

Newsletter

Avoca Beach Public School

The Round Drive

Avoca Beach NSW 2251

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Monday 27th November, 2017

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

Week 8 Term 4

Mon 27th

Tue 28th

Wed 29th SRC Elections 2.00pm

Thu 30th Scripture Service

Fri 1st Dec Assembly 12.15pm

Week 9 Term 4

Mon 4th

Tue 5th Community Connection team walk &

Carols night 4.30pm-8.00pm

Wed 6th Yr 6 Orientation Day KHS & THS

KHS Info Night

Thu 7th

Fri 8th Presentation Day 11.30am

Appreciation Afternoon Tea 1.20pm

Principal's Report

Our Community Connections Relay and carols evening will be held next Tuesday 5th December. The relay begins at 4.30pm with carols starting at approximately 6.45pm. Payment for the relay (\$5 per person or \$20 for a family of 5) can be made at the red tent on the oval. Payment gives you a sausage sandwich and drink. I am hopeful that everyone is able to come along and join in this community event.

I have been notified that our Deputy Principal Mr Peter Graham has been successful in his application for the Principal position at Lisarow PS. I would like to congratulate Peter on this appointment and wish him all the best in his new position. I would also like to acknowledge the work he did at our school last year. A merit selection process will take place at the beginning of next year for the vacant Deputy Principal position. Until the position is filled Mrs Davies will continue to relieve in this position.

Our final SRE session will be held this Thursday morning in the hall. All students who have attended the Catholic and non denominational scripture groups will attend this Christmas service. On behalf of our school community I would like to thank our volunteers who have assisted in our SRE or ethics programs in 2017. Your assistance on a weekly basis is greatly appreciated.

Our Presentation Assembly will be held on Friday 8th December beginning at approximately 11.30am. All parents of students receiving either a class or special award will receive notification early this week. There will be a special Kindergarten presentation assembly, where all students will receive a certificate, at 2.00pm on Friday 8th December.

This Wednesday our General Assistants are beginning to develop the area at the end of the oval by installing a retaining wall. If there are any community members available to assist during the day your help would be greatly appreciated. Anytime from 8.00am to 3.00pm for any length of time that you are available.

Last week a reminder notice was sent home to a number of families regarding outstanding classroom levy payments from Term 1. I would ask that if you received a notice that you finalise this payment this week. This payment included the cost of the textbooks along with stationary items.

We are holding a thankyou afternoon tea for all of our volunteer helpers after our Presentation Assembly next Friday starting at 1.20pm in the library. All members of our school community who have assisted at our school this year are invited to come along.

Ross Hallaways,
Principal

ROAD SAFETY RULES OK!

Our children look to us to keep them safe. This is particularly important at the beginning and the end of each school day. As you are aware the traffic at these busy times is very heavy outside our school. To help alleviate this congestion, traffic control at Gosford Council put in 'Kiss and Drop' zones outside our school on The Round Drive. These 'Kiss and Drop' zones are signposted as 'No Parking' zones. This means that in these zones during school drop off and pick up times (as sign posted) the maximum stopping time is 2 minutes. It is also a requirement that the vehicle not be left unattended and the driver stays within 3 metres of the car.

If you are using the 'Kiss and drop' - 'No Parking' section directly across the road from the school please ensure that your child or children walk down to the crossing to cross the road safely. A crossing supervisor is down there morning and afternoon to ensure your child gets to and from school safely.

As you know the 'No Stopping' zone area means that you are not permitted to stop at any time. It is illegal to park across driveways and inhibit the entry or exit of vehicles and to stop in a bus zone to drop off or pick up students.

The staff car park is only available to staff and to those parents who have authority from the Principal to park due to special circumstances. Please do not drive into the car park to pick up or drop off children.

By following our road rules and travelling slowly (40km or less) around schools during drop off and pick up times we are doing everything we can to make sure our children stay safe.



Wonka's
Golden Ticket

Greetings to you, the lucky finder of this Golden Ticket. From Mr Willy Wonka!

To celebrate the Avoca Beach Primary Year 6 2017 Farewell, present this ticket at the Chocolate Factory gates at Avoca Beach Surf Life Saving Club on the Twelfth Day, that being a Tuesday, of December in the Year 2017! Dress in your finest clothing and meet at the Avoca Beach rockpool for official photos at 4.45pm and do not be late! Then follow the OOMPA LOOMPAS directly upstairs at ABSLSC 6pm for an evening of fine dining & dancing. Year 5's join you for a dance at 7pm, then parents/carers welcome to join for the last dance from 8.45-9pm.

..... In your wildest dreams you could not imagine the marvelous surprises that await you!

Congratulations to the following students who received merit certificates on the last Friday's assembly.

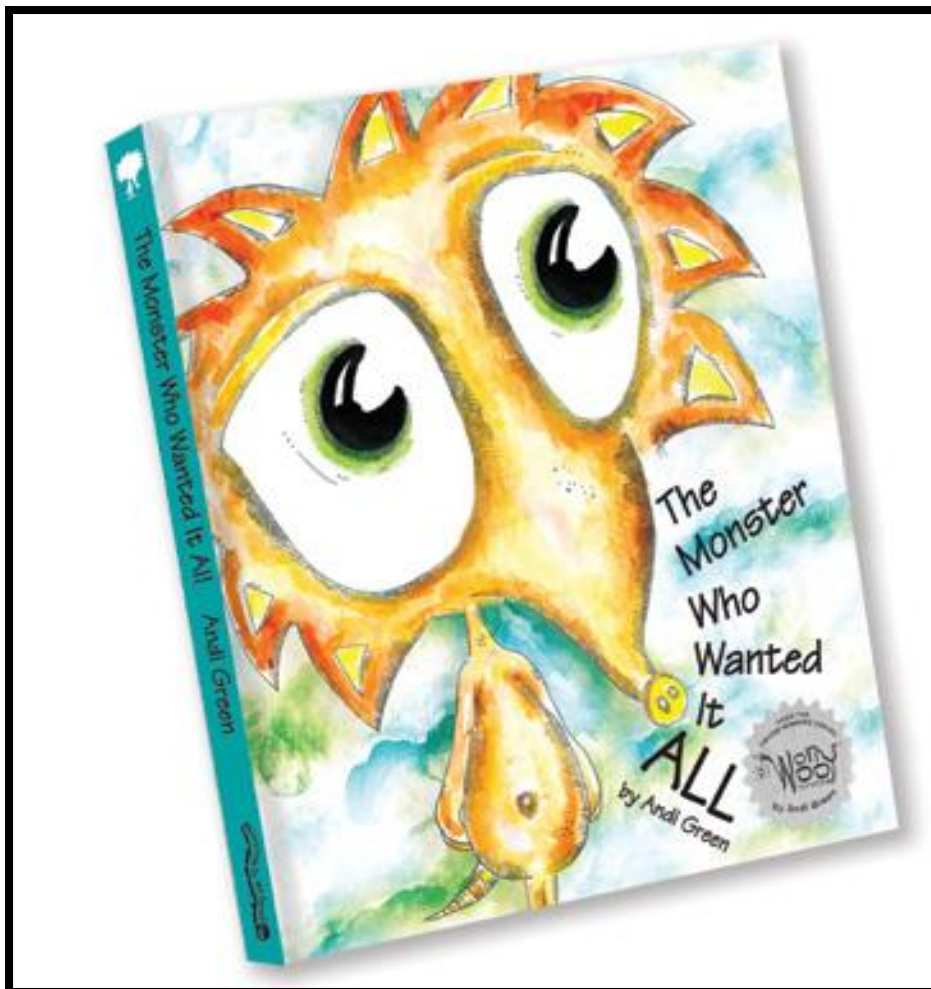
KB	Ruby Rangott, Maxwell Blair	3G	Noah Berthot-Craig, Zoe Harris
KD	Chloe Stewart, Ben Hockings	4H	George Crocker, Luke Willcocks
KT	Piper Sheridan, Myles Whiting	4B	Archie Mesritz, Floyd Mitchell
K/1S	Olivia Schellekens, Kieran Singh	4R	Charlie Brereton-Garner, Jabin Waters
1C	Mae Jarmaine, Hickson Fisher	5/6A	Reilly Patterson, Ben Latham
1F	Ariana McVeigh, Cameron Dalton	5/6D	Natalie Dalton, Zoe Naylor
1/2B	Amy Roy, Gemma Curtis	5/6F	Sierra Flett, Sunny McRae
2M	Rohan Singh, Lennox Portelli	5/6J	Rachel Jenkins, Coral-Lee Conley
2S	Ayla Hodgson, Kobi Davies	5/6W	Zai Reeder-D'Hyon, Rory Hutchinson
2W	Jaggar Curnow, Ayana-Sofia Packer		
3A	Deakin McNally, Von Maslin		
3B	Cody Sherman, Poppy Noone	MUSIC	Jade Coleman, Helena Irving
SUPER STELLARS	Dylan McMahon KD, Chloe Stewart KD, Myles Whiting KT, Lachy KT, Tyler Hudson KT, Fletcher Thomson KT, Tristan McPherson 1C, Charlotte Coleman 1C, Talia Tebb 1F, Sam McMahon 1/2B, Ruby Seyer 1/2B, Kai Bailey 1/2B, Isabella Lockhart 2M, Tayla Campbell 2M, Angus Gibbes 2S, Jasper Hunter 2W, Josh Stenning 2W, Eamon Grace 2W, Brody Zarembo 3A, Dylan Every 3A, Emma Winstanley 3A Evie Beath 3A, Thomas Craik 3A, Eleanor Shervington 3B, Cameron Ireland 3B, Harper Santry 3B, Sebastien Abbott 3B, Leo Farrell 3B, Noah Turner 3G, Coco Howe 3G, Damara Holloway 3G, Jacob Kellock 3G, James Deeth 4B, Hugo Spindler 4H, Isabella Every 4H, Saska Spence 4H, Joshua Dawkins 4R, Jacob Oliver 5/6D, Adam Kellock 5/6D, Lily Spindler 5/6D, Ellie Chandler 5/6F, Scarlett Lawson 5/6F, Montana Stevenson 5/6F, Taj Wilcock 5/6F, Jackson Bridgefoot 5/6J, Lily Lockhart 5/6W, Phoenixia Mawad 5/6W, Vincent Markey 5/6W.		



Congratulations to last Friday's Super Stellar recipients!

Zelly- The Monster of Envy

During our Emotional Intelligence Program this week, our focus has been about 'envy'. The students have read and viewed a story about 'Zelly' the monster of envy and discussed how the character is never happy with what he has. He becomes so focused on what others have that he doesn't notice what is right in front of him; good friends, lots of love and tons of attention. What Zelly needs is someone to teach him the ABC's of appreciation. Students have discussed the themes surrounding envy, jealousy, appreciation, greed, sharing and friendship. The students have identified connections between their feelings and different ways of managing this emotion.



EXTENDED LEAVE from ATTENDANCE. If you are planning a family holiday during the school term, **for more than 5 days**, parents need to apply for an **'Application for Extended Leave'** from school. An 'Application for Extended Leave-Travel' can be collected from the office. Once completed please return to the Principal at least two weeks prior to the leave then an approved **'Certificate of Extended leave - Travel'** will be issued. The original certificate will be signed, copied for school records and returned to parents. This needs to be carried during leave as it must be produced when requested by police or other authorised attendance officers.

UNIFORM SHOP is now open **WEDNESDAY 8.30-9.30am** as well as **FRIDAYS 3.00pm – 4.00pm**. Orders can be made online www.flexischools.com.au. **UNIFORM HATS ARE NOW ALSO SOLD IN THE CANTEEN**

ETHICS VOLUNTEERS NEEDED - Ethics classes at Avoca Beach have grown in popularity. More than one hundred children from Stages 1-3 are now choosing Ethics instead of attending Non-Scripture, with others on waiting lists. We need more volunteer teachers if we are to cater to these numbers and sustain the ethics program at the school. Teaching experience is not required for the role and free training is also available. To find out more about volunteering, contact Ethics Coordinator Myleah O'Brien on 0404 881 267. For more information about Primary Ethics and the curriculum, visit www.primaryethics.com.au

AFTER –SCHOOL DRAMA CLASSES – LET'S PLAY. Join a creative and joyful place where children can build confidence, celebrate spontaneity and revel in their sense of play. Held in the Avoca Beach Public School library Tuesdays 3.40pm – 4.40pm Years 1-3 & Thursdays 3.40pm – 4.40pm Years 4-6. Supervision is provided after school. Classes will commence term 4 2017 \$15/week for your first child \$10/lesson for siblings. Reserve your place for term4 now. Contact Julian Garner 0438 389 509. CentralCoastDrama@gmail.com

WEET-BIX TRYathlon comes to beautiful Woy Woy on the Central Coast. TRYathletes will swim at the fantastic Olympic-sized pool in Peninsula Leisure Centre, cycle through the surrounding closed suburban streets and run on James Browne Oval! Everything will be marked out and well signed to make it easy to follow. Register now to be part of the fun! Location: JAMES BROWNE OVAL, WOY WOY Date: SUNDAY 18TH FEBRUARY 2018 Distances: 7-10 years old - 75m swim/3k bike/500m run 11-15 years old - 150m swim/6k bike/1km run Early Bird Discount ends Sunday 14th January 2018 Online Rego closes Sunday 11th February 2018 For more information visit www.tryathlon.com.au

BUNNINGS WEST GOSFORD CHRISTMAS FAMILY NIGHT – Thursday 7th December 6pm-8pm. Bookings preferred Ph:4349 3500 or online www.bunnings.com.au

AVOCA TWILIGHT MARKET – Saturday 9th December Avoca Beach Village 5pm – 9pm

WANTED
NETBALLERS for 2018
U7's - U9's Non Comp
U10's-U12's Competition
If you are interested in finding out about netball
Contact the secretary via
secretary@kincumbernetballclub.com.au
Rego will open in December
Season Starts April 2018
Kincumber Netball Club
GS GA WA C WD GD CK

SEARCHING FOR AN UNFORGETTABLE CRICKET EXPERIENCE THIS SUMMER?
SCHOOL HOLIDAY CRICKET CAMP

FEATURES & HIGHLIGHTS
Fast Bowling Technique Practice
Spin Bowling Practice Sessions
Twenty 20 Skills and Technique
Test Match Batting Tips & Hints
Net Session Practice
Fielding Challenges
Twenty 20 Competitions
Individual Player Evaluation
Prizes and Awards

SUPER SPORTS CAMPS

CATERING FOR ALL ABILITIES Program designed for beginning, proficient and advanced cricketers.	EARLY BIRD SAVING Enrol by December 15 and pay \$65 each day. Save \$10 each day.	HATRICK BOOKING OFFER Send your child with at least two friends or siblings to each child save \$10 each day they attend.	FREE BIG BASH TICKETS DRAW Enrol by December 15 to enter draw for 2 FREE tickets to Stars v Stars @ SCG on January 22, 2018.	PROFESSIONAL COACHES Experienced, qualified and well motivated coaches to implement the program.
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22-23 JANUARY, 2018 (ENROL FOR 1, 2 OR 3 DAYS)

LOCATION Frost Reserve, Kincumber	MEETING/ PICK UP POINT Changerooms @ Frost Reserve	TIME 8:30am - 3:00pm (Program starts at 9:00am.)	AGE GROUPS 6 - 14 Years	PRICE \$75 Each Day (daily food price of \$65 each day ends 15 December.)
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BOOK ONLINE
SUPERSPORTSCAMPS.COM.AU

KIDS SURF CAMP & DAILY SURF LESSONS

- 1 Day Camp \$100
- 3 Day Camp \$270
- 5 Day Camp \$400
- Day includes 2 x surf lessons, beach sports/ activities, scooter/ skateboard sessions and playground visits
- Healthy morning tea & lunch provided
- Soft surfboards, wetsuits/ rashies, 2 x coaches & sunscreen
- Suited for kids (8-13yrs)



Contact us for dates/times and book in your spots:

- 1 x 90 min lesson for \$40
- 3 x 90 min lesson for \$100
- 5 x 90 min lesson for \$130
- 8 x 90 min lesson for \$190
- Includes soft surfboards, wetsuits/ rashies & 2 x coaches & sunscreen
- Suited for adults and kids (5+)

BOOK NOW 0415 881 301

salssurfschool@gmail.com

www.salssurfschool.com



\$100 rebate to cover sport fees

Participation in sport is extremely valuable to our community, but families often find it difficult to meet the costs involved with their kid's sporting

activities. That is why the NSW State Liberal Government recently announced the **Active Kids Rebate**, designed to help parents with sporting costs. Parents will be able to **claim up to \$100 per school-enrolled child per calendar year** as a voucher to help reduce the cost of eligible sport and fitness activities.

The rebate will not be means tested so that every family has access to this initiative. Parents will be able to register for the voucher online or through a Service NSW Centre from 31 January 2018.

More details are available at

<https://sport.nsw.gov.au/sectordevelopment/activekids>, or alternatively please feel free to provide feedback directly to me by emailing terrigal@parliament.nsw.gov.au.

Adam Crouch MP, Member for Terrigal

THANK YOU FOR YOUR DONATION & SUPPORT OF OUR SCHOOL

YR 6 FORMAL INVITATIONS PRINTED BY GOSFORD PRINTING




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Now located in Kincumber near Lou Lous Coffee, Gosford Printing has been operating as a successful commercial printer on the Central Coast for over 45 years. The factory is equipped with all the machinery necessary to produce your printing requirements in-house.

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YR 6 FORMAL INVITATIONS, SAVE THE DATE & OTHER EVENT MATERIALS DESIGNED BY KERRYS CREATIVE DESIGN




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Avoca Beach Law
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Kincumber Vet
Logix Group
Blue Print Building
Physio Sports Clinic
Your Family Doctors

Thank You for your Sponsorship of our Fair.

Please support the businesses that support us.

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THE SNACK SHACK CANTEEN TRADING DAYS

Monday 11th December : **CLOSED**

Tuesday 12th December : **OPEN**

Wednesday 13th December : **OPEN**

Thursday 14th December : **OPEN**

Friday 15th December : **OPEN**

Friday lunch's must be ordered by filling out the lunch coupon below and returned to The Snack Shack canteen by Wednesday 13th December

Sushi orders must be placed by Thursday 14th December online or over counter

CHRISTMAS MEAL DEAL SPECIAL \$5.00

Friday 15th December lunch order form

Childs name _____ class _____

PLEASE CIRCLE

Hotdog	Small pie	Sausage roll
Tomato sauce	BBQ sauce	No sauce

OR

SANDWICH

Please circle sandwich filling

Chicken	Ham	Tuna	Cheese	Avocado	Mayo	vegemite
full salad	or	tomato	cucumber	lettuce	beetroot	carrot
white bread	or	wholemeal bread				

Included in the Christmas lunch special is a Cupcake & icypole

All for \$5.00

PLEASE RETURN LUNCH ORDERS BY WEDNESDAY 11TH DECEMBER



SOCCER5s

JOIN THE REVOLUTION

FOOTBALL PARTY PACKAGES

PREMIER LEAGUE

*Birthdays or End Of Season Party
Recommended for ages 3-12*

90 Minute Party with our Coach
Half Time & Post Match Soft Drinks Inc

THE BIG MATCH!
12 Players - Additional Players \$10.00 pp

Post Match Meal
Pizzas, Nachos, Chips & Dips - Soft Drinks
Extra food can be ordered!

Party Presentation
Birthday Trophy PLUS 3 Awards - Penalty King,
Golden Glove & also the M.V.P!

All you have to do is bring the cake!
Feel free to bring decorations & lollie bags

JUST \$175

90 MIN PARTY

Adult Food Platters
Keep parents & friends from going hungry
just \$50.00 extra

CHAMPIONS LEAGUE

*Great for teenagers/kids vs dads
Recommended for ages 12+*

1 Hour Football Match
Half Time & Post Match Drinks - Soft Drinks Inc

Dedicated Referee
Your very own Qualified Referee

The Big Match & Penalty Comp
10 Players- Add Players - Just add \$12.50 pp

Extras - Post Match Food & Drink
Pizzas & Nachos plus Soft Drinks



STARTING FROM \$150

PAY 'N' PLAY

Small Groups (Less than 10 players)
With our Pay 'N' Play option you and your friends can play during the day, school holidays or at weekends for just \$5 per person

1 Hour Pitch Hire (10+ players)
Just after a Pitch Hire with a group of friends? Hire a 5s or 7s Pitch for the Hour

BOOK ONLINE Tuggerah.Soccer5s.com E: Tuggerah@Soccer5s.com
1 Bryant Dr, Tuggerah NSW 2259 CALL: 02 4355 4805

GET YOUR KIDS INTO THE FUN OF



IT'S CRICKET & IT'S A BLAST!

SIGN UP TO MILO T20 BLAST TODAY!
PLAY CRICKET LIKE YOUR BIG BASH LEAGUE HEROES
Cricket Clubs all over the Central Coast are offering this modified cricket program for girls & boys aged 7-12 yrs. Visit the website below for more information and to register with your local club!

VISIT PLAYCRICKET.COM.AU TO FIND OUT MORE



FIND OUT HOW KIDS CAN JOIN THE FUN AT
PLAYCRICKET.COM.AU







AFTER SCHOOL PROGRAM TERM 1, 2018 + CHRISTMAS HOLIDAY CAMP ENROLMENTS

Gecko Ninja is a NEW program which is FUN and EXCITING program for 5- 13 years and we are providing an After School Program for Avoca Beach Primary School in TERM 1, 2018.

BOOK IN FOR OUR SCHOOL HOLIDAY NINJA PROGRAM ON Friday 12th January from 9 am to 12 pm (\$25 per child) or 9 am to 3 pm (\$45 per child)

Sessions focus on individual improvement in fine and gross motor skills, hand-eye/foot-eye and /or balance in addition to overall fitness and wellbeing in a fun and exciting environment. Games include strength, balance, endurance, speed, co-ordination and flexibility while most importantly increasing confidence and having fun in a non-competitive program.

Gecko aims to give confidence to children to participate in sports and give them the passion to participate and love physical activity.

Gecko Coaches also lead and educate on other important health and wellness concepts included in the program such as warm-up, stretching, proper hydration, cool-down, team-building and sportsmanship.

During the program the activities and games progress in alignment with the Australian School's curriculum. All children start off with a 'white Gecko wrist band' and are graded to a new level with a new colour wrist band upon completing tasks set. This is a reported and accountable program.

The cost of the 11 week Gecko Ninja After School program is \$165 commencing on Thursday 1st February 3pm to 4pm.

Some of the sessions included in the Gecko Sports term program are:

1. Ninja Warrior
2. Boxing Bootcamp
3. Team Challenge
4. Strength Bootcamp
5. Cardio Bootcamp
6. Gecko Sports Fit

Natlee Quinn

Gecko Sports – Central Coast NSW

m. 0412 688 070

p. 1300 432 565

e. natlee@geckosports.com.au

1/40 Havenview Rd, Terrigal NSW 2260

www.geckosports.com.au






CENTRAL COAST CAROLS

WHAT FUN IT IS TO LAUGH AND SING!

THURSDAY 21 DECEMBER CENTRAL COAST STADIUM

Gates open at 4pm. Shows starts at 5pm

Featuring Damien Leith, Lah Lah's Big Live Band, amazing local acts,
amusements, great food and fireworks.

Hosted by Star 104.5's Robbie & Julie Goodwin
and an appearance by Santa.









No chairs for any description - wheelchairs and strollers welcome! no smoking or alcohol permitted.
no glass, plastic, bags are encouraged - no metal (utensils or knives permitted, no umbrellas or sun shields).



Tickets are \$10.00 per person | \$5.00 youth (5-17yrs) Get tickets at www.centralcoastcarols.com.au
100% DONATED TO CANCER COUNCIL NSW - CENTRAL COAST

*also including the

summer fest

2018
JAN 8-12

a school holiday event
that's fun for kids...
and relaxing &
informative for parents!

ONLY \$1
PER CHILD

\$13
PER FAMILY
PER DAY

FEATURING THE
GETAWAY CAFE

HELD ONSITE
AT EV CHURCH
331 TERRIGAL DR
ERINA

More info & regs online:
www.sfest.org

evchurch
Evangelical Lutheran Church of Australia

THE CHRISTMAS FAIR

SUNDAY 3 DEC MT. PENANG GARDENS 9AM-2PM

Celebrating 10 Years!

**150+ STALLS
LIVE MUSIC**

CHRISTMAS FOOD,
SIX STRING BREWERY BAR,
JULIE GOODWIN BOOK SIGNING,
FACEPAINTING, KIDS CHILLOUT ZONE
& MUCH MORE!

**FREE PARKING
+
GOLD COIN ENTRY**

Proudly brought to you by

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Nutrition Snippet

The simplest way

...to add Spring produce to your menu.

Adding seasonal produce to your weekly menu not only tastes better, but buying fruit and veg in season can be up to 35% cheaper than other times of year.

Here are four easy ways to add more Spring vegies and fruit to your day:

- **Add some legumes** – add chickpeas to your salad, stir kidney beans through your bolognaise sauce, add canned lentils to your sausage roll mix.
- **Put vegie sticks in every lunch box** – carrots are super cheap in Spring, cut them into sticks and pack them with a small container of hummus.
- **Roast vegies and use in sandwiches** – roasted pumpkin and zucchini are delicious on wholegrain bread.
- **Make fruit salad cups** – cut up some strawberry, apple and rockmelon and put in a cup for a sweet, tasty treat.



For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Health
Central Coast
Local Health District

Healthy
mealtimes

Involve kids -
let them help with shopping