

Newsletter

Avoca Beach Public School

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Monday 20th November, 2017

*Avoca Beach Public School is committed to providing a safe and caring environment where individuals are respectful, responsible and strive for their personal best.
Our innovative, collaborative and inclusive culture empowers and supports every learner.*

Week 7 Term 4

Mon 20th

Tue 21st Strategic Plan – Parents meeting 9.20am

Wed 22nd

Thu 23rd

Fri 24th Assembly 12.15pm

Week 8 Term 4

Mon 27th Strategic Plan – Parents meeting 2.10p

Tue 28th

Wed 29th

Thu 30th

Fri 1st Dec Assembly 12.15pm

Principal's Report

Congratulations to our Yr 6 students who organised the Mega Money Day last Friday. All of the students had the opportunity to be involved in over 30 fun activities organised and run by our talented Yr 6 students. The staff were impressed with the way in which they worked in small groups to ensure that their activities ran smoothly but also the way in which they encouraged the younger students to be involved. It was a great example of the leadership skills that all of our Yr 6 students have developed this year. All money raised goes towards this year's Year 6 Farewell and gift to the school.

We have begun to develop the far corner of our school oval area. Next Wednesday 29th November our two hardworking General Assistants, John & Dennis, will be beginning to build a retaining wall in this area. If we have any Dads who have anytime available between 8.00am and 3.00pm to assist with this job your assistance would be greatly appreciated. Please leave your name with the office if you can assist.

Our Community Connections team walk and carols night is now only two weeks away. Details regarding this event, which will run from 4.30pm-8.00pm on Tuesday 5th December, are being sent home today. Our Community Connections Fund assists families in our local school community who may need support. The fund was set up by our staff last year and has assisted a number of our families over the past year.

Our Headstart Program concluded last week. Our 72 Kindergarten students for 2018 completed a five week program to orientate them to 'Big School'. For the first time we also ran a concurrent program each week for parents to ensure that they understood the school procedures. We look forward to welcoming the new students and their families next year.

A reminder to assist our planning for 2018-20 by completing our short survey at <https://goo.gl/forms/myA6aMubvV0Smv73>. We are also holding two parent feedback sessions to provide parents with the opportunity to have input into our new 3 year Strategic Plan. These will be held in the staffroom on Tuesday 21st November 9.20am and Monday 27th November 2.10pm. If you are available please come along and share your thoughts on our plans for the next three years.

Ross Hallaways,
Principal

Congratulations to the following students who received merit certificates on the last Friday's assembly.

KB	Brodie, Hudson Stapleton	3G	Maygan Cody, Jacob Kellock
KD	Hamish Choba, Dylan McMahon	4H	George Crocker, Saskia Spence
KT	Saxon Randall, Payton Arnold	4B	Kye Lester, Kabane Large
K/1S	Bondi Werner, Ella Williams	4R	Edan Thompson, Aislinn Ouradnik
1C	Sebastian Picone, Mia Jamal	5/6A	
1F	Brianna Haydon, Harper Freeman	5/6D	Coban McNally, Adam Kellock
1/2B	Omeo Armytage, Max Minor	5/6F	Brae Denham, Matilda Mezzone
2M	Stella Carpenter, Tyler Ramsay	5/6J	Pearl McQueen, Byron Benson
2S	Elisabeth Brereton-Garner, Ethan Craig	5/6W	Ellen Lyons, Zach Orson
2W	Kai Nemorin, Niall Dudley		
3A	Indali Romeyn, Zachary Wilson	LIBRARY	Ruby Seyer 1/2B, Angus Gibbes 2S
3B	Sian Beynon, Ryder Behrens	MUSIC	Natalie Dalton 5/6D, Tahlia Fisher 3G
SUPER STELLARS	Jack Miller KB, Van Eyndhoven KB, Juon Paterson KB, Noah Farrell KB, Charlie Beaton KB, Tobi Uglow KD, Jack Verhagen KD, Brielle Cody KD, Willow Andrews KD, Julian McPherson KT, Saxon Randall KT, Piper Sheridan KT, Rose Bennett K/1S, Ella Cunningham K/1S, Andrew Thomson 1C, Lily Folbigg 1C, Elliana Shiers 1F, Jett Taylor 2S, Clyde Mitchell 2W, Will Tebb 2W, Nik Veljovic 3A, Jack Folbigg 3A, Kyan Werner 3A, Holly Coupe 3B, Bailey Penn 3B, Charlee Eurell 3B, Cody Sherman 3B, Mitchell Dalton 3B, Sian Beynon 3B, Bonne Gadd 3G, Grace Oldfield 3G, Abbey Tosh 3G, Kai Gee 3G, Sebastien Roberts 4B, George Crocker 4H, Annie Lowbridge 4R, Carla Howard 4R, Darcy Smith 4R, Eva Champion 5/6A, Alexis Rose 5/6A, Sophie Prior 5/6A, Hanny Currie 5/6F, Matilda Mezzone 5/6F, Charlotte Cameron 5/6F, Samuel Duggan 5/6J		





Congratulations to last Friday's Super Stellar recipients!

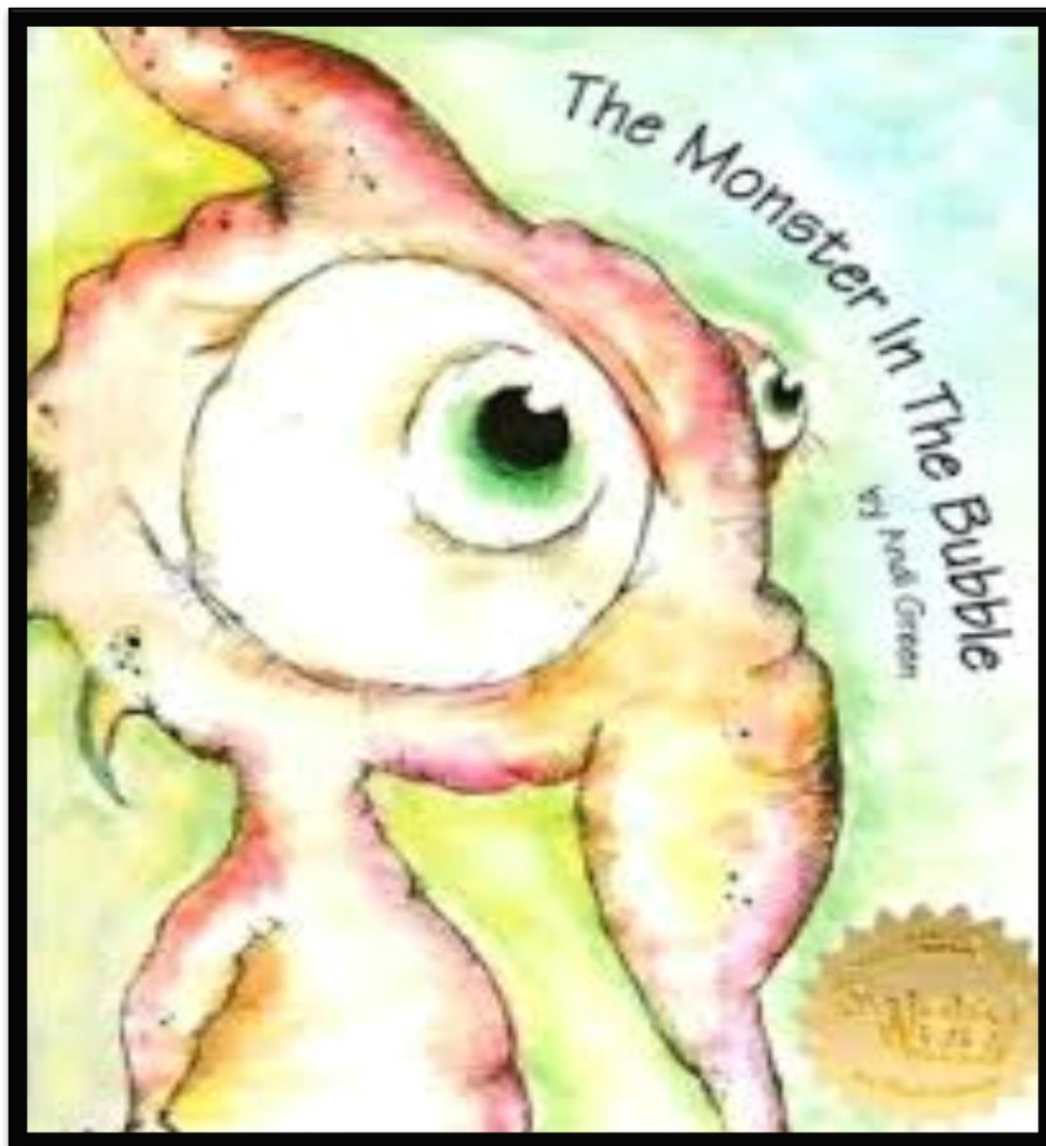
Mega Money Day Fun



Squeek- The Monster of Innocence

During our Emotional Intelligence Program this week, our focus has been about 'innocence'.

The students have read and viewed a story about 'Squeek' the monster of innocence and discussed how the character is scared to step outside his bubble. He dreams of all the things he could do if he could just take that big step. Students have explored the themes surrounding change, trust and growth and asked the question 'how far could you go, if you stepped outside your bubble?' Students have identified connections between their feelings, body reactions and body language and different ways of managing this emotion.



Health and Safety is everyone's responsibility.

If you are visiting our school and you see a hazard, please report it to the office staff immediately.
Let's keep everyone safe.



EXTENDED LEAVE from ATTENDANCE. If you are planning a family holiday during the school term, **for more than 5 days**, parents need to apply for an '**Application for Extended Leave**' from school. An 'Application for Extended Leave-Travel' can be collected from the office. Once completed please return to the Principal at least two weeks prior to the leave then an approved '**Certificate of Extended leave - Travel**' will be issued. The original certificate will be signed, copied for school records and returned to parents. This needs to be carried during leave as it must be produced when requested by police or other authorised attendance officers.

UNIFORM SHOP opening hours **Fridays 3.00pm – 4.00pm.** The uniform shop is closed **Wednesday** until further notice. Orders can be made online www.flexischools.com.au. **UNIFORM HATS ARE NOW ALSO SOLD IN THE CANTEN**

ETHICS VOLUNTEERS NEEDED - Ethics classes at Avoca Beach have grown in popularity. More than one hundred children from Stages 1-3 are now choosing Ethics instead of attending Non-Scripture, with others on waiting lists. We need more volunteer teachers if we are to cater to these numbers and sustain the ethics program at the school. Teaching experience is not required for the role and free training is also available. To find out more about volunteering, contact Ethics Coordinator Myleah O'Brien on 0404 881 267. For more information about Primary Ethics and the curriculum, visit www.primaryethics.com.au

AFTER –SCHOOL DRAMA CLASSES – LET'S PLAY. Join a creative and joyful place where children can build confidence, celebrate spontaneity and revel in their sense of play. Held in the Avoca Beach Public School library Tuesdays 3.40pm – 4.40pm Years 1-3 & Thursdays 3.40pm – 4.40pm Years 4-6. Supervision is provided after school. Classes will commence term 4 2017 \$15/week for your first child \$10/lesson for siblings. Reserve your place for term4 now. Contact Julian Garner 0438 389 509. CentralCoastDrama@gmail.com

WEET-BIX TRYathlon comes to beautiful Woy Woy on the Central Coast.

TRYathletes will swim at the fantastic Olympic-sized pool in Peninsula Leisure Centre, cycle through the surrounding closed suburban streets and run on James Browne Oval!

Everything will be marked out and well signed to make it easy to follow. Register now to be part of the fun!

Location: JAMES BROWNE OVAL, WOY WOY

Date: SUNDAY 18TH FEBRUARY 2018

Distances: 7-10 years old - 75m swim/3k bike/500m run

11-15 years old - 150m swim/6k bike/1km run

Early Bird Discount ends Sunday 14th January 2018

Online Rego closes Sunday 11th February 2018

For more information visit www.tryathlon.com.au

CENTRAL COAST CONSERVATORIUM OF MUSIC SUMMER SCHOOL – Open to all school aged students. Beginners to Advanced levels. Register by December 8th. For further information Ph. 4324 7477 or go to the website www.centralcoastconservatorium.com.au/workshop/string-cmp-2018

FINAL 2017 AVOCA BEACHSIDE MARKET – Sunday 26th November Heazlett Park Foreshore 9am – 2pm

AVOCA TWILIGHT MARKET – Saturday 9th December Avoca Beach Village 5pm – 9pm



SCHOOL FAIR SPONSORS 2017

Raine & Horne
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Avoca Beach Hotel & Resort
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McGrath
Avoca Beach Law
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COACHING

REGISTER ON THE CENTRAL COAST FOOTBALL PLAYER PATHWAY - ALL ABILITIES
START YOUR CHILD'S FOOTBALL JOURNEY TODAY

SOCCER5s

CENTRAL COAST FOOTBALL

PLAYER PATHWAYS

- > GRASSROOTS - JUNIOR CLUB
- > GRASSROOTS - JUNIORS @ SOCCER5s
- > ADVANCED - RDP
- > ELITE - RDP ELITE (INVITE ONLY)
- > ELITE - CENTRAL COAST UNITED

PLUS MUCH MORE...

- > JUNIOR LEAGUES
- > 1-2-1 INDIVIDUAL & GROUP COACHING

COURSES FROM JUST \$9 P/WEEK

(02) 4355 4805 // 1 Bryant Drive Tuggerah 2259
Tuggerah.soccer5s.com // Tuggerah@soccer5s.com

@soccer5stuggerah @soccer5s_tuggerah

GET YOUR KIDS INTO THE FUN OF

MILO T20 BLAST

FUN, SAFE & ACTIVE
IT'S CRICKET & IT'S A BLAST!

ALL KIDS RECEIVE A BONUS PLAYER PACK WHEN THEY REGISTER

SIGN UP TO MILO T20 BLAST TODAY!
PLAY CRICKET LIKE YOUR BIG BASH LEAGUE HEROES
Cricket Clubs all over the Central Coast are offering this modified cricket program for girls & boys aged 7-12 yrs. Visit the website below for more information and to register with your local club!

VISIT PLAYCRICKET.COM.AU TO FIND OUT MORE



FIND OUT HOW KIDS CAN JOIN THE FUN AT
PLAYCRICKET.COM.AU

play cricket

**AFTER SCHOOL PROGRAM TERM 1, 2018 + CHRISTMAS HOLIDAY CAMP ENROLMENTS**

Gecko Ninja is a NEW program which is FUN and EXCITING program for 5- 13 years and we are providing an After School Program for Avoca Beach Primary School in TERM 1, 2018.

BOOK IN FOR OUR SCHOOL HOLIDAY NINJA PROGRAM ON Friday 12th January from 9 am to 12 pm (\$25 per child) or 9 am to 3 pm (\$45 per child)

Sessions focus on individual improvement in fine and gross motor skills, hand-eye/foot-eye and /or balance in addition to overall fitness and wellbeing in a fun and exciting environment. Games include strength, balance, endurance, speed, co-ordination and flexibility while most importantly increasing confidence and having fun in a non-competitive program.

Gecko aims to give confidence to children to participate in sports and give them the passion to participate and love physical activity.

Gecko Coaches also lead and educate on other important health and wellness concepts included in the program such as warm-up, stretching, proper hydration, cool-down, team-building and sportsmanship.

During the program the activities and games progress in alignment with the Australian School's curriculum. All children start off with a 'white Gecko wrist band' and are graded to a new level with a new colour wrist band upon completing tasks set. This is a reported and accountable program.

The cost of the 11 week Gecko Ninja After School program is \$165 commencing on Thursday 1st February 3pm to 4pm.

Some of the sessions included in the Gecko Sports term program are:

1. Ninja Warrior
2. Boxing Bootcamp
3. Team Challenge
4. Strength Bootcamp
5. Cardio Bootcamp
6. Gecko Sports Fit

Natlee Quinn

Gecko Sports – Central Coast NSW

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www.geckosports.com.au





\$100 rebate to cover sport fees

Participation in sport is extremely valuable to our community, but families often find it difficult to meet the costs involved with their kid's sporting activities. That is why the NSW State Liberal Government recently announced the **Active**

Kids Rebate, designed to help parents with sporting costs. Parents will be able to **claim up to \$100 per school-enrolled child per calendar year** as a voucher to help reduce the cost of eligible sport and fitness activities.

The rebate will not be means tested so that every family has access to this initiative. Parents will be able to register for the voucher online or through a Service NSW Centre from 31 January 2018.

More details are available at <https://sport.nsw.gov.au/sectordevelopment/activekids>, or alternatively please feel free to provide feedback directly to me by emailing terrigan@parliament.nsw.gov.au.

Adam Crouch MP, Member for Terrigan

Nutrition Snippet

The simplest way

...to download our free resources.

We have a bunch of great resources on our website for you to print out – free – to help make your whole family healthier.

- Reward your kids using our **My Fruit and Vegetable Chart**.
- Plan ahead, save time and money with your **Family Menu Planner**.
- Make packing lunches easier with our **Healthy Lunch Box Planner**.
- Learn how to manage fussy eaters with our **Strategies for Fussy Eaters Guide**.
- Get new ideas for healthy snacks with our **Fruit and Vegetables Snacks Guide**.
- Find out when to buy your fruit and vegies in our **Seasonality Guide**.



Visit <https://tinyurl.com/ycp5a89a> to download.

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Eat It To Beat It