

Newsletter

Avoca Beach Public School

The Round Drive

Avoca Beach NSW 2251

T: 4382 1416 F: 4381 1431

E: avocabch-p.school@det.nsw.edu.au

W: www.avocabch-p.schools.nsw.edu.au



Monday 20th August, 2018

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

Week 5

Mon 20th Book Week
Tue 21st Year 2 Rumbalara Excursion
Wed 22nd PSSA Football KO Round 6
Thu 23rd Year 4 Morisset Overnight Camp
Fri 24th Book Parade - school hall 10.10am

Week 6

Mon 27th SCC PSSA Zone Athletics
Tue 28th Science Show Stage 1
Wed 29th
Thu 30th
Fri 31st

Principal's Report

Our annual P&C Fair held yesterday was a great success. We were fortunate to have fine weather and a large number of people attended during the day. I would like to acknowledge the work of the fair committee for the huge amount of time and effort they put into the organisation of the day. In particular I would like to thank the Fair Coordinator Fi Currie, who again did a brilliant job in coordinating all aspects of the Fair. Her tireless hard work ensured the success of the day. To all other parents, community members and teachers who assisted both in the lead up to the Fair and on the day thank you.

The majority of the funds raised this year have been committed by the P&C to purchase a portable building which will be used by the students for special programs during school hours and will be available to the P&C and community groups at other times.

I will be going on leave from this Wednesday until the end of term 3. During my absence Mrs Baldwin will be Relieving Principal and Mrs Davies will be Relieving Deputy Principal.

Tomorrow our Year 2 students travel to the Rumbalara Field Studies Centre for an excursion to support the unit of work they are covering this term Minibeasts.

I am sure they will be great ambassadors for our school.

This week is Book Week in schools across NSW. We will be celebrating the week by having a visit from Sara Acton. She will talk to Yr 3-6 students on Tuesday at 10.00am and to our K-2 students on Thursday morning. Thank you to Mrs Fyffe for organising the visit. On Friday we are holding a Book Character Parade starting at 10.00am.

Last Thursday our six stage Public Speaking winners travelled to Gosford PS to participate in the Zone Public Speaking Competition. They were all great representatives for our school. Congratulations to Zoe Naylor who was selected as one of the two Stage 3 students to progress through to the Central Coast Finals to be held at Warnervale PS this Thursday. Well done to all our representatives.

Last week our talented Girls Football and Basketball teams played in the fifth rounds of their respective NSW PSSA Knockouts. Both teams were successful after very close games against Berkely Vale PS and Lane Cove PS. They now move onto the 6th round where the Football team plays Terrigal PS this Wednesday. The date for the round 6 Basketball game against Erina Heights PS is yet to be confirmed. Well done and good luck girls in the next round.

On Wednesday we had 30 of our Stage 3 students participate in the Central Coast PSSA Soccer 5's Championships. All four teams competed very well. Our girls A team were undefeated in their five games to take out the Mariner's Cup for large schools whilst the boys A team won 3 out of 5 games to finish 3rd. Both of our B teams also played very well. Thank you to Mr Wright for his coordination of these teams and to the parents who assisted with transport and supported the teams during the day.

We have received the results of the University of NSW Spelling Competition. Congratulations to the following students who received special certificates.

High Distinction – Top 1%

Lachlan Harris Yr 3

Distinction – Top 10%

Kai Gee Yr 4

Credits – Next 20%

Tiki Willcocks, Ethan Payne, Noah Turner, Hayley Bain, Cooper Johnson,
Pearl McQueen and Zoe Naylor.

Next Monday 63 of our students will be representing our school at the Sth Central Coast Zone PSSA Athletics Championships. The Championships will be held at the Mingara Athletics Field. Good luck to our team.

Unfortunately we are having an increasing number of students arriving late for school. Not only does this create a lot of work for our office staff but it also means that the students are missing the start of the days lessons. It is important that students are here between 9.00am and 9.15am ready to go to class on time. I thank all families in anticipation of their support.

Ross Hallaways

Principal

The Tell Them From Me student survey (Term 3, 2018)

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

You may remember that our students also participated in a *Tell Them From Me* student survey in Term 1 this year. Asking students to complete the survey twice in one year allows us to identify trends in student responses as well as track engagement and motivation across the school year.

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. More than 6,300 schools in Australia and around the world have used *Tell Them From Me* to survey 5.4 million students. Capturing the voices of our students will help improve how we do things at our school. More information about the survey is available at:

<http://surveys.cese.nsw.gov.au>

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 27 August and 26 October. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students. If you **do not** want your child or children to participate, please return the form to school by **Friday 24th**

August. Copies of the form and FAQs are available from:

<http://surveys.cese.nsw.gov.au/information-for-parents>.

Congratulations to the following students who received merit certificates at last Friday's assembly.

KB	Carter Rodgers, Cody Gee	3S	Levi Flett, Ethan Craig
KM	Matilda Coleman, Anders Toft	4H	Rafa Norris, Iggy Senior
KT	Stella Webster, Jacob Cohen	4B	Abbey Tosh, Sebastian Abbott
K/1S	Jarvis Irving, Jax Burke	4/5V	Lachlan O'Brien, Jack Lafferty
1B	Ava Knight, Lily Parker	5/6A	Cooper Johnson, Zachariah Jamal
1C	Dylan McMahon, Jasmine Shaw	5/6D	Lillie Collins, Raffy Nassis
1F	Zoe Shaw, Macy Norris	5/6J	Johnnie Mitchell, Lucy Tamblyn
2D	Remy Nyman, Sebastian Picone	5/6R	Jonah Beath, Ben Dixon
2M	Elliana Shiers, Austyn Mackie	5/6W	Riley Bowtell, Ella Clark
2W	Claire Burchall, Olivia Sumowski		
3A	Khloe Richmond, Shelley Carmichael	MUSIC	Hudson Smith
3D	Bryn Jones, Silas Allen		

SUPER STELLAR	KM Poppie Graham, 2D Mia Jamal, 3D Seren McCann, 4B Sian Beynon, 5/6J Charlie Lawson
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K-2 Musical: Lights, Camera, Action!

Tickets for our K-2 musical will be on sale from tomorrow, Tuesday 14th August. All tickets are \$5. Please follow the link below to book your seats. Tickets will sell out quickly.

The Year 2 students who have been practising with Ms Spencer are performing the following times:

Monday Matinee	Tuesday Night	Wednesday Matinee	Thursday Night
Jasmine	Jasmine	Austyn	Austyn
Ollie	Ollie	Eliana	Eliana
Ava	Ava	Gemma	Gemma
Carla	Carla	Mia	Mia
Jett	Jett	Elijah	Elijah

<https://www.trybooking.com/XLGQ>

<https://www.trybooking.com/411856>

PBL Focus - Canteen

This week our PBL focus has been on how to be respectful, responsible and perform our personal best when using the canteen. Students have recognised the importance of lining up in two lines against the wall, listening and following instructions and returning promptly to their designated eating area. Our school expectations require students to be responsible by waiting patiently for their turn. Students are demonstrating their personal best by being polite and using their manners.



VOLUNTEERS AT OUR SCHOOL

Volunteers play an important role in the daily school routine. Please be aware that the Department of Education requires all volunteers to complete a Volunteer Declaration and provide Proof of Identity that meets the 100-point check. We are updating our records in accordance with these requirements and ask that anyone who is currently volunteering, or planning on doing so in the future, complete the attached declaration and return it to the office along with your 100 points as soon as possible. This not only applies to in-school volunteers but also anyone that at any stage may be transporting our students to off site activities.

For parents **transporting** students to off site activities please be aware that we still require copies of both your current driver's licence and current vehicle registration. **This documentation must be provided prior to the activities** and is required **even if you are transporting your own child**. In accordance with department requirements the transporting of students is not permitted until all documentation has been received.

EXTENDED LEAVE from ATTENDANCE. If you are planning a family holiday during the school term, **for more than 5 days**, parents need to apply for an '**Application for Extended Leave**' from school. An 'Application for Extended Leave-Travel' can be collected from the office. Once completed please return to the Principal at least two weeks prior to the leave then an approved '**Certificate of Extended leave - Travel**' will be issued. The original certificate will be signed, copied for school records and returned to parents. This needs to be carried during leave as it must be produced when requested by police or other authorised attendance officers.

Winter Uniform -Grey trousers: during the winter terms **boys and girls** can wear grey trousers. They are not available from Uniform shop or on flexi schools.

Black track suit pants: they can be worn on **sport** days – please note: not leggings or dance pants.

The Uniform Shop currently has black track pants in stock for \$5 each as well as girls grey tights age 8-10 \$2.00 a pair.

UNIFORM SHOP:

The uniform shop will be open on **THURSDAY ONLY 3pm-4pm**. All flexi orders placed will be sent home on Thursday or Friday. Please note that hats are available every day in the Canteen. Orders can be made online www.flexischools.com.au. At the end of term 3 and beginning of term 4 we will be open 2 days again, (for the change to Summer Uniform) and also in the run up to Kindy 2019.

Thanks

Fi Currie and Jo Newman – Uniform Shop

Uniform Survey:

If you haven't already completed our **very short** on line survey would you please do so – only **3 questions**. [Please click on the link and give your responses. This is your chance to contribute towards changes in](https://www.surveymonkey.com/r/YTBWB68) your child's uniform. Thanks for your help. <https://www.surveymonkey.com/r/YTBWB68>

HEADLICE – Please be aware that there have been several cases of headlice at the school. Please check your child's hair for lice tonight and continue to do so on a regular basis using the methods described in the information provided on the websites. If you find any eggs or lice please commence treatment as recommended.

<http://www.health.nsw.gov.au/publichealth/environment/headlice/treatment.asp>

MUSIC TUITION AT AVOCA BEACH - GUITAR (ACOUSTIC AND ELECTRIC), SINGING, ELECTRIC BASS, BANJO, MANDOLIN and UKELELE. All styles and all ages, beginners to advanced levels, very experienced professional teacher. Phone Chris on 0422 802 222

Nutrition Snippet

The simplest way

...to make cauliflower & spinach dahl.

Ingredients

1 tbsp olive oil	¼ tsp paprika
1 tbsp mustard seeds	4 ½ cups vegetable stock
1 red onion, diced	1 cup dried red lentils
3 cloves garlic, minced	1 can chickpeas, drained & rinsed
1 tbsp fresh ginger, grated	2 cups cauliflower florets
1 tbsp curry powder	2 cups baby spinach
1 tsp turmeric	¼ cup fresh coriander
½ tsp ground coriander	Naan bread or steamed rice

Method

Heat a large saucepan over a medium heat and add the olive oil. When hot, add the mustard seeds and cook for one minute. Add the onion, garlic, ginger and sauté for 5 minutes. Add the curry powder, turmeric, ground coriander and paprika and sauté for a further minute.

Add the stock, lentils and chickpeas and stir to combine. Bring to a simmer and then cover and reduce heat to medium low. Cook for 20 minutes and then fold through the cauliflower. Cover again and cook for another 8 minutes. Add the spinach and fold through. Top with fresh coriander and serve with Naan bread or steamed rice.

For more information visit www.eatittobeatit.com.au or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

Eat It To Beat It

DECOYS SOFTBALL CLUB

- ✓ ARE LOOKING FOR PLAYERS OF ALL AGES AND ABILITY BOYS AND GIRLS
- ✓ WE AIM TO BE A FULLY INCLUSIVE CLUB AND WILL ENDEAVOUR TO MEET THE INDIVIDUAL NEEDS OF OUR PLAYERS.
- ✓ COME AND JOIN THE FUN.
- ✓ JOIN ONE OF OUR EXISTING TEAMS
- ✓ GET YOUR FRIENDS TOGETHER TO FORM A TEAM

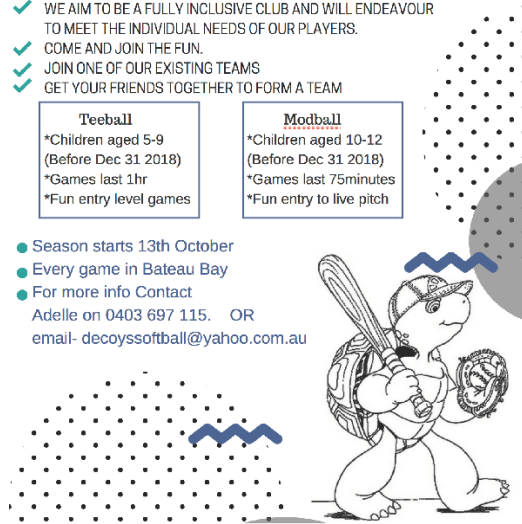
Teeball

*Children aged 5-9
(Before Dec 31 2018)
*Games last 1hr
*Fun entry level games

Modball

*Children aged 10-12
(Before Dec 31 2018)
*Games last 75minutes
*Fun entry to live pitch

- Season starts 13th October
- Every game in Bateau Bay
- For more info Contact Adelle on 0403 697 115. OR email- decoyssoftball@yahoo.com.au



2018/19 NIPPERS REGISTRATION

Friday 17th August & Friday 31st August

5.30pm – 8pm

Avoca Beach Surf Life Saving Club.

U/6 – U/14's

(kids born between 30th September 2013 and 1st October 2004)

Avoca Beach Public School's newsletter contains paid advertisements which assist with the cost of publication. The publication of such advertisements does not imply endorsement of any product or service by the NSW Department of Education or Avoca Beach Public

THE SNACK SHACK

The Snack Shack Hours are

Morning 9.00-9.20

Recess 10.50-11.10

Lunch 1.10-1.40

ORDERING

Our preferred way of ordering is online using Flexischools. Please go to www.flexischools.com.au and set up an account for your child, remember you need to click confirm for each order and the CUT OFF time is 8.30am each day. If you miss the cut off you can still order over the counter between 9.00-9.25 with CASH ONLY.

Please be aware we do not have large amounts of money in our till so are unable to provide change of large notes first thing in the morning. We only have small change available and for security purposes all money is banked each day.

IOU's

The Snack Shack is happy to provide a meal for the those children that have forgotten their lunchboxes, which happens to most of us from time to time. We have several children each day. It would be greatly appreciated if you could return the IOU note, sent home with child, along with money to us as soon as possible. It is adding to our increasing work load when we have to send reminders.

Firstly I'd like to thank Sarah Randall for doing a fantastic job of running the canteen while I have been overseas. It's lovely to be back and see all those familiar smiling faces. I apologise if anyone has been missing their favourite lunch treats recently but the full menu should be available by midweek. We have plenty of lasagne waiting to be eaten.

The frozen smoothies will be put on hold til next term or at least until the weather gets much warmer. There's just a couple of items that will be disappearing from the frozen items due to the strict guidelines of the NSW HEALTHY CANTEEN STRATEGY.....calippoes and strawberry moosies will no longer be available once the current stock has run out.

This week we will be starting the EAT FRESH AND WIN promotion. This is run by the Sydney Markets in conjunction Fresh For Klds . Any purchase of anything from the canteen containing fresh fruit or vegetables entitles the child to collect a sticker. It only takes 2 stickers to complete an entry form and collect one of 7 collectable bag tags. Each tag also has secret code to enter online to win an XBOX ONE X as a BONUS PRIZE.

1st Prize is a Family Roar And Snore for Taronga Zoo valued \$1200

2nd Prize 3 x Garmin Vivofit JR Fitness bands

3rd Prize Faber castell Art packs worth \$75

4th Prize 20 x Tupperware Lunch Pack \$69

and there are Major School Prizes of GAMEDAY MOUTHGUARDS to be won !

Its a great way to encourage kids to choose fruit and vegetables first. We will have special counter options available for 50c and \$1, we will also put some SPECIALS on Flexischools.. All normal fruit and vegetable options still count towards entries.

Please remember all over the counter orders MUST be handed in before the start of the school day.

Roster for

Mon 20 Aug VOLUNTEER NEEDED
Tue 21 Aug VOLUNTEER NEEDED
Wed 22 Aug Melissa Milton
Thu 23 Aug Kylie Curtis and Janet Broz
Fri 24 Aug Sue Watson and Becky McCann

Mon 27 Aug Darren Napton
Tue 28 Aug VOLUNTEER NEEDED
Wed 29 Aug Sarah Randall
Thu 30 Aug Maureen Johnson
Fri 31 Aug VOLUNTEER NEEDED

We are desperately short of volunteers which we rely upon to help our small busy canteen to operate. If you are able to help (even if it is only for 2 hrs from 11-1 our busiest time) please contact Lyndsay Buening on 0412784884..

If you are interested but a bit shy, come with a friend. We provide free lunch tea/ coffee and a chat while we work.



Here's a **sneak peek** of some of the great **prizes** on offer for this year's Eat Fresh and Win, Canteen Campaign*

BONUS PRIZE



XBox One X 1TB
Valued at \$649
with thanks to
Harvey Norman,
Auburn

MAJOR PRIZE



10 Faber-Castell goody bags, valued at \$75 and 30 sets of 12 Hexagonal Colouring Pencils, valued at \$4.99 with thanks to Faber-Castell.

SCHOOL PRIZE



The highest number of school entries could win custom designed and fitted mouthguards for their sporting team (13 players) valued at \$897 with thanks to Gameday Mouthguards.



COLLECT FREE TRADING CARDS

We have 7 trading cards to be collected as part of this year's Eat Fresh and Win, Canteen Campaign.

Register now to be part of our Fresh for Kids - Eat Fresh and Win, Canteen Campaign by completing the enclosed entry form or registering at

www.freshforkids.com.au/register

Our major prize draw will take place on Wednesday 17th October, 2018.

Further prize details will be released soon, keep updated via our website www.freshforkids.com.au and social media pages: @freshforkids



ALL VOLUNTEERS IN THE CANTEEN MUST PROVIDE THE SCHOOL OFFICE WITH A COMPLETED VOLUNTEERS DECLARATION AND THE 100 POINTS OF IDENTIFICATION BEFORE ASSISTING IN THE CANTEEN OR ANYWHERE ELSE WITHIN THE SCHOOL.

AVOCA BEACH PUBLIC SCHOOL

UNIFORM SHOP

NEW OPENING HOURS:

THURSDAY 3.00 – 4.00

Cash or Cheque only please

All FLEXISCHOOL orders will be sent home with child on Thursday or Friday.

If you have ordered via FLEXISCHOOLS and not received all of your order, it is because we are currently out of stock.

Stock has been ordered and will be sent out as soon as we have it.

Thank you

**PS: SHOP OPENING DAYS WILL CHANGE WHEN SUMMER UNIFORM STARTS, AND IN RUN UP TO THE NEW SCHOOL YEAR.
Thank you.**

SCHOOL FAIR 2018**2018 SCHOOL FAIR - BUSINESSES THAT DONATED**

Ali Dance Pants		
Anthony's Chickens & Seafoods	Chemist Avoca	Marianne Wood Personal Trainer
AquaFun Avoca	Core Pilates	Masterfoods
Avoca Antiques	Creative Balance	Michelles Pilates
Avoca Beach Hotel & Resort	Dominoes Pizza	Mosaic Cafe
Avoca Beach Kiosk	Ella Bache, Erina	Museum of Applied Art & Science
Avoca Butchery	Erina Ice Arena	The Palms At Avoca
Avoca & Terrigal Learn To Surf	Face On	Passion Hair and Beauty
Avoca Palms Resort	Fitness First	Point Café (H&H)
Avoca Football Club	Fitness Fix	Precious Pets
Avoca Pizza and Pasta	Flip Out	Priceline Kincumber
Avoca Picture Theatre	Franc Hair Artistry	Primal Performance
Avoca Thai	Glenworth Valley	Reptile Park
Beauty By The Sea	George's Fruit Barn	Sea Change Avoca
Becker and Co	GPK PIZZA	Sukisu/ Pixie Rugs
Birdies Nurseries	Gosford Sailing Club	Sul Rondo
Best Friends Pets @ Erina	Hair Affair - Avoca	Sunsets Bistro
Beautiful Bali Homewares	Hair Hive	Taronga Zoo
Block n Tackle	Hi Tide	Treads Tyrepower, Kincumber
BookFace Erina	Hoyts Movie Theatre	Tupperware
Blue Salt and Co	Intensity	Weeride
Bombini	Keepsake	Wise Food Cafe
Burbank House & Home	Kincumber gym	
Captain Cook Cruises	Kincumber Hotel	
Casey's Toy World	Kincumber Sand & Soil	
Clip n Climb	Loo Loos coffee warehouse	
Coles Erina	Laserclear Cosmetics clinic	
Central Coast Surf School	Lemon Tree Picture Framing	

SCHOOL FAIR 2018

SPONSORS 2018	
Lendlease Erina Fair	\$ 2,549.25
Avoca Beach Dental	\$ 1,000.00
Avoca Beach Hotel & Resort	\$ 1,000.00
McGrath	\$ 1,000.00
Avoca Beach Law	\$ 500.00
Avoca Beach Seafoods	\$ 500.00
Laserclear Cosmetic Clinic	\$ 500.00
LJ Hooker	\$ 500.00
Raine & Horne	\$ 500.00
Smith & Sons Renovations & Extensions	\$ 500.00
Terrigal and Avoca Beach Medical Centres	\$ 500.00
Avoca Butchers	\$ 400.00
George Brand	\$ 400.00
Kincumber Vet	\$ 400.00
Ludo's	\$ 400.00
Conkers Tree Specialist	\$ 300.00
Crawford Architects	\$ 300.00
Ring a Rosey	\$ 250.00
31 Fish Terrigal	\$ 200.00
All About Kids	\$ 200.00
Atlas Consultancy	\$ 200.00
Brazen FM	\$ 200.00
Celsius Architects	\$ 200.00
Central Coast Floormaster	\$ 200.00
Fico Group	\$ 200.00
Louell Property Group	\$ 200.00
Mindful Recovery Solutions	\$ 200.00
MRD Electrical	\$ 200.00
Natures Vision	\$ 200.00
Nurtured Earth	\$ 200.00
Once upon a time Party Planning	\$ 200.00
Rosco's Home Maintenance	\$ 200.00
Scott Champion Chiro	\$ 200.00
TAO Hair Lounge	\$ 200.00
Waterbloc	\$ 200.00



Young, Black & Ready for School

For children starting school in 2018 at the following schools:

Avoca PS, Brisbania PS, Central Mangrove PS, Central Coast Adventist, Chertsey PS, Copacabana PS, Erina Heights PS, Glenvale, Gosford PS, Gosford East PS, Holgate PS, Holy Cross, Kariong PS, Kincumber PS, Kulnura PS, Lisarow PS, Narara PS, Niagara Park PS, Ourimbah PS, Peats Ridge PS, Point Clare PS, Pretty Beach PS, Somersby PS, Terrigal PS, Valley View PS, Woodport PS, Wyoming PS

Wednesday 21st November 2018

11am - 1pm

The Erina Room

Erina Library at The Hive Erina Fair

Register your interest with:

Tracey Burraston

Tracey.burraston2@det.nsw.edu.au

- **Health & Transition Information for your child starting school**
- **Free School pack for kids & Parent pack full of helpful information**
- **Enjoy a great lunch and lots of fun activities**



The Carnival of the Green & Gold Serpent



WIN Prizes

Face Painting

Entertainment

Raffles

Cake stall

Market Stalls

Rides



Erina Heights Primary School
2 Serpentine Road, Erina Heights