a three day excursion. The students experienced a number of different attractions along with temperatures as low as -2degrees on Thursday morning. Overall the students were very well behaved and we received a lot of positive comments on their behaviour from members of the community.

A big thank you to Mrs Davies for her organisation of the excursion and to Mr & Mrs Jarman and Mrs Faunce along with Mrs Davies for giving up time with their families to supervise the excursion.

The June meeting of the P&C will be held tonight. The meeting will be held at 7.00pm in the staffroom. All parents and community members are invited to attend.

Congratulations to both of our stage 3 dance groups who have been selected to participate in the Central Coast Dance Festival. Mrs Smith & Mrs Faunce's group will perform on Wednesday 26<sup>th</sup> June whilst Mrs Jarman's group will perform on Thursday 27<sup>th</sup> June. The Festival will be held at Laycock Street Theatre.

Last week our two debating teams and our chess team were involved in the next two rounds of their respective interschool competitions. Reports on their progress are included on the following page. Well done to the students involved who were all great ambassadors for our school. Thank you to Mrs Fyffe for her organisation of these teams.

Ross Hallaways  
Principal

**Congratulations to the following students who received merit certificates at last Friday's assembly.**

<b>KM</b>	Lydia Rodrigues, Will Stewart	<b>3H</b>	Olivia Sumowski, Cameron Dalton
<b>KS</b>	Elijah Hanson, Mia Choba	<b>3/4V</b>	Brody Frew, Hannah Abra
<b>KT</b>	Phoebe McKinnon, Louis Nyman	<b>4B</b>	Isla O'Cass, Archie Oldfield
<b>1C</b>	Ari Pulley, Macy Lester	<b>4W</b>	Monty Lowbridge, Silas Allen
<b>1G</b>	Indiah Shiers, Penny Ryan	<b>5/6A</b>	
<b>1R</b>	Archie Dheer, Ollie Hill	<b>5/6D</b>	
<b>2B</b>	Kai Berthot-Craig, Jack Verhagen	<b>5/6F</b>	
<b>2D</b>	Soraya Mathieson, Cooper Probst	<b>5/6J</b>	
<b>2S</b>	Myles Whiting, Alexander Hall	<b>5/6M</b>	
<b>3A</b>	Brianna Haydon, Eli Boys-Smith		

### **Debating News**

I am very pleased to report on a very successful round 2 of the Premiers Debating Challenge against Copacabana Public School and Brisbania Public School. The topic for the first debate was 'that we should ban all ads for unhealthy things'. Our B Team (Eleanor, Arowen, Seren & Adelphi) argued the affirmative and won. The topic for the second debate was 'that primary schools should spend one afternoon a week teaching internet skills'. Our A team (Annie, Valli, Bethan & Sam) argued for the Negative and won. These Stage 3 students have demonstrated outstanding commitment, training once a week before school since Term 1. They've worked extremely hard and their ability to think logically and articulate arguments on the spot has improved remarkably. Congratulations to all involved in ABPS debating, including our reliable reserves, chairperson and timekeepers, Duke, Poppy & Helena. I wish them the best of luck in their upcoming debates.



### **Chess News**

Congratulations to our Chess team on playing their second away game in the NSW Chess League. Jaeyh, Ben, Von & Duke enjoyed a game of chess against the team from the Adventist School and came away with 2 wins and 2 losses. Our next game is against Copacabana Public School. If your child is in Years 3-6 and is interested in playing Chess, they can come to the Library Friday lunchtimes to play a game under the supervision of Ms Fyffe. Parent/community volunteer coaches are also very welcome (Ms Fyffe doesn't know how to play chess!).

**PBL WEEK 7 Technology and Borrowing Resources**

This week our PBL focus has been on how to be respectful, responsible and perform our personal best when using technology and borrowing resources. Students have recognised the importance of caring for equipment and returning them safely after using them.

Our school expectations require students to be responsible by asking to borrow any school items and sharing resources within the classroom. Students are demonstrating their personal best by following teacher instructions.

**Borrowing resources**

RESPECTFUL: Use and return

RESPONSIBLE: Ask permission

PERSONAL BEST: Share

EVERYBODY EVERYWHERE EVERYTIME

**Use of technology**

RESPECTFUL: Eyes on speaker

RESPONSIBLE: Care for equipment

PERSONAL BEST: Follow instructions

EVERYBODY EVERYWHERE EVERYTIME

**5 Lands Walk**  
CENTRAL COAST • NEW SOUTH WALES

Join us in a weekend of celebration across the 5 Lands of the Central Coast

Easily hop on and off the **FREE shuttle buses**  
See back page for timetable

**MAIN EVENT**  
SATURDAY 22 JUNE '19

**THE AWAKENING**  
SATURDAY 15 JUNE '19  
Kincumba Mountain • 6am  
Gather around the fire at first light of the Morning Star and bless the 5 Lands Walk.  
*Just as a candle cannot burn without fire, man cannot live without a spiritual life*  
- Buddha

**THE OPENING**  
FRIDAY 21 JUNE '19  
Hunter Park, Avoca Beach • 5.30pm  
The **OPENING** Ceremony will showcase the magnificent landscape and musical talent of our region as it heralds in the arrival of *The Guardian of the Message Stick*. Featuring:  
• 60 piece choir  
• 10 piece music ensemble  
• 5 multi-cultural communities and dancers

MACMASTERS BEACH Infusing Aboriginal and Scottish cultures  
COPACABANA Girrakool Blues Festival Band competition  
AVOCA BEACH Latino style and art exhibitions  
NORTH AVOCA Celebrate life with Australia's First Nation peoples  
TERRIGAL Local songwriters and performing artists

Register online and be in the draw to WIN a long weekend for two at Star of the Sea Apartments. Conditions apply.  
[www.5landswalk.com.au](http://www.5landswalk.com.au)



Hi Everyone

### Ready, set, go!

We're excited to say that Woolworths Earn & Learn has launched this week, and thousands of Schools and Early Learning Centres have started collecting stickers.

The program will run from 1<sup>st</sup> May 2019 to 25<sup>th</sup> June 2019.

The students will receive a sticker sheet to place stickers onto at school and completed sheets will be placed in collection boxes also located at school. You can find a collection box in the office for your convenience. We will not have a collection box at Woolworths stores this year.

Let's stick together with Earn and Learn!

Thank you for your support in collecting stickers for our school

Mrs Boarer  
Earn and Learn Co-ordinator.

**Coastal CHARITY WALK**

**COASTAL CHARITY WALK**

**TERRIGAL TO SOLDIERS BEACH**  
**SUNDAY 30 JUNE 2019**

Terrigal to Shelly Beach - 10.5kms - \$35  
Terrigal to Soldiers Beach - 24kms - \$65

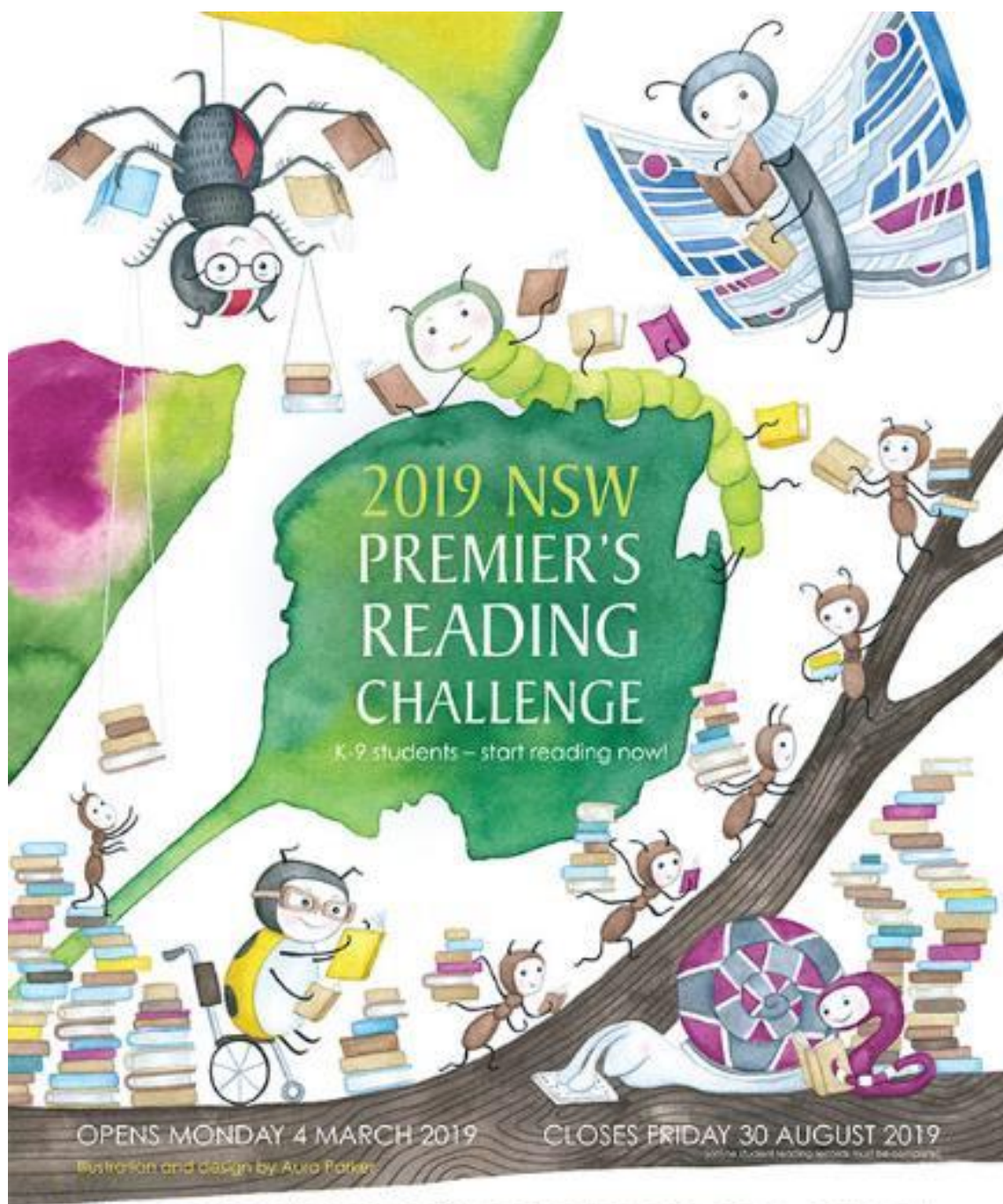
**REGISTER NOW**  
\*be one of the first 500 to register and receive a FREE Coastal Charity Walk cap!

**TO REGISTER**  
visit [www.coastalcharitywalk.com.au](http://www.coastalcharitywalk.com.au)

Your support keeps us flying as a free service 24-7

CENTRAL | REAL   CRIGHTONS   Budget   IMPRESSIVE   STAR 104.5

1800 155 155 | [www.rescuehelicopter.com.au](http://www.rescuehelicopter.com.au)



[www.premiersreadingchallenge.nsw.edu.au](http://www.premiersreadingchallenge.nsw.edu.au)



Media Partner



Supporting Partner



The Premier's Reading Challenge has now opened. Please refer to the attached flyer on the website via this link <https://avocabch-p.schools.nsw.gov.au/learning-at-our-school/library/premier-s-reading-challenge.html> for further information on how to help your child complete the challenge.

**EXTENDED LEAVE from ATTENDANCE.** If you are planning a family holiday during the school term, **for more than 5 days**, parents need to apply for an 'Application for Extended Leave' from school. An 'Application for Extended Leave-Travel' can be collected from the office. Once completed please return to the Principal at least two weeks prior to the leave then an approved 'Certificate of Extended leave - Travel' will be issued. The original certificate will be signed, copied for school records and returned to parents. You need to carry this certificate during your leave, as it must be produced when requested by police or other authorised attendance officers.

### **VOLUNTEERS AT OUR SCHOOL**

Volunteers play an important role in the daily school routine. Please be aware that the Department of Education requires all volunteers to complete a Volunteer Declaration and provide Proof of Identity that meets the 100-point check. We are updating our records in accordance with these requirements, ask that anyone who is currently volunteering, or planning to do so in the future, complete the attached declaration, and return it to the office along with your 100 points as soon as possible. This not only applies to in-school volunteers but also anyone that at any stage may be transporting our students to offsite activities.

For parents **transporting** students to offsite activities please be aware that we still require copies of both your current driver's licence and current vehicle registration. **This documentation must be provided prior to the activities** and is required **even if you are transporting your own child**. In accordance with department requirements, the transporting of students is not permitted until all documentation has been received.

 **Cancer Council**  
Healthy Lunch Box

Nutrition Snippet

## The simplest way

... to make baked vegie chips

Serves: 4 | Prep time: 15 min | Cooking time: 20 min

**Ingredients**  
1 sweet potato, peeled  
2 carrots, peeled  
2 parsnips, peeled  
1 large beetroot, peeled  
Sprigs of fresh rosemary or thyme  
Olive oil spray  
Sea salt



**Method**  
Pre-heat oven to 190°C. Slice all the vegies into thin rounds. Spread them out on paper towels and blot dry, ensure they're as dry as possible.

Line a baking tray with foil and lightly spray with olive oil. Spread the vegies and herbs on the tray and spray them with olive oil and add a dash of salt. Bake for approx. 20 minutes, checking every 5 mins. to ensure they're not burning. Remove any that are brown and crispy before the others.

For more recipes, tips and ideas visit our [website](http://healthylunchbox.com.au).

[healthylunchbox.com.au](http://healthylunchbox.com.au)

**MUSIC TUITION AT AVOCA BEACH** - GUITAR (ACOUSTIC AND ELECTRIC), SINGING, ELECTRIC BASS, BANJO, MANDOLIN and UKELELE. All styles and all ages, beginners to advanced levels, very experienced professional teacher. Phone Chris on 0422 802 222



**FRENCH FOR KIDS CLUB AT AVOCA BEACH PS** : Now taking enrolments for Term 2 2019 for French classes on TUESDAY 3.30pm - 4.30pm

**Nathalie Roy on 0430 286 590** or email [nathalie.roy@lcclubs.com.au](mailto:nathalie.roy@lcclubs.com.au) to register your interest and for more info on cost and siblings discount. MERCI!



**SPANISH FOR KIDS CLUB AT AVOCA BEACH PS** : Now taking enrolments for Term 2 2019 for French classes on Monday 8.15am - 9.00am

**Nathalie Roy on 0430 286 590** or email [nathalie.roy@lcclubs.com.au](mailto:nathalie.roy@lcclubs.com.au) to register your interest and for more info on cost and siblings discount. GRACIAS!

**HIGHLAND DANCING LESSONS** – Tue & Thur 3.45pm-4.30pm at 33 Laird Dr, Avoca. Teacher Maureen Fyffe has 40yrs experience teaching/coaching highland dance. She has coached 11 Australian champions. Examinations and competition training available. Contact Maureen 0400 221 038.

**benefits of HIGHLAND DANCE**

- I STRENGTHEN MY CONCENTRATION SKILLS
- I TRAIN MY MUSICAL EAR AND ABILITY TO REMEMBER
- MY PERSEVERANCE AND IMPROVISATION SKILLS EVOLVE
- I BUILD MY CONFIDENCE
- I LEARN TO SEE DETAILS
- I BECOME STRONGER AND MORE FLEXIBLE
- LAST BUT NOT LEAST, I HAVE FUN!
- I DEVELOP MY SOCIAL AND CREATIVE SKILLS
- I LEARN THE BENEFITS OF HARD WORK AND SETTING GOALS

*Avoca Beach Public School's newsletter contains paid advertisements which assist with the cost of publication. The publication of such advertisements does not imply endorsement of any product or service by the NSW Department of Education or Avoca Beach Public*

## THE SNACK SHACK

The Snack Shack Hours are: **Morning** 9.00-9.20                      **Recess** 10.50-11.10                      **Lunch** 1.10-1.40

Preferred method of ordering is by using the FLEXISCHOOLS APP, **CUT OFF TIME 8.30AM.**

Although we are happy to provide IOU's for lunch when needed, please try and settle any outstanding accounts ASAP so we can continue to offer this service.

We have some winter favourites going back on the menu and will be trialling Jacket Potatoes with various fillings. Please check out the new items available on Flexi schools.

**ALL VOLUNTEERS IN THE CANTEEN MUST PROVIDE THE SCHOOL OFFICE WITH A COMPLETED VOLUNTEERS DECLARATION AND THE 100 POINTS OF IDENTIFICATION BEFORE ASSISTING IN THE CANTEEN OR ANYWHERE ELSE WITHIN THE SCHOOL.**

### **Snack Shack Roster for:**

Tue 11 <sup>th</sup>	<b>VOLUNTEER REQUIRED</b>
Wed 12 <sup>th</sup>	Tania Preradovic-Buteux
Thu 13 <sup>th</sup>	Michelle Tarawithi, <b>VOLUNTEER REQUIRED</b>
Fri 14 <sup>th</sup>	Ali O'Brien, Kian Randall, Mark McVeigh
Mon 17 <sup>th</sup>	Holly Carrabus
Tue 18 <sup>th</sup>	<b>VOLUNTEER REQUIRED</b>
Wed 19 <sup>th</sup>	Jacqueline Birchall, Janelle Sykes
Thu 20 <sup>th</sup>	Fi Currie, <b>VOLUNTEER REQUIRED</b>
Fri 21 <sup>st</sup>	Jo Hurrell, <b>VOLUNTEER REQUIRED</b>

Lyndsay Buening – Canteen Manager	0412 784 884	Tue, Thur, Fri
Sarah Randall – Canteen Supervisor	0423 113 401	Mon & Wed





## INFORMATION FOR PARENTS AND COMMUNITY MEMBERS

### *Are you a parent or Community member visiting a school; or interested in becoming a school volunteer?*

Our schools value strong partnerships with our parents and community members. Visits to our schools and volunteering puts you in the valuable position of positively contributing to the outcomes of our next generations.

Did you know that there are now requirements for all school visitors and volunteers? They are as listed below:

#### **1. Parents and close relatives visiting at the school**

This includes sibling, step-sibling, parent, step-parent, grandparent, step-grandparent, aunt, uncle, niece or nephew of the person. In the case of an Aboriginal person or a Torres Strait Islander, a person who is part of the extended family or kin of the person according to the kinship of the system of the person's culture.

- 100 points of ID
- Appendix 5 declaration

*Note: This information only needs to be provided once and is valid for the duration of the enrolment of your child.*

#### **2. Any adult 'volunteer' who does not have a child at the school who will have direct contact (face to face) with children, or parents attending school excursions or overnight camps**

This includes supporting school programs and mentoring programs or providing personal care for a child with additional needs:

- Volunteer Working with Children Check (WWCC) – no fee applies
- 100 points of ID
- Appendix 11 declaration

*Note: This information is required to be provided every 12 months.*

*All forms and ID Documents are kept in a secure location at the school for 7 years and can only be accessed by authorised personnel.*

Please contact your local AECG or your school Aboriginal Education contact for more information.  
Lesley Armstrong, President Central Coast Regional Aboriginal Education Consultative Group is also available on telephone number 4392 7202 to discuss any matters relating to this.

## Safety learning program



## Parking Restrictions Outside Schools

### KIDS LOOK TO US TO KEEP THEM SAFE - PARK LEGALLY IN SCHOOL ZONES

Central Coast Council would like to remind parents of parking restrictions outside your school. Please pay close attention to the signs outside your child's primary school and watch your speed when travelling through all school zones.

#### NO STOPPING zone

Stopping is NOT permitted at any time.

#### BUS ZONE

Stopping is not permitted during the times shown on the sign.



#### DOUBLE PARKING

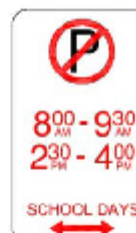
You are not permitted to stop OR park alongside another vehicle already parked parallel to the kerb. This means do not form a queue in the middle of the lane if you are waiting.

Move on, do a loop and come back.

#### NO PARKING zone

Drivers may drop off and pick up children during the times shown on the sign BUT note:

- Maximum stopping time is 2 MINUTES – your child must exit and enter the car within this time.
- Driver must remain within 3 METRES of the vehicle – you may get out to help with bags etc.
- Stop as close as possible to the top of the zone to allow access for vehicles following behind.



Stopping ON or ACROSS a driveway or other access point to and from a property is not permitted under any circumstance.

You must always consider the school's neighbours by leaving space at their driveways to allow safe exit and entry to the roadway.

Travelling more than 40 km/hour through school zones may inhibit a car from stopping in time to avoid hitting a pedestrian. Parking illegally also creates serious risks as it limits the vision of other drivers.

It only takes a split second for an accident to occur and only one car to present a danger to an unknowing child.

**Please be aware of the restrictions and park safely outside your child's school.**

For more information regarding parking restriction around your school please contact Council's Road Safety Officers via email at: [roadsafety@centralcoast.nsw.gov.au](mailto:roadsafety@centralcoast.nsw.gov.au)



## Safety learning program

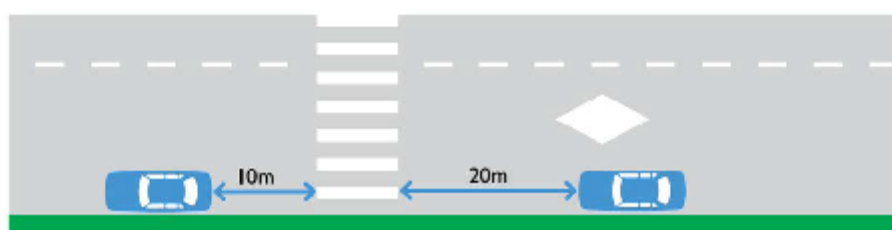


## School Traffic and Parking Around Your Local Community

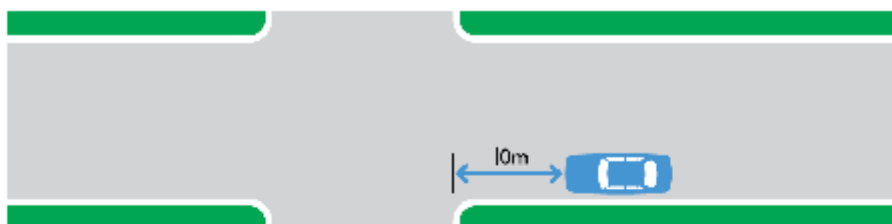
Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others. Please consider the residents when parking in streets surrounding your school.

You must not stop your vehicle (that is, bring it to a stop and either stay with the vehicle or leave it parked) in the following circumstances:

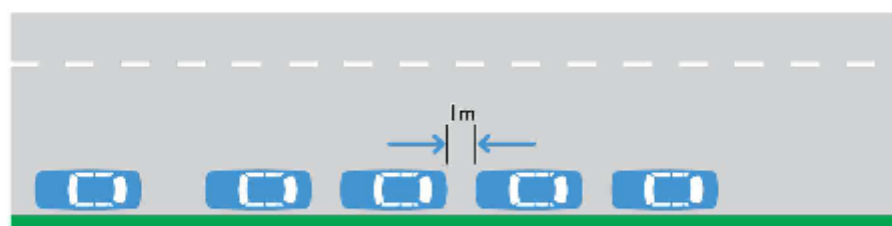
- ❑ Double parked (that is in the road alongside a car that is parked)
- ❑ Across a driveway or footpath
- ❑ On a median strip or traffic island
- ❑ On footpaths and nature strips
- ❑ On or within 20 metres before and 10 metres after a children's crossing or pedestrian crossing



- ❑ Within an intersection
- ❑ Within 10 metres of an intersecting road at an intersection without traffic lights unless signposted otherwise



- ❑ In Bus Stop, Bus Zone, Taxi Stand or Taxi Zone signed areas
- ❑ At least one (1) metre from any other parked vehicle, close as possible and parallel to the kerb, and facing the same direction as the traffic lane



- ❑ Within three (3) metres of any double centre lines
- ❑ Within 20 metres before and 10 metres after a bus stop

Adherence to signposting, linemarking and road rules around your school will assist in providing a safe environment for the school community and residents.